

# **Sanford School Committee- K-12 School Counseling Presentation Additional Information**

The vision of the Sanford School Department K-12 School Counseling Department is to provide a comprehensive school counseling program where students can learn and implement the skills they need to do their best academically, socially/emotionally and have experiences to help make their post-secondary goals a reality. Through prevention, data-driven targeted interventions and collaboration with school and community partners, our students will be prepared for long-term success.

## **LD742 DOE Mental Health Survey Report Final Nov2021**

The Maine DOE in coordination with the Maine CDC, assessed the impact of the COVID-19 pandemic on student mental health. They conducted an immediate survey of informed persons working in schools, including school-based counselors and social workers, school nurses, administrators and others on the status of student mental health. The Committee understands that it is not possible to survey students directly but believes that valuable information may be gathered from mental health professionals working in the schools. Please review this report below to outline the need for increased mental health services in our schools.

<https://www.maine.gov/doe/sites/maine.gov.do/files/inline-files/LD742%20DOE%20Mental%20Health%20Survey%20Report%20Final%20Nov2021.pdf>

### **Needs assessments:**

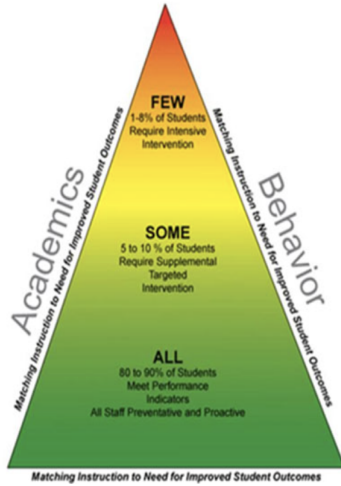
**Universal Screener:** this is completed by all 3 elementary schools for all students. *Universal screening is the process of assessing all students to identify individuals who are at risk or in need of more individualized support. It is similar to screening potential health problems by taking a child's temperature or monitoring their height and weight.*

### **Needs Assessment (SMS and SHS)**

*A needs assessment is a survey completed by students, parents, teachers and/or administrators that offers a data-informed direction for a comprehensive school counseling program. It can assist counselors in identifying student needs, informing curriculum development to address those needs, and pinpoint the high-need areas for small groups.*

### **Multi Tiered System of Support =**

MTSS Meetings for those not meeting performance indicators: Academic or Behavior (Elementary/SMS)



Student Assistance Meetings for those that need outreach services or to improve attendance (Elementary/SMS/SHS/SRTC)  
 Student Support Team Meetings for those that show the need of Social Emotional Learning based on Universal Screener.