

Local Wellness Policy Progress Report

School Name: Boone Middle School

Wellness Policy Contact: Scott Kelley

Date Completed: 10-19-22

This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Nutrition education -Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors.	Hoover/Titman, /Doyle/Gibson	X			Health Classes at all Grade Levels 5-8	
2.						
3.						

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Physical Activity - Schools will provide age and grade appropriate opportunities to engage in physical activity that meets Iowa Healthy Kids Act Physical activity requirements for students: Grades K-5: minimum of 30 minutes per school day (i.e. recess, physical education,	Hoover/Titman /Doyle	X			PE every other day at all levels and activity/recess every day at all levels	

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brain breaks, etc) Grades 6–12: minimum of 120 minutes per week (i.e. recess, physical education, interscholastic sports, non school activities – can be documented through a physical activity contract)						
2.						

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.As appropriate,schools will support students,staff and parents efforts to maintain a healthy lifestyle	J. Trepa	X			emails home, updates in Infinite Campus, wellness policy compliance, etc.	
2.						

Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day (e.g. vending, school stores, etc.)

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1.Schools providing access to healthy foods outside the reimbursable meal programs before school, during school and thirty minutes after school shall meet the United	Kelley	X			No vending machines for students. Drink machines only include water and light	

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States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;					powerade options, and are programmed off during the day. No snacks available a la cart at lunch lines	
2.						

Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

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1.Snacks provided to students during the school day without charge (e.g. class parties) will meet standards set by the district in accordance with law. The district will provide parents a list of foods and beverages that meet nutrition standards for classroom snacks and celebrations; and	Kelley	x			Follow Building Wellness policy. Discourage class room parties and food in classrooms.	
2.						

Policies for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Schools will only allow marketing and advertising of foods and beverages that meet the Smart Snacks in school nutrition standards on campus during the school day.	Kelley	x			No marketing or advertising of food products in the building except for powerade units	
2.						

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