## **Local Wellness Policy Progress Report**

**School Name: Page Elementary** 

Wellness Policy Contact: Julie Trepa

Date Completed: Oct 22, 2022

should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed. accomplish each goal. In the "Contact Person" column identify the individual who can report on the goals' progress. The items that are completed at the district level This tool is to document progress in meeting the goals written in the district's wellness policy at each school building. Document steps that have or will be taken to

### **Nutrition Education and Promotion Goals**

3.	2.	1.Nutrition education -Schools will provide nutrition education and engage in nutrition promotion that helps students develop lifelong healthy eating behaviors.	District Wellness Policy Goals
		Autumn Seielr	Contact Person
		×	Fully in Place
			Partially in Place
			Not in Place
		Our students talk about healthy eating in a variety of units. At preschool it looks like offering new vegetables and fruits to try through 1st grade where they have a unit on healthy eating and dental impacts of healthy eating.	List steps that have been taken to implement goal and list challenges of implementation.
			List next steps that will be taken to fully implement and/or expand on goal.

#### **Physical Activity Goals**

1.Physical Activity - Schools will provide age   Autumn Seiler   X				District Wellness Policy Goals
Autumn Seiler			Person	Contact
×			Place	Fully in
			in Place Place	Partially
			Place	Not in
Kinder has 50 minutes of	implementation.	list challenges of	taken to implement goal and	Fully in Partially Not in List steps that have been
		goal.	fully implement and/or expand on	List next steps that will be taken to

District Wellness Policy Goals	Contact	Fully in	Partially	Not in	List steps that have been	List next steps that will be taken to
	Person	Place	in Place	Place	list challenges of	goal.
					implementation.	
and grade appropriate opportunities to					recess. They also have 2-	
engage in physical activity that meets lowa					45minute PE classes per 6	
Healthy Kids Act					day cycle. There are	
Physical activity requirements for students:					multiple brain breaks	
Grades K-5: minimum of 30 minutes per					through out the day for	
school day (i.e. recess, physical education,					physical movement as well	
brain breaks, etc)					as walking breaks. We also	
Grades 6–12: minimum of 120 minutes per					offer an addition 15 minute	
week (i.e. recess, physical education,					recess before school to offer	
interscholastic sports, non school activities					additional activity for	
<ul> <li>can be documented through a physical</li> </ul>					students.	
activity contract)						
				٠	1st grade has 50 minutes of	
					recess. They also have 2-	
					45minute PE classes per 6	
					day cycle. There are	
					multiple brain breaks	
					through out the day for	
					physical movement as well	
					as walking breaks. We also	
					offer an addition 15 minute	
					recess before school to offer	
					additional activity for	
					students.	
2.						

#### **Other School Based Activities Goals**

						3
	regulate.					
	activity to students to self					
	at school and physical					
	We encourage water bottles					
	to the school year starting.					maintain a healthy lifestyle
	options with parents prior					students, staff and parents efforts to
	We share healthy snack			×	Autumn Seiler X	1.As appropriate, schools will support
	implementation.					
goal.	list challenges of					
fully implement and/or expand on	taken to implement goal and	Place	in Place	Place	Person	
List next steps that will be taken to	List steps that have been	Not in	Partially Not in	Fully in	Contact	<b>District Wellness Policy Goals</b>

# Standards and Nutrition Guidelines for All Foods and Beverages Sold to Students During the School Day

Person Place in Place Place althy foods Autumn Seiler N/A rograms thirty he United e ("USDA") cludes a la carte run	Person Place in Place Place Ithy foods Autumn Seiler N/A  Ithy foods Autumn Seiler N/A  Ithirty he United ("USDA")  Ithirty cludes a la carte run	(e.g. vending, school stores, etc.)  District Wellness Policy Goals	tc.)	Fully in	Partially	Not in	List steps that have been
althy foods Autumn Seiler N/A rograms thirty he United ("USDA") cludes a la carte run	Schools providing access to healthy foods Itside the reimbursable meal programs If ore school, during school and thirty Inutes after school shall meet the United Inutes after school school school shall meet the United Inutes after school sc	District Wellness Policy Goals	Person	Place	in Place	Place	taken to im list challeng
rograms thirty he United ("USDA") cludes a la carte run	Itside the reimbursable meal programs fore school, during school and thirty inutes after school shall meet the United ates Department of Agriculture ("USDA") nart Snacks in Schools nutrition andards, at a minimum. This includes ich items as those sold through a la carte ies, vending machines, student run ores, and fundraising activities;	1.Schools providing access to healthy foods	Autumn Seiler	N/A			No food is s
thirty he United ("USDA") cludes a la carte run	inutes after school shall meet the United ates Department of Agriculture ("USDA") mart Snacks in Schools nutrition andards, at a minimum. This includes ich items as those sold through a la carte res, vending machines, student run ores, and fundraising activities;	outside the reimbursable meal programs					beyond the reimbursable
minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	minutes after school shall meet the United States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	before school, during school and thirty					meal program.
States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	States Department of Agriculture ("USDA") Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	minutes after school shall meet the United					
Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	Smart Snacks in Schools nutrition standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;  2.	States Department of Agriculture ("USDA")					
standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	standards, at a minimum. This includes such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;  2.	Smart Snacks in Schools nutrition					
such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;	such items as those sold through a la carte lines, vending machines, student run stores, and fundraising activities;  2.	standards, at a minimum. This includes					
lines, vending machines, student run stores, and fundraising activities;	lines, vending machines, student run stores, and fundraising activities;  2.	such items as those sold through a la carte					
stores, and fundraising activities;	stores, and fundraising activities; 2.	lines, vending machines, student run					
	2.	stores, and fundraising activities;					
2	ŗ	3					

Standards for All Foods and Beverages Provided (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

						2.
	to monitor ingredients.  Moderation is our goal for sugar intake.					
	We require prepacked items for class parties to be able					
	ensure they are healthy options for out students.					
	donated locally. While these are a donation we					
	Many of our snacks are					beverages that meet nutrition standards for classroom snacks and celebrations; and
	healthy food choices.		ä			will provide parents a list of foods and
	school conference and talk					parties) will meet standards set by the
	We share healthy snack ideas with parents at before			×	Autumn Seiler	1. Snacks provided to students during the school day without charge (e.g. class
goal.	list challenges of implementation.					
List next steps that will be taken to fully implement and/or expand on	List steps that have been taken to implement goal and	Not in Place	Partially in Place	Fully in Place	Contact	District Wellness Policy Goals

#### Polices for Food and Beverage Marketing District Wellness Policy Goals Contact

2.	1.Schools will only allow marketing and Autumn Seiler N/A advertising of foods and beverages that meet the Smart Snacks in school nutrition standards on campus during the school day.	District Wellness Policy Goals Contact Fully in F Person Place ii
		Partially Not in in Place
	We do not market or sell items on the Page Campus.	List steps that have been taken to implement goal and list challenges of implementation.
		List next steps that will be taken to fully implement and/or expand on goal.

				District Wellness Policy Goals	
			Person	Contact	
			Place	Fully in	
			in Place Place	Partially	
			Place	Not in	
	implementation.	list challenges of	taken to implement goal and	Partially Not in List steps that have been	
		goal.	fully implement and/or expand on	List next steps that will be taken to	

This institution is an equal opportunity provider.