

**MID-MICHIGAN ACTIVITIES
CONFERENCE**

CONSTITUTION

AND

BYLAWS

Ratified on 6/18/2018, Updated on 6/8/2020

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ARTICLE I - NAME

The name of this league shall be the MID-MICHIGAN ACTIVITIES CONFERENCE.

ARTICLE II - PURPOSE

The purpose of this league shall be to promote wholesome competition through cooperative and uniform athletic policies among member schools within the rules and regulations of the Michigan High School Athletic Association.

ARTICLE III - MEMBERSHIP

SECTION 1 Member Schools:

The Mid-Michigan Activities Conference shall have the following members: Byron, Chesaning, Durand, Lakeville, Montrose, Mt. Morris, New Lothrop and Ovid Elsie.

SECTION 2 League Size:

The MMAC will remain an eight (8) team league. To increase the amount of teams in the league the superintendents would be required to vote. *Changes to membership shall require a ¾ vote of Superintendents present. This vote may be cast electronically.*

SECTION 3 League Withdrawal Notification:

Any member school that may be considering membership in a new league is asked to notify the league president in writing.

SECTION 4 Withdrawal Procedures:

It shall also be the Administration's duty, of the withdrawing school, to immediately inform each of the other league schools of such a decision, so that, alternative scheduling can take place. Any member school wishing to withdraw from the MMAC shall submit a written resignation to the president of the conference. Withdrawal shall not become effective until the second June 30th following notification of withdrawal or until league commitments have been fulfilled, whichever is later. Any school that should withdraw due to financial problems shall immediately be considered competitively inactive for the remainder of that school year, within league competition. All previous athletic contracts between that school and other league schools shall automatically become null and void. If the affected school becomes financially solvent enough to re-establish part or all of their athletic squads within the same school

year, that school shall schedule strictly on an independent basis. All original league commitments would continue to be waived.

League dues shall not be required. However, it shall be the responsibility of the withdrawing school to maintain an active role regarding other league requirements, such as, attending the regular meetings. The voting rights, of a withdrawn school, shall remain on all issues, unless deemed by the league, through a majority vote that the withdrawn school's vote would be inappropriate.

Complete and total reinstatement to the Mid-Michigan Activities Conference shall automatically become effective the following school year. Should any school be unable to participate for two consecutive years, the Mid-Michigan Activities Conference shall review the situation for further action.

SECTION 5

Application Process:

Application for admission to the Mid-Michigan Activities Conference shall be made in writing to the league president by March 1 each year. Membership shall not become effective until the 2nd June 30th following approval of the superintendents. Schools who demonstrate good sportsmanship, sponsor similar programs and facilities, have the best interest of all students in mind, and have shown the ability to cooperate and work positively with other schools may apply for membership. Schools applying shall supply the following information:

1. Present conference
2. # of students
3. Sports offered for varsity, JV and Freshmen levels
4. Facilities
5. Educational and athletic philosophies
6. Number of state, regional, and league championships
7. Middle school programs
8. Eligibility requirements
9. Non-athletic clubs and organizations
10. Outline of academic program
11. Any MHSAA violations in the previous (3) three years

A 3/4 vote of the member schools is necessary for approval of any new school for admission to the league. Final vote shall be by the Superintendents of member schools.

SECTION 6

Discipline of Member Schools:

Incidents of poor sportsmanship or unethical behavior (as defined by MHSAA) involving league schools should be reported to the school's athletic director or administration. Principals (or designee) of the schools involved shall

investigate and submit a written report to the league secretary. The administration from the schools involved shall then meet and attempt to resolve the problem.

Continued reports concerning a member school shall result in a hearing with the superintendents or the executive committee to determine whether the school involved shall receive any of the following:

A member school athletic director *selected by the Executive Committee* shall chair the violation and protest committee. All violations and protests shall be directed to the league president. The president must receive violations and protests in writing within two school days after the violations.

- A. The committee shall consist of the league members non directly involved in the incident.
- B. A committee shall meet within seven calendar days after the chair has received a protest to decide upon whether the protest is valid and make a recommendation to the League President for a course of action to be voted on by the Superintendents' league membership not involved in the protests.
- C. The following penalties, in order of severity, shall be used in settlement against violations:
 1. Letter of censure (duplicate letters shall be sent to each member school).
 2. Probation for one year. Probation shall serve as a warning; if violations are not corrected within a reasonable period of time, section 6 C. (4) shall be invoked.
 3. Forfeiture of league games; All games in which an ineligible player, or players are used shall be forfeited and the score be that of a forfeited game. However, the individual statistics shall stand except for the ineligible player.
 4. Ineligibility for championships; the ineligibility for championship is to be in the sport involved only, and for one year only. The year to be decided by a vote of the committee.
 5. Removal from the league
 6. To put the above penalties into effect, a majority vote of the schools not involved in the protest is necessary. This vote would take place at a regular or special meeting.

The conference secretary shall maintain a record of complaints filed and distribute reports to all member schools. Reports shall be kept on file for five years. A 3/4 vote with all schools voting is required for removal.

SECTION 7 Cooperative Agreements:

League Schools wishing to pursue a Cooperative Agreement in order to maintain an Athletic Program must follow MHSAA application guidelines. Notification must be made to the League President for placement on the agenda 2 months prior to the MHSAA deadline.

- Areas for concern
- Limit for participation would it count towards league standings

ARTICLE IV - GOVERNANCE

League selects the following positions:

Superintendents: President & Vice President

Athletic Directors: President, Vice President, Treasurer & Secretary

SECTION 1 The chief governing body of the MID-MICHIGAN ACTIVITIES CONFERENCE shall be a four (4) member committee to be known as the Executive Committee consisting of: President, Vice-President, Treasurer and a Secretary.

SECTION 2 At the last general meeting of *every even numbered year*, member schools shall elect the officers for the next two years. The new officers shall assume their duties on July 1st of each year. Any vacancies in the executive committee shall be filled at the next scheduled league meeting.

ARTICLE V - DUTIES AND POWERS OF THE EXECUTIVE COMMITTEE

SECTION 1 The Duties and Powers of the league leadership:

- A. Carry out the policies as determined by the Mid-Michigan Activities Conference
- B. Recommend and hire OFFICIALS ASSIGNOR(S) for employment. Duties and salary to be established by the league.
- C. Clarify any questions raised about the constitution.

SECTION 2 The Duties and Powers of the President:

- A. Preside at all meetings of the Mid-Michigan Activities Conference
- B. Instruct the secretary when meeting notices are to be sent out.
- C. Instruct the secretary of the time and place of the meetings.
- D. Limit final action on only those items approved for the agenda.

SECTION 3 The Duties and Powers of the Vice-President:

- A. Act as chairman in the absence of the president.
- B. Become president if the president's chair becomes vacant.

- C. Serve as the league's liaison person between the various leagues in the County.

SECTION 4 The Duties and Powers of the Secretary:

- A. Prepare the agenda for general and special meetings and circulate prior to each meeting.
- B. Keep minutes of all meetings and presents a copy to all schools.
- C. Obtain and distribute league passes and school directories at the August meeting.

SECTION 5 The Duties and Powers of the Treasurer:

- A. Pay out money only on the approval of the membership or on the order of the president.
- B. Receive and account for all money received.
- C. Collect dues and assessments from all member schools.

ARTICLE VI - MEETINGS

SECTION 1 The Mid-Michigan Activities Conference shall have at a minimum one (1) all school General Meeting per year: August.

SECTION 2 Special meetings may be called at the discretion of the President, or by a request of three member schools.

SECTION 3 A quorum shall consist of a majority of the member schools. It shall be the responsibility of member schools to insure that a representative shall be in attendance at all meetings.

SECTION 4 The Mid-Michigan Activities Conference (MMAC) Athletic Directors shall meet monthly from August through June.

ARTICLE VII - CONFERENCE SCHEDULER

SECTION 1 A Conference Scheduler will be hired to perform the following duties:

- 1. Report to the Conference Athletic Directors
- 2. Compile and handout All-Conference information such as All-Conference nomination forms, ballots, final results and report results to the media and Athletic Directors. He will attend Athletic Director meetings when needed.
- 3. Maintain and order needed materials for each sport such as All-Conference medals, Honorable Mention Certificates, Championship Team Certificates, Team Trophies and plaques.

4. Is responsible for completing the middle school and high school conference schedules and producing/distributing conference schedules. Also responsible for tracking, updating and reporting all schedule changes to the Athletic Directors.

ARTICLE VIII - FINANCES

SECTION 1 The annual membership fee for the upcoming school year will be set at the June General Membership meeting. The membership fees are due and payable on September 30th of each year.

SECTION 2 Special Assessments, if necessary, will be determined at a General or Special Meeting of the membership if called for that purpose.

ARTICLE IX - VOTING

SECTION 1 Each school shall have one vote to be cast by ballot. This vote may be cast electronically when circumstances necessitate an alternative method of voting (by proxy).

SECTION 2 All decisions made must be passed by a $\frac{3}{4}$ vote of the total league membership.

SECTION 3 All voting shall be done by ballots signed by member school superintendents. Matters of Finance, Membership, Constitutional Changes and League Discipline shall be determined by the Superintendents.

SECTION 4 *Amendments to the bylaws shall require a $\frac{3}{4}$ vote of Athletic Directors present. This vote may be cast electronically.*

ARTICLE X - RATIFICATION AND AMENDMENTS OF CONSTITUTION

SECTION 1 This constitution shall be considered adopted and binding when it is accepted by $\frac{3}{4}$ of the superintendents of the member schools.

SECTION 2 It shall require $\frac{3}{4}$ vote by the superintendents of member schools to amend any part of the constitution. Any changes to the constitution must appear on the written agenda sent to all member schools prior to each meeting.

ARTICLE XI - RULES OF ORDER

SECTION 1 Robert's Rules of Order shall prevail during league meetings.

ARTICLE XII - BYLAWS AND OPERATING RULES

SECTION 1 Bylaws and operating rules shall be governed by league athletic directors.

BYLAWS

1. The sites of league championship meets are to be determined by the league, based on availability of proper facilities and reviewed at the August meeting. Rotation of League Championship contests in Track & Field, Wrestling, Golf, Competitive Cheer and Cross Country shall occur. Host school retains all gate receipts and shall determine the entry fees.
2. The league recognizes championships in the following varsity sports: football, volleyball, boys/girls basketball, baseball, softball, boys/girls soccer, boys/girls cross country, wrestling, boys/girls golf, boys/girls bowling, competitive cheer, boys/girls tennis and boys/girls track. The league will recognize a championship in any varsity sport that has at least fifty percent (50%) of member schools participating.
3. Ties in final league standings resulting from win/loss record and/or league final meets shall result in like league championship trophies for all tied schools.
4. League passes shall be accepted from other leagues on a reciprocal basis.
5. The Greater Flint Athletic Administrators Association (GFAAA) shall hire assignors for Football, Basketball, Volleyball, Wrestling, Baseball, Soccer, Competitive Cheer, Track and Field and Softball.
6. The MMAC School assigned Athletic Director or designee is the only person to buy all appropriate awards for the League approved activities. Awards are to be purchased in advance.
7. Complimentary league passes (30) are to be purchased by a member athletic director and given to each member school at the August meeting. The member schools shall distribute these passes, as they deem necessary. League passes shall be honored at all league events, except for all league meets. Each school shall also receive ten (10) administrative passes.
8. No more than 2 students who have been in high school more than four (4) semesters in grades nine through twelve can participate on a junior varsity (JV) squad in baseball, softball, basketball, football and volleyball unless approved by the majority of the league athletic directors prior to the first league date. The same consideration shall be afforded for students that shall have been in high school for three or four semesters for freshmen teams. League approval could allow these numbers to expand if it would help "save a program". Exemptions can be made with an athletic director vote.
9. Approved League schedules shall constitute a contract.

10. All interscholastic games, regardless of grade level or sport, shall be officiated by registered officials.
11. Host schools shall have the responsibility for reporting contest results to the local news media outlets.
12. Priority will be given to High School sports over Middle School sports when a scheduling conflict occurs.
13. In case a school is closed due to inclement weather, decisions to play events shall be determined by the athletic directors and the administrators of the schools involved. All Middle School games will be cancelled if either school is closed due to inclement weather.
14. Visiting teams requesting special services must notify the host school two school days in advance of the contest.
15. If certain officials are not desired by a school, the athletic director shall send a letter to the *official assignor(s)* not later than sixty days after the season stating why the official is un-satisfactory. The *official assignor(s)* has the power to change an official during the season.

ALL-LEAGUE NOMINATIONS

- A. A league athletic director shall chair this meeting.
- B. Each coach shall nominate his own players worthy of All-League recognition. Because one goal of interscholastic athletes is to promote good sportsmanship, consideration shall be given to not only athletic ability but also sportsmanship and conduct throughout the season in nominating and voting for all-league consideration.
- C. A player may be nominated only once.
- D. Coaches shall submit nominations and bring copies of their statistics in written form, for their candidates to the all-league meetings.
 1. Only MMAC stats may be used to determine All-League recognition.
 2. Time shall be given for coaches to talk about their candidates (if appropriate).
 3. Football, baseball and softball nomination shall be by position (if appropriate).
- E. A review of all nominations, by each coach (individually), shall take place.

VOTING FOR ALL-LEAGUE SHALL TAKE PLACE AS FOLLOWS

- A. Coaches shall vote for players other than their own.
- B. Voting shall be two points for a first team, one point for a second team, and zero points for no vote.
- C. Total points in an open vote shall be used to select the All-League players. This is for both first and second team.
- D. If a tie occurs all ties shall receive a medal.
- E. Each coach must cast all votes. All first team votes must be used before any second team.
- F. All players who are nominated and receive at least one vote, but do not make a team, shall be honorable mention.

- G. Each coach has a wild card selection. If all of his/her nominees get at least one vote then the coach may name someone who has not been nominated. But if all of a coach's nominees do not receive at least one vote, then the coach's wild card must come from those nominated not receiving any votes. The coach does not have to name a wild card. The "wild card" selection must come from a nominated individual. If all nominations received at least one vote, the coach may select an at-large player."
- H. A complete list of individual votes cast by each school shall be compiled and sent to every coach in that sport as soon after the meeting as is possible.
- I. Baseball/Softball/Football: All-League voting shall be by position.
- J. TRACK, CROSS-COUNTRY, GOLF, COMPETITIVE CHEER, TENNIS AND WRESTLING ALL-LEAGUE RECOGNITION SHALL BE DETERMINED FOLLOWING THEIR LEAGUE MEETS.

NOMINATION GUIDELINES

The number of players each school can nominate shall be determined by its position in the final league standings. Each sport has been assigned a specific number of nominees which shall be determined by final standings. In the event of a tie in the league standings, teams shall be given the number of nominations for the position they are tied for. The next team shall be given the number of nominations for its league ranking.

EXAMPLE: If two (2) teams tie for first, the next team is allowed nominations for third place.

SPORT	1st	2nd	3rd	4th	5th	6th	7th	8th
Basketball (6)	4	3	3	3	2	2	2	2
Baseball (11)	7	6	5	4	4	4	3	3
Football (28)	15	13	11	9	8	7	7	6
Softball (11)	7	6	5	4	4	4	3	3
Volleyball (7)	5	4	4	3	3	2	2	2
Soccer (11) +GK	7	6	5	4	3	3	3	2

IN FOOTBALL: teams may nominate a maximum of two (2) players for both offense and defense. If selected for both teams, the coach must determine for which team the individual shall be selected.

LEAGUE SPORTS BYLAWS AND REGULATIONS

BASEBALL AND SOFTBALL

1. Scheduling
 - a. All Varsity and JV teams will play a single round-robin schedule
 - b. All Varsity and JV games will be scheduled as doubleheaders
2. All contests shall be held according to the master schedule.
3. All games are to start at 4:00 pm unless otherwise agreed upon by the competing schools.
4. Officials' fees are to be determined by league action.
 - a. Games called two hours before game time; void officials' contract.
 - b. Games called after arrival of officials; show up fee shall be paid. (\$25)
 - c. Game started when called on account of rain; regular fee for game started.
5. Base coaches shall be either members of the team or coaching staff.
6. Tie games shall be counted as suspended games.
7. Visiting teams shall have the field from 3:45 pm – 3:55 pm.
8. League games shall take precedence over all other games.
9. In case of rain, the varsity games shall have precedence if one diamond is playable. The host school shall supply balls and checks for the umpires of the games that are moved. Rainout dates shall be scheduled on a mutually agreed upon date by the competing schools.
10. Games affecting the league championship are required to be played. All other rainouts may be made up with mutual agreements by competing school.
11. The 10 run rule is in effect for baseball and softball after five innings and the 15 run rule after three innings have been played.
12. The sub-varsity umpire shall always be located behind the plate.
13. A responsible person furnished by the home school shall keep the official scorebook.
14. JV baseball and softball shall not begin a new inning beyond the 1 hour 45 minute time limit. Two seven-inning games shall be played.
15. In all league doubleheaders, the host team shall be the home team for both games.

BASKETBALL

1. Scheduling
 - a. All Varsity and JV teams will play a double round-robin schedule
2. The league schedule shall be played on a home and home basis with each division league team. Each year sites shall change.
3. Freshman games shall begin at 4:00 pm. Junior Varsity games shall begin at 5:30 pm. Varsity games shall begin 15 minutes after the completion of the Junior Varsity game or sooner by mutual agreement. Double Varsity games shall start at 5:30pm.
4. Official's fees are to be determined by league action.
5. The home team is to wear light jerseys and the visiting team dark jerseys.
6. Team rosters, including coaches and cheerleaders, are to be made available in the MMAC shared Google folder.

7. Home teams shall be allowed a pep band. Visiting schools may have a pep band if they receive an invitation from the host school.
8. Noisemakers shall not be allowed in the gym.
9. Announcers shall confine their remarks to statistics, fouls, names of scorers and substitutions without comment on the type of play or expression of emotion.

BOWLING

1. A league champion in both boys and girls bowling will be recognized by the MMAC and a Conference championship plaque will be awarded to each
2. MMAC bowling teams will follow the Flint Metro Bowling League guidelines for scheduling and All-Conference voting

COMPETITIVE CHEER

1. Scheduling: There will be 3 jamborees. Meets shall be rotated as determined by the league Athletic Directors according to their ability to host.
2. League meets shall be rotated as determined by the League Athletic Directors according to ability to host.
3. Jamborees will begin at 6:00pm, with warm-up facilities available by 5:00
Division Championship Determination
 - a) The 3 Jamborees are weighted equally for the total scores for the year. Points are described below:

- 1st Place: 8 Pts
- 2nd Place: 7 Pts
- 3rd Place: 6 Pts
- 4th Place: 5 Pts
- 5th Place: 4 Pts
- 6th Place: 3 Pts
- 7th Place: 2 Pts
- 8th Place: 1 Pt

4. The combined score of the 3 meets determines the Conference Champion.
5. All-League Honors are as follows:

	<u>First team</u>	<u>Second team</u>
First place team =	4	4
Second place team=	3	3
Third place team=	2	2
Fourth place team =	1	1
Fifth place team=	1	1
Sixth place team=	1	1
Seventh place team=	0	1
Eighth place team =	0	1

SIDELINE CHEER

1. Host teams are responsible for greeting and welcoming the opposing school's cheer team. They should give their opponent any pertinent information for making their evening enjoyable.
2. Schools may not exceed the stunt and mount requirements set forth by the MHSAA and must follow all MHSAA guidelines.

CROSS COUNTRY

1. Scheduling Format
 - a. The 3 MMAC Jamborees will be contested and shall always take place on a Tuesday. Each jamboree will be 2 weeks apart
 - b. The final jamboree is scheduled 2 weeks prior to the MHSAA Regional. It will be 17 days prior to the Regional if it is held on Friday and 18 days prior if the Regional is held on Saturday.
2. Meet Format
 - a. There shall be 3 contested races at the jamborees; HS boys, HS girls, and MS.
 - b. The following time format shall be used:

4:00 PM-	Coaches meeting
4:30 PM-	HS Race (Boys first in even years)
5:15 PM-	HS Race
6:00 PM-	Co-ed MS Race
 - c. The start of the races shall be staggered by 45 minutes to accommodate coaches who coach multiple teams.
 - d. The following time format shall be used at jamboree #3.

4:00 PM-	Coaches meeting
4:30 PM-	HS Race (Boys first in even years)
5:15 PM-	HS Race
6:00 PM-	Co-ed MS Race
6:30 PM-	Awards Presentation
 - e. The host school is responsible for providing printed results for all races to each team (including MS) and uploading all results athletic.net.
 - f. Standard National Federation scoring shall be used for all jamborees: The fastest 5 runners make up your team score, and your top 7 place in the race. Team ties shall utilize the 6th runner tiebreaker rule. In the first two jamborees, runner #8 and beyond shall be published in the results but not have an overall place finish next to their name. A runner who is not in a team's top 7 cannot affect the place of another team's top 7 runner.
3. Team Awards (Separate trophies for men and women)
 - a. The team championship trophy shall be awarded to the team that performs best at the three jamborees.
 - b. Each of the three jamborees shall be calculated with a weight of 33%, 33%, 33%.
 - c. Point totals based on team finish at each jamboree shall be awarded as follows:

- 1st: 8 points
- 2nd: 7 points
- 3rd: 6 points
- 4th: 5 points
- 5th: 4 points
- 6th: 3 points
- 7th: 2 points
- 8th: 1 point

- d. The team with the highest number of points from the jamborees shall be declared the conference champion. The athletic director in charge of Cross Country is responsible for keeping team standings throughout the season.
- e. If a tie exists between two or more teams after the three jamborees are calculated, the champion shall be based on who has the best finish at the final jamboree.

4. Individual Awards

- a. Individual awards are given out based on performances at the 3 jamborees combined. The athletic director in charge of Cross Country is responsible for keeping individual standings throughout the season.
 - i. The All Conference teams will be determined by the points awarded at the jamborees.
 - ii. An individual will be awarded points equal to his/her finish place in the meet down to 14th place. All of the rest of the runners (including anyone missing a jamboree) will receive 15 points.
 - iii. The points from the three jamborees will be totaled. The top 14 will earn All-Conference honors. The top 7 (1st - 7th) individuals will receive first team all conference medals; the second seven (8th - 14th) individuals will receive second team all conference medals. Runners that have finished in 14th place or better in at least one conference jamboree will receive Honorable Mention (excluding any 1st or 2nd team members).
- b. The first 7 finishers are awarded 1st Team MMAC medals.
- c. Finishers 8-14 are awarded 2nd Team MMAC medals.
- d. Finishers 15-21 are awarded Honorable Mention MMAC certificates.
- e. A team is eligible to put as many of their top 7 runners on the All-League teams that finish in the top 21.

FOOTBALL

- Scheduling:
 - All teams will play a single round-robin schedule
 - Home site will rotate each year
- League Championship Determination – single round robin schedule within division
- Game Format
 - Freshman Football quarters shall be 10 minutes in length.
 - JV/Varsity games shall be 4 quarters of 12 minutes each

1. All varsity league games are to be played on Friday with a 7:00 pm starting time. Any changes must be by mutual agreement by both participating schools.
2. Single Junior Varsity and Freshman league games are to start at 6:00 pm. Junior varsity games to be played on Thursday. Any changes must be by mutual agreement. Freshman/JV doubleheaders shall begin at 4:30 pm on Thursday afternoons.
3. Officials' fees are to be determined by league action.
4. The home team is to wear dark jerseys and the visiting team is to wear light jerseys.
5. Team rosters with jersey number and position including coaches and cheerleaders are to be made available in the MMAC shared Google folder..
6. Marching and pep bands from the visiting schools are to be admitted to the games as a unit only by invitation of the host school.
7. The band shall have the field from 6:40 – 6:55 pm before varsity games. If more time is needed for Homecoming games or special events, notify the opposing school 24 hours in advance. Bands have the first twelve minutes of a fifteen-minute half time.
8. Both teams shall be on the sidelines at 6:55 for the playing of the National Anthem.
9. Use of public address system in regards to a football contest:
 - A. Introduction of players.
 - B. Identification of:
 - i. Team receiving, kicking and goal each team is defending.
 - ii. Kicker on kick off and deep backs.
 - iii. Punter, ball carrier, tackler, scorer, passer, and pass receiver.
 - iv. Penalties (team against, type and distance).
 - v. Gain on play, position of ball and yards to go for a first down.
 - vi. Score at the end of each period.
 - C. Absolutely no play by play or evaluation of a play.
10. The state tiebreaker rule is to be in effect for league football games.
11. Two game films must be exchanged the Saturday (by noon) prior to that week's contest. This may be done electronically.

GOLF

1. The appointed league ATHLETIC DIRECTOR shall schedule the dual meet season according to the master schedule.
2. U.S.G.A. rules shall govern play in all matches. Any local rules should be printed out and discussed with the opponent before the start of the match. Winter rules are played in all matches.
3. Each team shall play 6 players in each match; the 5th and 6th players shall be designated prior to the match. The 4 lowest scores shall count. The 5th score shall be used as a tiebreaker. The same number of participants that compete in league matches shall take part in the final league meet.
4. For point scoring, see MMAC GOLF RULES below.
5. First place medals shall be awarded to the six lowest scores in the league meet, Second place medals shall be awarded to the next six and Honorable Mention Certificates shall

- be awarded to the next six. This shall make up the All - League team. The League meet should be held on a neutral course if possible.
6. Junior varsity matches should be arranged by the coaches and schools involved.
 7. All conference competition shall be in foursomes whenever possible.
 8. Golf coaches shall send scores after each conference match to the conference meet director so that a valid seeding may be obtained for the conference meet. The home coach shall be responsible to see that this is done and participating coaches shall sign the form. The form for golf matches shall be the regular golf score sheet.
 9. MMAC GOLF RULES: (2018)
 - a. Play six (6), count four (4).
 - b. Play Dual/Tri Matches
 - i. Each team hosts three or four home matches.
 - ii. Each team consists of eight (8) players. Two (2) shall be used as scorers.
 - iii. Coaches Meeting at 3:50pm. Tee times begin at 4:00pm.
 10. Matches shall be played on Mondays and Wednesdays.
 11. Use of range finders distance only are permitted. Any other range finder (to include slope) shall result in disqualification from the match/tournament.
 12. Scoring:

TEAM:	One (1) point for each team you score lower than.
INDIVIDUAL:	7 Duals /Tris
	1 st = 5 pts 2 nd = 4 pts
	3 rd = 3 pts 4 th = 2 pts
	5 th = 1 pt
 13. Play an eighteen (18) hole preseason, mid-season and league championship (worth double) tournament.

TEAM:	Two (2) points per team you score lower than.
	*plus 1 pt for each team for "show-up". (See Below)
INDIVIDUAL:	1st = 36 points
	2nd = 34 points
	3rd = 32 points
	4th = 30 points
	5th = 28 points
	6th = 26 points
	7th = 24 points
	8th = 22 points
	9th = 20 points
 14. FINAL STANDINGS:

TEAM:	Based on total points earned during the three (3) eighteen (18) hole tournaments, Pre-season, Mid-Season, League Meet, and the league duals/Tri played during the season.
INDIVIDUAL:	Based on total points each individual player earns during the Three (3) tournaments and the league duals and tris:

- (1) First Team: Top six (6) individuals with most points earned.
- (2) Second Team: Seventh (7th) through twelfth (12th) individuals with most points earned.
- (3) Honorable Mention: Thirteenth (13th) through eighteenth (18th) individuals with most points earned.
- (4) TIES at the sixth (6th), seventh (7th), twelfth (12th), and thirteenth (13th) places shall be moved into the upper groups.

SOCCER

The MMAC league shall be played as a double round robin schedule. This shall count towards the league championship.

1. At the completion of the league schedule a tournament shall be played to determine the MMAC Tournament Champion. Teams will be seeded by place points earned during the regular season. (See 4b)
2. MMAC Overtime rule
 - a. In the MMAC round robin schedule, there shall be two five minute overtime periods – No Golden Goal. If there is a tie after the two overtime periods, a shoot-out shall take place following MHSAA playoff rules.
 - b. In the MMAC Tournament, in the event of a tie, teams shall go directly to a shoot-out, following the MHSAA playoff format without playing any overtime periods.
3. Mid Michigan Activities Conference - Soccer Championship
 - a. The conference championship shall be based on how well teams performed during the regular season. Teams shall be seeded into the appropriate brackets by the total number of points that were earned during the regular season. Points shall be earned as follows:

Regular Season Points
 Win = 2 pt
 Loss = 0 pt

By adding up the number of points a team earns in round robin play, a conference champion shall be decided. If two teams have the same number of total points after the round robin contests, there shall be co-champions. For the seeding into the tournament from the regular season, a tiebreaker shall be used as follows:

 1. Tiebreaker #1: Head to head
 2. Tiebreaker #2: MMAC goals against
 3. Tiebreaker #3: Coin toss
 4. Tiebreaker #4: Draw Names of tied teams from hat.
 - b. Teams that take a forfeit during round robin play shall take a loss in the MMAC as 0-8. This maximizes the punishment to prevent teams from settling for a forfeit to possibly better their tournament position. Rescheduling could be

an option but must be done in advance of a known conflict and shall give adequate timing for seeding into the tournament.

TRACK

Scheduling: single round robin + division championship meet

- Even years - boys first; Odd years - girls first
- Start times: 4:00, Field Events; 4:30, Running Events
 - Field Events (Order for 2019 season):
 - Girls: Shot Put, and High Jump (followed by the boys),
 - Boys: Discus, Pole Vault, and Long Jump (followed by the girls)

League Championship

- Regular season champion will get the same number of points as there are teams in the division. Points are awarded to other teams in descending order of finish
 - e.g.: 8 team league: first place in dual meets = 8 points, 2nd place = 7 points, etc
- League Meet Championship Final Result Scoring: League championship points will be awarded as follows, 1st place = 8 points, 2nd place = 7 points, 3rd place = 6 points, 4th place = 5 points, 5th place = 4 points, 6th place = 3 points, 7th place = 2 points, 8th place = 1 point. If there is an overall tie between teams for the Championship, the trophy will be awarded to the winner of the Championship meet, and a second trophy ordered for the tied opponent.
- Regular season points + League meet points = overall points for season to determine league champion
 - Ties are not broken

1. Conference track meets and league championship meets shall be according to the master schedule.
2. If the schedule dictates that two teams are competing at the same meet more than once during the regular season, the only time they are considered to be competing against each other is the first time they compete.
3. Seeding procedures for the league championship meet shall be according to the National Track Federation Handbook.
4. League Championship Meet
 - a. Schools shall be able to enter (3) individuals in each event.
 - b. Adult officials shall be used in all events.
 - c. Final results shall be furnished to all competing schools.
 - d. Scoring for League meet shall be 10-8-6-4-2-1
 - e. 1st place finishers will be 1st team All-Conference and receive a medal and certificate. 2nd place finishers will be 2nd team All-Conference and receive a medal and certificate. 3rd place finishers will be Honorable Mention and receive a certificate.
 - f. Start times/order of events/time schedule shall be distributed to member schools.

- i. Prelims will not be done for the running events at the league championship.
 - ii. There will be preliminaries and finals in the shot put, discus, and long jump.
 - g. If a tie for the division championship occurs, the trophy shall be given to the League Championship Meet winner, and a second trophy will be ordered and later given to the other co-champion.
5. Dual track meets in the MID MICHIGAN ACTIVITIES CONFERENCE shall be scored 5,3,1 for first through third places respectfully.
 - a. Field events shall begin at 4:00 and running events at 4:30
 - b. Each competitor shall receive 4 attempts in the throwing events as well as the long jump.
 6. All meet entries for league dual meets and the league championship meet will be done on athletic.net, results will be uploaded to athletic.net within 24 hours after the conclusion of the meet.
 7. Pole Vault – If a school does not have a pole vaulting facility available for a MMAC meet, points for that event shall be divided among teams with records of past competition.

TENNIS

- Scheduling
 - o League shall play a double round robin schedule
 - o League Championship - Regular season (2 points = win, 0 points = loss)

VOLLEYBALL

1. Dual, tri, and quad meets shall be according to the league master schedule.
2. Starting times for High School matches shall be 5:30pm.
3. All sub-varsity matches shall consist of 3 games per match, except tri matches shall be 2 out of 3. Third game shall be to 25.
4. Varsity games shall begin 20 minutes after the officials sign the book following the JV games.
5. No half points shall be awarded. If there are 2 teams tied for 2nd place, both teams shall receive 2nd place points. The next team shall receive 4th place points.

WRESTLING

League Championship – determined by dual meet schedule

1. Wrestling meets shall be held according to the master schedule.
2. Starting time for matches shall be determined by the league prior to the start of the season. Times can be adjusted if agreed upon by the competing schools. START TIME FOR TRI-MEETS AND QUADS is 5:00 pm. Opportunity to host quads on Friday instead of the regular league schedule day of Wednesday. If a host school plans to host a league meet on a Friday the decision must be communicated to all schools involved in that meet by November 1st.
3. Home weigh in shall be used except for the league meet. Weights of wrestler's will be declared on Friday at 12:00 PM for the MMAC Individual Wrestling Tournament.
4. Reserve matches shall be wrestled when time is available.

5. The league meet shall run straight through with the same break between preliminaries and final matches as specified by the MHSAA.
6. League meet procedures:
 - a. The MMAC league championship meet allows only one wrestler per weight class and they cannot go up or down in weight class once they are declared at a specific weight.
 - b. Seeding procedures (per MHSAA guidelines) for the league championship meet are as follows:
 - i. Defending league champion in weight unless defeated by someone in the league in the same weight.
 - ii. Returning state medalist (Divisions II, III, IV treated same.)
 - iii. Common opponent (league record).
 - iv. Last year's champion or medalist in a different weight class.
 - v. Overall record (regulation varsity competition).
 - vi. No agreement reached then by vote by coaches. All coaches must vote. One vote per school by secret ballot.
 - vii. Coaches may seed a wrestler from another school.
 - viii. After first seed has been determined, a coach may withdraw a wrestler from seeding consideration with approval of the majority of coaches.
 - ix. Consideration for determining seeded wrestlers is given to:
 - a. record against common opponent
 - b. a returning champion or runner-up at the same weight class
 - c. a contestant with an exceptional record against acknowledged strong opposition
 - d. a contestant with the best overall record
 - c. Tournament Brackets:
 When the number of competitors is not a power of 2, that is 4, 8, 16, and 32, there shall be byes in the first round. The number of byes shall be equal to the differences between the number of competitors and the next higher power of 2. There shall be no byes after the first round, and no further drawing is necessary for first place or consolation rounds. The byes, if even in number, shall be equally divided between top and bottom. If the number of byes is uneven, there shall be one more bye at the bottom than at the top.

SPORT**AWARDS PER DIVISION**

Football	92	(22 offensive / 22 defensive (2) Special teams positions) Second Team medals Honorable mention receive certificates
Basketball (Girls and Boys)	24	(6 first/ 6 second) Honorable mention certificates
Volleyball	24	(6 first/ 6 second) Honorable mention certificates
Wrestling	56	(14 first/ 14 second/14 third/14 fourth)
Cross Country (Girls and Boys)	28	(7 first/ 7 second) Honorable mention certificates
Golf	12	(6 first/ 6 second) Honorable mention certificates
Baseball/Softball	40	(10 first/ 10 second) Honorable mention certificates
Track	116	(29 first/ 29 second) Third place certificates
Soccer	23	(11 first +GK/10 Second +GK) Honorable Mention certificates
Competitive Cheer	28	(12 first/16 Second) Honorable Mention Certificates

League Admission Prices

HS Event Admission: \$5.00

MS Event Admission: \$3.00

League Championship Meets

1.	Wrestling	\$5.00
2.	Soccer	\$5.00
3.	Track	\$5.00
4.	Competitive Cheer	\$5.00

Starting Times for Athletic Contests

Boys

1.	Varsity Football	7:00 pm
2.	Freshmen Football	4:30 pm
3.	JV Football	6:00 pm
	or 10 minutes after Frosh Game	
4.	Varsity/JV Basketball	5:30 pm
5.	Freshmen Basketball	5:30 pm
6.	Wrestling	5:00 pm
7.	Cross-Country	4:30 pm
8.	Baseball	4:00 pm
9.	Track	4:00 pm
10.	Golf	TBD
11.	Tennis	4:00 pm
12.	Soccer	4:30 pm

**Basketball Triple Headers shall start at 4:00 pm

Girls

1.	Basketball Var/JV	5:30
2.	Volleyball dual	5:00
3.	Volleyball tri	5:00
4.	Cross-Country	4:30
5.	Tennis	4:00
6.	Track	4:00
7.	Softball	4:00
8.	Soccer	4:30
9.	Golf	TBD

League Meet Sites

2024-25 – Chesaning

2025-26 – Durand

Cross Country

@ Ovid-Elsie

Wrestling

2018-19 – Mt. Morris

2019-20 – New Lothrop

2020-21 – Ovid-Elsie

2021-22 – Durand

2022-23 – Montrose

2023-24 – Chesaning

2024-25 – Mt. Morris

2025-26 – New Lothrop

Competitive Cheer

2018-19 – Ovid-Elsie

2019-20 – Chesaning

2020-21 – Durand

2021-22 – Lakeville

2022-23 – Montrose

2023-24 – Ovid-Elsie

Golf

2018-19 – Durand
2019-20 – Lakeville
2020-21 – Montrose
2021-22 – Mt. Morris
2022-23 – New Lothrop
2023-24 – Ovid-Elsie
2024-25 – Byron
2025-26 – Chesaning

Track

2018-19 – Chesaning
2019-20 – Chesaning
2020-21 – Chesaning
2021-22 – Mt. Morris
2022-23 – Durand
2023-24 – New Lothrop
2024-25 – Ovid-Elsie
2025-26 – Byron

MID-MICHIGAN ACTIVITIES
CONFERENCE
JUNIOR HIGH/MIDDLE SCHOOL
ATHLETIC LEAGUE

Policies and Procedures

MMAC MIDDLE SCHOOL

The purpose of the Mid-Michigan Activities Conference Middle School league is to expedite scheduling of games for schools that desire to or are participating in various competitive sports.

The competition within this group is primarily for the purpose of giving the participants an opportunity to learn the rules, regulations, and strategies of athletic contests, to develop skills, and to give each individual an opportunity to develop their physiological and innate capacities and abilities insofar as is possible.

In any competitive endeavor the zeal for winning cannot be or should not be eliminated. It should be understood, however, that the purpose of the program is to attempt to build young men and women mentally, emotionally, and physically in an effective and proper atmosphere. It is anticipated and expected that all coaches are to employ good sportsmanship practices. Self-discipline, self-control, and tolerance of others is an atmosphere that should prevail for all junior high and middle school competition and it is within this atmosphere that coaches should conduct themselves.

All approaches to the contests and participation must be educationally justifiable. The scheduled competition should be geared to the contestant. Victory must be expressed not only in the winning, but also in the opportunity for desirable learning experiences. Those who fail to be examples of excellence in teaching and behavior cannot attain desirable learning experiences. Young people should not be exploited to obtain victory. Regard for the development in youth of those responses that shape character and physical development should be of primary consideration.

Middle School competition should always be conducted for the good of the individual, within the total team concept. It is within this framework of exposure that we should concern ourselves.

Beginning in 2016-17, 6th grade students may be included on middle school teams. The purpose of including 6th grade students in team sports would be to have enough athletes to save a team/program. All 6th grade students will follow MHSAA guideline and will not participate on any other teams of the same sport during their middle school season. The following are baseline numbers for a 7/8 combined team to have two teams, which could include 6th grade students on the 7th grade team:

- Basketball – 16
- Volleyball – 16
- Baseball – 24
- Softball – 24
- Track – 25 (both boys and girls), 50 total
- Wrestling – unlimited
- Cross Country – unlimited
- Competitive Cheer – unlimited

GENERAL

1. No league standing or records shall be kept and no trophies shall be awarded.
2. Eligibility is based on the MHSAA Middle and Junior High School Athletic Association rules. Member schools may, at their own discretion, impose stricter rules on their own team members.
3. Admission charge shall be as follows:

Pre-School	Free
Students/Adults	\$3.00
4. Athletic contests are to begin at 4:30 pm, unless mutually agreed upon between the schools involved.
5. Team members are to participate at their own grade level unless one or both grades do not have sufficient numbers to field a team. If this is the situation, the coach must try to use those players that shall not alter or cause a distinctive advantage to his/her team. The idea is to bring up or take down players that shall allow you to field a team rather than drop the program. The Athletic Director of the school having this problem shall notify all other schools involved before the contest is held.
6. Registered officials must be used for all interscholastic contests and events.
7. League schedules shall be drawn up for any sport sponsored by a majority of league schools.
8. Coaches may not agree to alter the regulations contained in our League Rules.
9. Priority will be given to High School sports when a scheduling conflict occurs.

BASEBALL AND SOFTBALL

1. A maximum of ten league dates shall be scheduled.
2. At least one registered official shall be employed for middle school contests.
3. Metal cleats are allowed.
4. Baseball and Softball shall use High School measurements. Softball pitching mound shall be 43'.
5. No new inning may start after one hour 30 minutes.
6. Teams shall switch from offense to defense after five (5) runs are scored in any one inning except the final inning regardless of how many outs there are.
7. Teams shall bat their lineups like a varsity baseball/softball game.
8. Games shall be two five-inning games.

BASKETBALL

1. A maximum of twelve (12) league games per season shall be scheduled.
2. Games shall consist of four - eight (8) minute quarters. Maximum of eight minute half-time and eight minutes between games.
3. Home teams shall wear white shirts; visiting teams shall wear colored shirts. In case of conflicts, it is the responsibility of the school that cannot comply to contact the host school.
4. At least two registered officials are to be employed.
5. When a team has a lead of 30 points or greater, they shall not press until the lead is less than 20 points. Coaches MAY NOT agree to alter this rule at any time.

6. The **REGULAR BALL** shall be used during all games (Boys: 29.5, Girls: 28.5).

CHEERLEADING

1. Host squads are responsible for greeting and welcoming their opponent cheerleaders. Host squads are to give their opponents any pertinent information necessary for making their evening enjoyable.
2. Cheerleader demonstration mounts and pyramids shall not be permitted before, during or after games. Any infraction of this regulation shall lead to the squad being removed from the floor for the remainder of the event. A mount by definition is anytime the cheerleader's feet leave the ground not under the individual's own power and control. Mini trampolines are not to be taken to away contests.
3. Only twelve (12) cheerleaders, including mascot(s), shall be allowed on the floor at one time.

CROSS COUNTRY

Middle school league cross country meets will be run on the same dates as the high school meets and will follow the high school format. See page 15 for details.

FOOTBALL

1. The All-Purpose Rubberized cleat shall be used. The shoes with removable cleats are not to be used.
2. All games shall consist of 8 minute quarters.
3. There is to be a minimum of 15 minutes warm-up prior to each game unless the officials rule otherwise.
4. A minimum of three registered officials are to be employed.
5. A maximum of 6 league games shall be scheduled.
6. Home teams shall wear dark jerseys. Visiting teams shall wear light jerseys, if possible. If there is a problem it is up to the team who cannot comply to notify the opposing team.
7. Schools have the option of using the regular or intermediate size football.

TRACK

1. A maximum of ten (10) days of competition may be scheduled.
2. Track shoes are recommended for use by all participants. Spikes can be no longer than one-quarter inch.
3. It is recommended that the boys and girls meets are held concurrently.
4. The starter for league meets shall be registered with the State.
5. Events and rules shall be in accordance with the MHSAA approved Track and Field List for Junior High/Middle Schools.
6. Meets shall start at 4:30 pm unless mutually agreed upon.

VOLLEYBALL

1. Teams and individuals are limited to two (2) days of competition per week and a maximum of twelve (12) games per season.
2. One registered official must be employed.

3. The seventh and eighth grades shall play three (3) games to 25 points each with the intent that all players shall play.
4. The net height shall be set at regulation height of 7'4".
5. Teams having A and B squads, players may play on only the A team or B team on a specific night, not both.
6. A maximum of 5 consecutive serves per person, and then the serve must be passed to the next player. The serve is not given to the other team.
7. Warm-up is 6-6-3

WRESTLING

1. Weight classifications are to be according to state regulations.
2. Only registered officials are to be used.
3. A maximum of twelve league meets shall be scheduled.

**Mid Michigan Activities Conference
Committee Members
2018-19**

Executive Committee

President – Jeff Kline, Mt. Morris
 Vice-President – Shayne Mishler, Montrose
 Treasurer –
 Secretary - Drew Severn, New Lothrop

Constitution Committee

Jason Hemgesberg, Chesaning

Sports Offered and Schools Responsible

Sport	School	Contact
Baseball	Montrose	Shayne Mishler
Basketball	Lakeville	Clayton Strobridge
Bowling	Durand	Bryan Carpenter
Cheerleading	Ovid-Elsie	Jason Hemgesberg
Cross Country	Chesaning	Jason Hemgesberg
Football	Ovid-Elsie	Jesse Johnson
Golf	Durand	Bryan Carpenter
Soccer	Montrose	Shayne Mishler
Softball	Byron	Greg Goffee
Tennis	Durand	Bryan Carpenter
Track	Chesaning	Jason Hemgesberg
Volleyball	Mt. Morris	Jeff Kline
Wrestling	MM/NL	Jeff Kline
Kiwanis Athlete	Mt. Morris	Jeff Kline

Duties of Athletic Director in Charge of a Sport:

- Keep your sports bylaws up to date
- Secure and distribute the league trophy and medals for your sport
- If your sport holds a league tournament, assist the host AD
- Host and moderate the all-league selection meeting if your sport requires one
- Report the results of the all-league teams selected to member schools and to appropriate media
- Supervise the selection of the Coach of the Year, and collect Best Sportsmanship choices for your sport
- Facilitate the end of school year coaches meeting for your sport(s)
- Collect recommendations for MHSAA tournament officials (football, soccer, volleyball, basketball, wrestling, baseball, softball)
- Present any coaches' recommendations for bylaw changes to athletic directors
- Work with executive director on your sport's schedule