





As a Kids Heart Challenge Heart Hero, your student will learn about heart, brain and vascular health, meet kids with special hearts and raise funds for all hearts. The use of virtual reality, videos, gaming and more makes learning both interactive and fun. Plus, your school can earn PE equipment and your student can earn fun thank-you gifts!

Watch for date announcements from your school.

KHC Highlights

- Helping others feels good
- Daily health challenges
- Learning Hands-Only CPR
- Stress reduction techniques
- Virtual reality experiences





To register: download our app or visit

HEART.ORG/KHC

Scan special symbols (6) and QR codes for videos, links and more.

