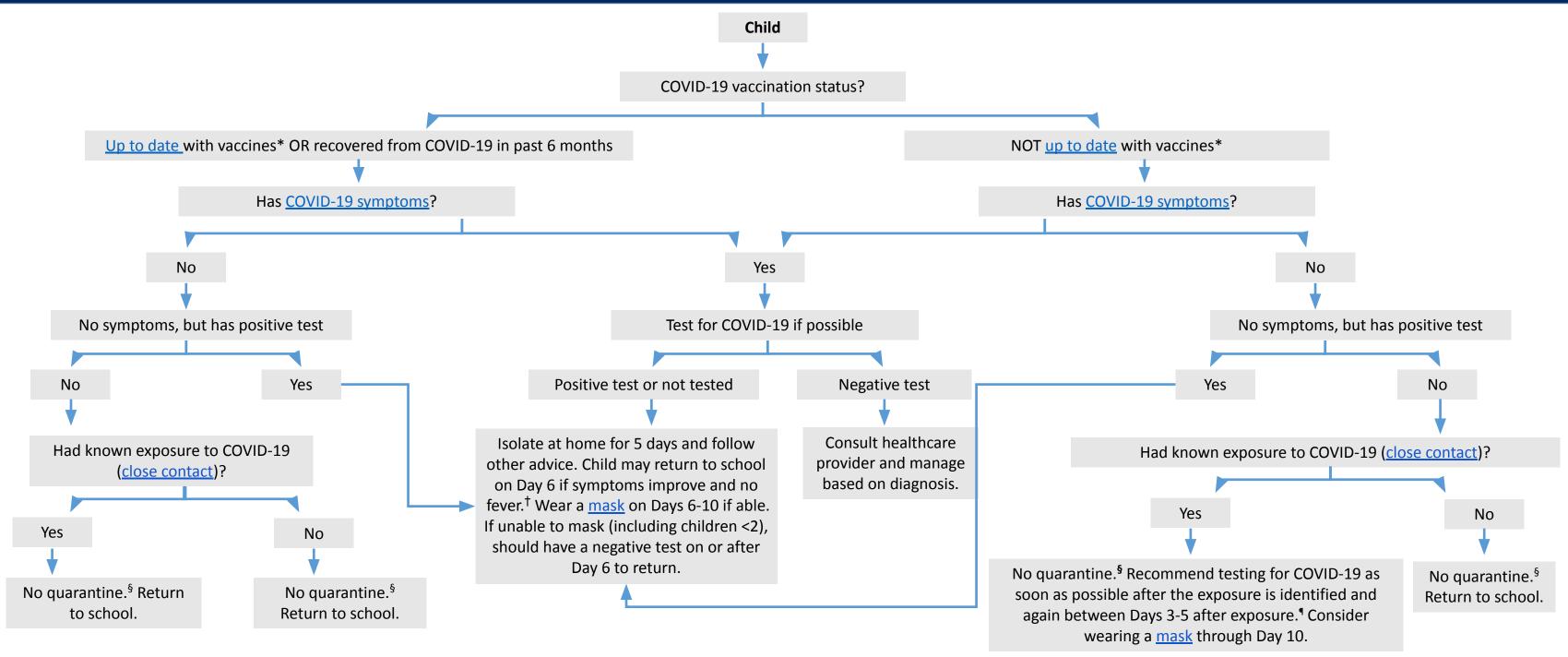


VDH Flowchart for K-12, Child Care, and Day Camp Parents: What to do if my child is ill or exposed to COVID-19?



KEY POINTS: Regardless of vaccination status, any person with COVID-19 symptoms should stay home and be tested (if possible). If testing is not done or if the test is positive, the person should isolate at home and follow other recommendations.

^{*}Up to date with vaccines means a person has received all doses in the primary series and all recommended boosters, when eligible.

[†]Isolate means stay at home and away from others for at least 5 days after symptoms start (or positive test if no symptoms). Day 0 is the date of symptom onset or positive test (if no symptoms). If able, wear a mask when around others for a full 10 days. Children under 2 years of age and those who cannot wear a mask should have a negative test on or after Day 6 to return, or remain home through Day 10.

Quarantine means stay at home and away from others for at least 5 days after exposure to someone with COVID-19. Day 0 is the date of last exposure. Quarantine is no longer recommended for students or staff in these settings, if they are asymptomatic.

For those age 2 or older, consider using Test to Stay protocols, if available.



VDH Algorithm for K-12, Child Care, and Day Camp Parents: What to do if my child is ill or exposed to COVID-19?

Summary of Recent Changes

- 7/8/22: Multiple updates made:
 - Added "Day Camp" to the title
 - Removed recommendation that guarantine is recommended for exposed persons in these settings who are not up to date on COVID-19 vaccines and have not had COVID-19 in the last 6 months.
 - Added recommendation for those exposed persons who are not up to date on COVID-19 vaccines and have not had a COVID-19 infection in the past 6 months, testing is recommended as soon as possible after the exposure is identified and again between Days 3-5 after exposure, and to consider wearing a mask through Day 10.
 - o For those testing positive, added recommendation that if unable to mask (including children <2), should have a negative test on or after Day 6 to return.
- 6/14/22: Removed recommendation that even if quarantine is not required, testing is recommended on Day 5, and that masks should be worn around others for a full 10 days.
- 6/10/22: Multiple updates made:
 - Added links to CDC Guidance for definition of "up to date" with COVID-19 vaccinations; updated footnote to reflect this. Removed "not vaccinated."
 - Removed guidance that students ages 12-17 years who completed their COVID-19 primary vaccine series but have not yet received a booster can forgo quarantine. Included guidance that students ages 5-11 who have received the primary series but not a booster dose may forgo quarantine at this time, until the start of the 2022- 2023 academic school year.
 - Updated time frame of recovery from COVID-19 infection from 3 months to 6 months; those who have recovered from COVID-19 in the last 6 months are not required to quarantine after a close contact exposure to an individual with COVID-19.
 - Updated "COVID-19 Symptoms" to link to CDC's guidance on symptoms of COVID-19
 - Added guidance that children <2 years of age and those cannot mask should quarantine or isolate at home for the full day 10 period.
- 4/14/22: Design was updated but no changes were made to the content.
- 2/1/22: Updated title of document to include child care facilities in alignment with CDC's updated isolation and quarantine guidance for child care facilities. Added links to the CDC mask page for additional information on masking ages (2 and up).