# **EXTRACURRICULAR ACTIVITIES**

# **ATHLETICS**

North County Christian School has established athletics as a way to promote Christian character, discipline, and physical health. A list of athletic teams and participation levels are listed below:

GIRLS Volleyball Varsity and Junior Varsity

Basketball Varsity and Junior Varsity

Soccer/Track Varsity

Cheerleading Varsity and Junior Varsity

BOYS Baseball /Soccer Varsity

Basketball/Track Varsity and Junior Varsity

#### **STUDENT - ATHLETE GUIDELINES**

The primary role of athletics at NCCS is to uphold and apply the mission of the school. Athletics are "extra-curricular"; meaning they are not a required part of the normal curricula. Participation should be viewed as a privilege, not an entitlement. Athletics will continue in its strong and proud tradition at NCCS so long as it continues to fulfill this role. In the same way, student-athletes and staff participation in athletics find justification only as they seek to fulfill the school's mission. The following statements are meant as a brief summary of the Parent/Student-Athlete Handbook. Complete student-athlete guidelines are located in the NCCS Athletic Handbook. They can be picked up in the high school office.

#### SCHOOL ATTENDANCE AND PARTICIPATION IN EVENTS

Student-athletes must be present in school for a minimum of four (4) class periods the day of a contest in order to be eligible to compete. Student-athletes going home sick from school the day of a contest will be deemed too ill to compete in that day's contest(s). Exceptions to this policy may include special excused absences such as college campus visits, death in the family, etc. The decision regarding a special case absence will be that of the administration (Athletic Director and/or Principal).

#### **PHYSICALS**

All student-athletes are required to have had an athletic physical within the previous twelve (12) months to participation in athletics. It is preferred that student-athletes use our form when getting physicals because they include a *Right to Seek Medical Care* statement and a *Transportation Release* section which must be signed by the parents or legal guardian of the athlete. Forms are available in the secondary school office or online at nccsedu.org. No student-athlete will be allowed to participate in athletic contests or practice with the team until they have a completed and signed physical form on file with the athletic director.

# **ACADEMIC ELIGIBILITY**

Per the requirements of MSHSAA, of which NCCS is an affiliate member, students must successfully pass 3.0 units of credit per semester in order to maintain eligibility. Per NCCS policy, students must also meet the requirements set out in the Academic Probation and Intervention Program policy on p 8 & 9 of this handbook.

## **ATHLETIC FEES**

Athletic fees must be paid before the date of the first scheduled interscholastic competition. Student-athletes will not be eligible to compete until the fee is paid.

## **PURPOSE OF ATHLETICS**

We are delighted to offer a variety of athletic opportunities in which your sons and daughters may compete. We believe in the value of athletics as a tool to teach life skills and life lessons as well as to provide an excellent opportunity for physical and social development. It is our aim to teach Christian character and values in all athletic experiences whether we win or lose.

## ATHLETIC FAN CODE OF CONDUCT

It is important that we exemplify Christ and honor Him in all things, including athletics. Please follow our code of conduct below with a good spirit and attitude. Fans who do not abide by this code of conduct may be asked to leave.

- 1. Do not put down players, coaches, officials, or fans.
- 2. Consider how to encourage the athletes.
- 3. Use language that honors God.
- 4. Do not go onto the playing court or field; remain in the designated seating areas.
- 5. Remember, the Biblical definition of winning is "to glorify God," not the outcome on the scoreboard.

#### "NO-QUIT" POLICY

If a student voluntarily makes or chooses a school activity and then quits, that student will not be permitted to participate in other extra-curricular activities for that season (Praise Team and Student Government excepted). However, if mutual agreement is reached by the sponsor, coach, student, parent, and administration to withdraw from the activity, no discipline will be necessary.

#### **SENIOR CLASS MISSION TRIP**

The senior mission trip has become one of the highlights of the high school years. Since the spiritual and social benefits are so important, all seniors are expected to go unless prevented by illness or an emergency. It is expected that those who have jobs make work arrangements. There is a charge for the mission trip.

### **SOCIAL EVENTS**

Homecoming is sponsored by the Student Government and is open to grades 9-12 and their invited guests in grades 8 and above. The attire is in accord with formal guidelines previously cited. Prom is the most formal and exciting event as juniors honor seniors. The dress is in accord with formal guidelines previously cited. The location is normally at one of the finer establishments in or near St. Louis. This banquet is open to the juniors and seniors and their invited guests in grades 9 and above. For both of these banquets, high school students are encouraged to attend with a group of friends or with a date.

# **Event Guests:**

Students wanting to bring a guest not currently enrolled at NCCS must submit a completed guest form to the principal. All guests must be approved by the principal.

## STUDENT GOVERNMENT

The student government consists of the elected executive committee, plus elected representatives from each class, grades seven through twelve. The goal is to develop leadership through a variety of activities. Students must have a 2.0 cumulative average, and currently carrying no F's to run for student government. Any government member who receives five or more detentions may be removed from the student government and class office.