# AUSD Safe Return to In-Person Instruction and Continuity of Services Plan

An addendum to the Injury and Illness Prevention Program

This plan replaces the plans formerly known as "AUSD COVID-19 Prevention Program" and "COVID-19 School Guidance Checklist" "COVID-19 Prevention Plan for Schools Checklist" "2020-21 AUSD Reopening Schools Plan"

Updated February 14, 2022



## Preamble

From the beginning of the pandemic, and at every crossroad since, our school district has consistently focused on ensuring the health and safety of our staff and students. Our work has served as a model for the county, state, and country. All of our efforts have proven very successful, and we have not had to close a single school since the start of the pandemic.

Over two years have passed since the pandemic began and our commitment to maintaining a safe and healthy learning and working environment has not changed. We will continue to make our schools safe while adhering to safety guidelines and protocols. Our Safe Return to In-Person Instruction and Continuity of Services Plan has been updated to account for the continuing change in conditions. This plan was discussed with Dr. Sohil Sud, Co-Director of the Safe Schools for All team at the California Department of Public Health and Dr. Wooten, Public Health Officer for the County of San Diego.

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### Authority and Responsibility

Our Safe Return to In-Person Instruction and Continuity of Services Plan Administrator, Yvette Maier, has the authority and the responsibility for implementing the provisions of this program for the Alpine Union School District. District administrators, department supervisors, and managers are responsible for implementing and maintaining the CPP in their work areas and for answering worker questions about the Safe Return to In-Person Instruction and Continuity of Services Plan.

#### **Definitions**

The following definitions apply, these definitions will continually evolve as new guidelines are released.

"COVID-19" means coronavirus disease, an infectious disease caused by the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2).

#### "COVID-19 case" means a person who:

- A. Has a positive "COVID-19 test" as defined in this section;
- B. Is subject to COVID-19-related order to isolate issued by a local or state health official; or
- C. Has died due to COVID-19, in the determination of a local health department or per inclusion in the COVID-19 statistics of a county.

"COVID-19 hazard" means exposure to potentially infectious material that may contain SARS-CoV-2, the virus that causes COVID-19. Potentially infectious materials include airborne droplets, small particle aerosols, and airborne droplet nuclei, which most commonly result from a person or persons exhaling, talking or vocalizing, coughing, sneezing, or procedures performed on persons which may aerosolize saliva or respiratory tract fluids, among other things. This also includes objects or surfaces that may be contaminated with SARS-CoV-2.

"COVID-19 symptoms" means the following possible symptoms unless a licensed healthcare professional determines the person's symptoms were caused by a known condition other than COVID-19.

- fever
- chills
- cough
- shortness of breath or difficulty breathing
- fatigue
- muscle or body aches
- headache
- new loss of taste or smell
- sore throat
- · congestion or runny nose
- nausea or vomiting
- diarrhea

"COVID-19 test" means a test for SARS-CoV-2.

"Exposed workplace" means any work location, working area, or common area at work used or accessed by a COVID-19 case during the high-risk period, including bathrooms, workspaces, and other indoor areas. The exposed workplace does not include buildings or facilities not entered by a COVID-19 case.

Effective January 1, 2021, the "exposed workplace" also includes but is not limited to the "worksite" of the COVID-19 case as defined by Labor Code section 6409.6(d)(5).

"Face covering" means a tightly woven fabric or non-woven material with no visible holes or openings, which covers the nose and mouth.

#### "High-risk exposure period" means the following time period:

- A. For persons who develop COVID-19 symptoms: from two days before they first develop symptoms until 10 days after symptoms first appeared, and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved; or
- B. For persons who test positive who never develop COVID-19 symptoms: from two days before until ten days after the specimen for their first positive test for COVID-19 was collected.

## Identification and evaluation of COVID-19 hazards

We will implement the following in our workplace:

- A. Conduct workplace-specific evaluations using the Appendix A: Identification of COVID-19 Hazards form.
- B. Evaluate employees' potential workplace exposures to all persons at, or who may enter our workplace.
- C. Review applicable orders and general and industry-specific guidance from the State of California, Cal/OSHA, and the local health department related to COVID-19 hazards and prevention.
- Evaluate existing COVID-19 prevention controls in our workplace and the need for different or additional controls.
- E. Conduct periodic inspections using the Appendix B: COVID-19 Inspections as needed to identify unhealthy conditions, work practices, and work procedures related to COVID-19 and to ensure compliance with our COVID-19 policies and procedures.

#### **Employee Participation**

The district will include opportunities for employee and authorized employee representative participation in the identification and evaluation of COVID-19 hazards.

#### **Employee Vaccination**

The District will continue to provide opportunities for COVID-19 vaccinations and boosters.

#### **Employee Symptom Screening**

The District has implemented a process for screening employees for and responding to employees with COVID-19 symptoms.

#### Correction of COVID-19 hazards

Unsafe or unhealthy work conditions, practices, or procedures will be analyzed based on the **Appendix B: COVID-19 Inspections** document and corrected in a timely manner based on the severity of the hazards.

The District has implemented policies and/or procedures for correcting unsafe or unhealthy conditions, work practices, policies, and procedures in a timely manner based on the severity of the hazard. BP 0470 COVID-19 Mitigation Plan establishes actions that will be taken by the District to provide a safe learning and working environment during the coronavirus (COVID-19) pandemic and shall supersede any conflicting language in existing District policies or administrative regulations until the Board of Trustees determines that the need for this policy no longer exists. Due to the evolving nature of the pandemic, federal, state, and local orders impacting District operations are subject to change without notice. In the event that any federal, state, or local order may conflict with this policy, the order shall govern.

#### Control of COVID-19 Hazards

#### Physical distancing

A. All employees will be encouraged to separate from other persons, when possible and required by at least six feet.

Methods of physical distancing include:

- Staggered arrival, departure, work, and break times
- Adjusted work processes or procedures, to allow greater distance between employees
- Visual cues such as signs and floor markings to indicate where employees and others should be located or their direction and path of travel
- Reducing the number of persons in an area at one time, including limiting or excluding visitors
- Telework or other remote work arrangements, where feasible and approved by the District Office.

B. When it is not possible or required to maintain a distance of at least six feet, individuals shall be as far apart as possible. Personal Protective Equipment will be provided to all staff as well as hand sanitizer.

#### Face coverings

- A. The District will:
  - 1. Comply with all public health orders regarding face coverings
  - 2. Provide face coverings to all employees as needed
  - 3. Ensure they are worn by employees over the nose and mouth when; indoors, and where required by orders from the CDPH or local health department.
  - 4. Ensure face coverings are clean and undamaged.
  - 5. The following are exceptions to the face coverings requirement:
    - a. When an employee is alone in a room.
    - b. While eating and drinking at the workplace.
    - c. Employees wearing respiratory protection in accordance with section 5144 or other Title 8 safety orders.
    - d. Employees who cannot wear face coverings due to a medical or mental health condition or disability, or who are hearing-impaired or communicating with a hearing- impaired person.
    - e. Specific tasks which cannot feasibly be performed with a face covering. This exception is limited to the time period in which such tasks are actually being performed. NOTE: CDPH has issued guidance for employers that identifies examples when wearing a face covering is likely not feasible.
- B. Employees exempted from wearing face coverings due to a medical condition, mental health condition, or disability shall wear an effective non-restrictive alternative, such as a face shield with a drape on the bottom, if their condition or disability permits it.
- C. The District will not prevent any employee from wearing a face-covering when required, unless it would create a safety hazard, such as interfering with the safe operation of equipment.
- D. The District will implement the following measures to communicate to non-employees the face coverings requirements on their premises: All non-employees who must be on campus will be required to wear face coverings and agree to do so before entering a campus.

#### **Testing Cadences**

AUSD is implementing symptom and exposure screening based on CDPH recommendations. AUSD is also testing staff who are not vaccinated as required by CDPH. When there are multiple COVID-19 cases or major outbreaks based on Cal/OSHA requirements each site is equipped to offer COVID-19 testing to all employees. At-home Antigen tests are provided to staff upon request.

#### Other engineering controls, administrative controls, and personal protective equipment.

A. Partitions

At fixed work locations where it is not possible to maintain the physical distancing requirement at all times, the District will install cleanable solid partitions that effectively reduce aerosol transmission between the employee and other persons.

B. Maximize Outdoor Air

For buildings with mechanical or natural ventilation, or both, the District will maximize the quantity of outside air provided to the extent feasible, except when the United States Environmental Protection Agency (EPA) Air Quality Index is greater than 100 for any pollutant or if opening windows or letting in outdoor air by other means would cause a hazard to employees, for instance from excessive heat or cold.

## Personal Protective Equipment

Personal Protective Equipment is provided to all staff, including but not limited to plastic dividers, hand sanitizer, masks, face shields, and procedures to limit exposure.

A. The District will evaluate the need for personal protective equipment to prevent exposure to COVID-19 hazards, such as but not limited to gloves, goggles, KN95, N95, other face masks, and

face shields, and provide such personal protective equipment as needed.

- B. The District will evaluate the need for respiratory protection in accordance with section 5144 when the physical distancing requirements in subsection (c)(6) are not feasible or are not maintained.
- C. The District will provide and ensure the use of respirators in accordance with section 5144 when deemed necessary by the Division through the Issuance of Order to Take Special Action, in accordance with Title 8 section 332.3.
- D. The District will provide and ensure the use of eye protection and respiratory protection in accordance with section 5144 when employees are exposed to procedures that may aerosolize potentially infectious material such as saliva or respiratory tract fluids.

### Cleaning and Disinfecting

The District has implemented cleaning and disinfecting procedures, which require:

- A. Identifying and regularly cleaning and disinfecting frequently touched surfaces and objects. The District will inform employees and authorized employee representatives of cleaning and disinfection protocols, including the planned frequency and scope of regular cleaning and disinfection.
- B. Prohibiting the sharing of personal protective equipment and to the extent feasible, items that employees come in regular physical contact with such as phones, headsets, desks, keyboards, writing materials, instruments, and tools. When it is not feasible to prevent sharing, sharing shall be minimized and such items and equipment shall be disinfected between uses by different people. Sharing of vehicles shall be minimized to the extent feasible, and high touch points (steering wheel, door handles, seat belt buckles, armrests, shifter, etc. shall be disinfected between users).
- C. Cleaning and disinfection of areas, material, and equipment used by a COVID-19 case during the high- risk exposure period.

Should we have a COVID-19 case in our workplace, we will implement the following procedures: Identify all close contacts (as defined by CDC). Identify all cohorts (class, bus, clubs, etc.) as required by current guidelines. Quarantine and exclude close contacts (and work with public health on decisions to exclude the entire cohort) per guidelines. Each impacted area is electrostatically cleaned. Send notification to the relevant school community of a known case.

# Handwashing Facilities

To protect employees from COVID-19 hazards, the District will evaluate its handwashing facilities, encourage and allow time for employee handwashing, and provide employees with an effective hand sanitizer. Employers shall encourage employees to wash their hands for at least 20 seconds each time. Provision or use of hand sanitizers with methyl alcohol is prohibited.

## Hand Sanitizing

Each classroom, building, office and entry to campus is outfitted with hand sanitizer that adheres to CDC and CDPH guidelines. Individuals are encouraged to consistently use hand sanitizer when entering or leaving classrooms and areas.

## Investigating and responding to COVID-19 cases in the workplace

- A. Procedure to investigate COVID-19 cases in the workplace. This includes procedures for verifying COVID-19 case status, receiving information regarding COVID-19 test results and onset of COVID-19 symptoms, and identifying and recording COVID-19 cases. The District has a thorough tracing protocol and provides free COVID testing at all school sites to all staff. Communication is frequent with the county public health department.
- B. Response to a COVID-19 case in the workplace
   The District will take all of the following steps in response to a COVID-19 case in the workplace.

- 1. Determine the day and time the COVID-19 case was last present and, to the extent possible, the date of the positive COVID-19 test(s) and/or diagnosis, and the date the COVID-19 case first had one or more COVID-19 symptoms, if any were experienced.
- 2. Determine who may have had a COVID-19 exposure. This requires an evaluation of the activities of the COVID-19 case and all locations at the workplace which may have been visited by the COVID-19 case during the high-risk exposure period.
- 3. Give notice of the potential COVID-19 exposure, within one business day, in a way that does not reveal any personal identifying information of the COVID-19 case, to the following:
  - a. All employees who may have had COVID-19 exposure and their authorized representatives.
  - b. Independent contractors and other employers present at the workplace during the high-risk exposure period.
- 4. Offer COVID-19 testing at no cost to employees during their working hours to all employees who had potential COVID-19 exposure in the workplace and provide them with the information on benefits described in subsections (c)(S)(B) and (c)(I0)(C).
- 5. Investigate whether any workplace conditions could have contributed to the risk of COVID-19 exposure and what could be done to reduce exposure to COVID-19 hazards. Each case is investigated by school and District staff to determine protocols and potential improvements.
- C. Confidentiality of Personal Identifying Information All personally identifying information regarding COVID-19 cases or persons with COVID-19 symptoms shall be kept confidential. All COVID-19 testing or related medical services provided by the employer under this section and sections 3205.1 through 3205.4 shall be provided in a manner that ensures the confidentiality of employees.

EXCEPTION to subsection (c)(3)(C): Unredacted information on COVID-19 cases shall be provided to the local health department, CDPH, the Division, the National Institute for Occupational Safety and Health (NIOSH), or as otherwise required by law immediately upon request.

D. Confidentiality of Employee Medical Records
All employee medical records are kept confidential and are not disclosed or reported without the
employee's express written consent to any person within or outside the workplace.

EXCEPTION 1 to subsection (c)(3)(D): Unredacted medical records shall be provided to the local health department, CDPH, the Division, NIOSH, or as otherwise required by law immediately upon request.

EXCEPTION 2 to subsection (c)(3)(D): This provision does not apply to records that do not contain individually identifiable medical information or from which individually identifiable medical information has been removed.

## System for Communicating

The District will do all of the following in a form readily understandable by employees:

#### A. Employee Reports

All employees of the District are to, without fear of reprisal, report to their Supervisor or Manager any of the following:

- COVID-19 symptoms: If any employee is experiencing any of the identified symptoms of COVID- 19
- 2. Possible COVID-19 exposures: If any employee has been exposed or possibly exposed to an individual who is positive for, or has been diagnosed with COVID-19.
- 3. Possible COVID-19 hazards at the workplace: If any employee becomes aware of a possible hazard in the workplace that could increase the likelihood of exposure to COVID-19 they should report it directly to their supervisor or the Human Resources department as soon as possible.
- B. Procedures for accommodating employees with medical or other conditions that put them at increased risk of severe COVID-19 illness.

Staff are to contact the Human Resources Department for any and all COVID-19 related

symptoms and/or illnesses.

- C. Access to COVID-19 testing: COVID-19 testing is being made available for all District staff free of charge.
- D. The District's COVID-19 policies and procedures are designed to protect employees and other employers, persons, and entities within or in contact with the employer's workplace.

The District's policies and procedures are located on the District's website www.alpineschools.net

## Training and Instruction

The District has developed training opportunities for all employees including, but not limited to, the following:

- The District's COVID-19 policies and procedures to protect employees from COVID-19 hazards.
- Information regarding COVID-19-related benefits to which the employee may be entitled under applicable federal, state, or local laws. This includes any benefits available under workers' compensation law, the federal Families First Coronavirus Response Act, Labor Code sections 248.1 and 248.5, Labor Code sections 3212.86 through 3212.88, local governmental requirements, the employer's own leave policies, and leave guaranteed by contract.
- The fact that COVID-19 is an infectious disease that can be spread through the air when an
  infectious person talks or vocalizes, sneezes, coughs, or exhales; that COVID-19 may be
  transmitted when a person touches a contaminated object and then touches their eyes, nose, or
  mouth, although that is less common; and that an infectious person may have no symptoms.
- Methods of physical distancing and the importance of combining physical distancing with the wearing of face coverings.
- The fact that particles containing the virus can travel, especially indoors, so physical distancing to the extent possible is combined with other controls, including face coverings and hand hygiene, to be effective.
- The importance of frequent hand washing with soap and water for at least 20 seconds and using hand sanitizer when employees do not have immediate access to a sink or hand washing facility, and that hand sanitizer does not work if the hands are soiled.
- Proper use of face coverings.
- COVID-19 symptoms, and the importance of not coming to work and obtaining a COVID-19 test if the employee has COVID-19 symptoms.

#### Exclusion of COVID-19 cases

The Safe Return In-Person Instruction and Continuity of Services Plan provides specifics on the handling of COVID-19 cases. The purpose of this section is to limit the transmission of COVID-19 in the workplace.

A. COVID-19 Cases

The District will ensure that COVID-19 cases are excluded from the workplace until the return to work requirements are met.

B. COVID-19 Exposure Cases

The District will exclude employees with COVID-19 exposure from the workplace according to current guidelines.

Earnings & Benefits while excluded:

For employees excluded from work and otherwise able and available to work, the District will continue and maintain the employee's earnings, seniority, and all other employee rights and benefits, including the employee's right to their former job status, as if the employee had not been removed from their job.

The District may use employer-provided employee sick leave benefits for this purpose and consider benefit payments from public sources in determining how to maintain earnings, rights, and benefits, where permitted by law and when not covered by workers' compensation.

- C. This section does not limit any other applicable law, employer policy, or collective bargaining agreement that provides for greater protections.
- D. Information on Benefits & Leaves
  At the time of exclusion, the District will provide the employee the information on available

benefits and leaves as required.

## Reporting, recordkeeping, and access

A. Local Public Health

The District will report information about COVID-19 cases at the workplace to the local health department whenever required by law, and shall provide any related information requested by the local health department.

#### B. Cal/OSHA

The District will report immediately to the Division any COVID-19-related serious illnesses or death, as defined under section 330(h), of an employee occurring in a place of employment or in connection with any employment.

C. Injury & Illness Prevention Program

The District will maintain records of the steps taken to implement the written Safe Return to In-Person Instruction and Continuity of Services Plan in accordance with section 3203(b).

- D. Access to the Safe Return to In-Person Instruction and Continuity of Services Plan The written Safe Return to In-Person Instruction and Continuity of Services Plan shall be made available at the workplace to employees, authorized employee representatives, and to representatives of the Division immediately upon request.
- E. Access to COVID-19 Case Records

The District will keep a record of and track all COVID-19 cases with the employee's name, contact information, occupation, the location where the employee worked, and the date of a positive COVID-19 test. Medical information shall be kept confidential in accordance with subsections (c)(3)(C) and (c)(3)(D).

F. Refer to Appendix C: Investigating COVID-19 Cases for information to keep a record of and track all COVID-19 cases. The information will be made available to employees, authorized employee representatives, or as otherwise required by law, with personal identifying information removed.

#### Return to Work Criteria

The District provides each employee with specific criteria based upon current health guidelines when they may return to work with a positive or close contact case.

If an order to isolate or quarantine an employee is issued by a local or state health official, the employee shall not return to work until the period of isolation or quarantine is completed or the order is lifted.

Guidance from the California Department of Public Health is located at https://www.cdph.ca.gov/

District approval of return to work:

If there are no violations of local or state health officer orders for isolation or quarantine, the District may, upon request, allow employees to return to work on the basis that the employee would not create undue risk to a community's health and safety. The District will continue to update and maintain effective control measures to prevent transmission in the workplace.

# In the Case of Multiple COVID-19 Infections and COVID-19 Outbreaks

A. Scope

This section applies to a place of employment:

The exposed workplace has been identified by a local health department as the location of a COVID-19 outbreak.

B. COVID-19 testing

The District will provide COVID-19 testing to all employees at the exposed workplace except for employees who were not present during the period of an outbreak identified by a local health department or the relevant quarantine period. COVID-19 testing shall be provided at no cost to employees during employees' working hours.

COVID-19 testing shall consist of the following:

1. Immediately upon being covered by this section, all employees in the exposed workplace

shall be tested. Negative COVID-19 test results of employees with COVID-19 exposure shall not impact the duration of any quarantine period required by or orders issued by the local health department.

- 2. The District will provide continuous COVID-19 testing of employees who are required to be tested.
- 3. The District will provide additional testing when deemed necessary by the Issuance of Order to Take Special Action, in accordance with Title 8 section 332.3.
- C. Exclusion of COVID-19 cases

The District will ensure COVID-19 cases and employees who had COVID-19 exposure are excluded from the workplace in accordance with our Safe Return to In-Person Instruction and Continuity of Services Plan and local health officer orders if applicable.

- D. Investigation of workplace COVID-19 illness The District will immediately investigate and determine possible workplace related factors that contributed to the COVID-19 outbreak in accordance with our Safe Return to In-Person Instruction and Continuity of Services Plan.
- E. COVID-19 Investigation, review, and hazard correction
  In addition to the requirements of our Safe Return to In-Person Instruction and Continuity of
  Services Plan the District will immediately perform a review of potentially relevant COVID-19
  policies, procedures, and controls and implement changes as needed to prevent further spread of
  COVID-19. The investigation and review shall be documented and include:
  - 1. Investigation of new or unabated COVID-19 hazards including the employer's leave policies and practices; the employer's COVID-19 testing policies; insufficient outdoor air; insufficient air filtration; and lack of physical distancing.
  - 2. The review shall be updated every thirty days that the outbreak continues, in response to new information or to new or previously unrecognized COVID-19 hazards, or when otherwise necessary
  - 3. The District will implement changes to reduce the transmission of COVID-19 based on the investigation and review required by our Safe Return to In-Person Instruction and Continuity of Services Plan. The District will consider moving indoor tasks outdoors or having them performed remotely, increasing outdoor air supply when work is done indoors, improving air filtration, increasing physical distancing as much as possible, respiratory protection, and other applicable controls.
- F. Notifications to the local health department

The District will contact the local health department immediately but no longer than 48 hours after the employer knows, or with diligent inquiry would have known, of three or more COVID-19 cases for guidance on preventing the further spread of COVID-19 within the workplace.

The District will provide to the local health department the total number of COVID-19 cases and for each COVID-19 case, the name, contact information, occupation, workplace location, business address, the hospitalization and/or fatality status, and any other information requested by the local health department. The District will continue to give notice to the local health department of any subsequent COVID-19 cases at the workplace.

Effective January 1, 2021, the District will provide all information to the local health department required by Labor Code section 6409.6.

## In the Case of Major COVID-19 Outbreak

A. Scope

This section applies to any place of employment covered by our Safe Return to In-Person Instruction and Continuity of Services Plan when:

There are 20 or more COVID-19 cases in an exposed workplace within a 30-day period, and shall apply until there are no new COVID-19 cases detected in a workplace for a 14-day period.

B. COVID-19 testing

The District provides free COVID-19 testing on-demand at each school site for all employees. COVID-19 testing will be provided at no cost to employees during employees' working hours.

C. Exclusion of COVID-19 cases

The District will ensure COVID-19 cases and employees with COVID-19 exposure are excluded from the workplace in accordance with our Safe Return to In-Person Instruction and Continuity of Services Plan and any relevant local health department orders.

- D. Investigation of workplace COVID-19 illnesses
   The District will comply with the investigation procedures in accordance with our Safe Return to In-Person Instruction and Continuity of Services Plan.
- E. COVID-19 hazard correction In addition to the requirements of our Safe Return to In-Person Instruction and Continuity of Services Plan, the District will take the following actions:
  - 1. In buildings or structures with mechanical ventilation, employers shall filter recirculated air with Minimum Efficiency Reporting Value (MERV) 13 or higher efficiency filters if compatible with the ventilation system. If MERV-13 or higher filters are not compatible with the ventilation system, employers shall use filters with the highest compatible filtering efficiency. Employers shall also evaluate whether portable or mounted High Efficiency Particulate Air (HEPA) filtration units or other air cleaning systems would reduce the risk of transmission and shall implement their use to the degree feasible.
  - 2. The District will determine the need for a respiratory protection program or changes to an existing respiratory protection program under section 5144 to address COVID-19 hazards.
  - 3. The District will evaluate whether to halt some or all operations at the workplace until COVID-19 hazards have been corrected.
  - 4. Any other control measures deemed necessary by the Division through the Issuance of Order to Take Special Action, in accordance with title 8 section 332.3.
- F. Notifications to the local health department. Employers shall comply with the requirements of section 3205.I(f)

# Appropriate Accommodations for Children with Disabilities and English Learners

Continuity of services for children with disabilities and English Learners will address students' academic, social and emotional, mental health, and other needs, which may include student health and food services. In addition, contracted services, expanded learning, and extended school year opportunities will be provided.

Yvette Maier, Executive Director of Human Resources and Student Services

Safe Return to In-Person Instruction and Continuity of Services Plan

Revised: February 14, 2022

# Appendix A:

# **Identification of COVID-19 Hazards**

All persons, regardless of symptoms or negative COVID-19 test results, will be considered potentially infectious. Particular attention will be paid to areas where people may congregate or come in contact with one another, regardless of whether employees are performing an assigned work task or not. For example: meetings, entrances, bathrooms, hallways, aisles, walkways, elevators, break or eating areas, cool-down areas, and waiting areas.

Evaluation of potential workplace exposure will be to all persons at the workplace or who may enter the workplace, including coworkers, employees of other entities, members of the public, customers or clients, and independent contractors. We will consider how employees and other persons enter, leave, and travel through the workplace, in addition to addressing fixed work locations. We will review places and times of potential COVID-19 exposure and employees affected and existing and or additional COVID-19 prevention controls.

# **Appendix B:**

# **COVID-19 Inspections**

Due to changing conditions, the following will be reviewed and analyzed in determining exposure controls. This list is not exclusive to other items that will be examined:

- Barriers, partitions
- Ventilation
- Physical distancing
- Surface cleaning and disinfection
- Hand washing facilities
- Disinfection and hand sanitizing solutions being used
- Face coverings and goggles
- Respiratory protection

# Appendix C:

# **Investigating COVID-19 Cases**

All personal identifying information of COVID-19 cases or symptoms will be kept confidential. All COVID-19 testing or related medical services provided by us will be provided in a manner that ensures the confidentiality of employees/students, with the exception of unredacted information on COVID-19 cases that will be provided immediately upon request to the local health department, CDPH, Cal/OSHA, the National Institute for Occupational Safety and Health (NIOSH), or as otherwise required by law.

All employees' medical records will also be kept confidential and not disclosed or reported without the employee's express written consent to any person within or outside the workplace, with the following exceptions: (1) Unredacted medical records provided to the local health department, CDPH, Cal/OSHA, NIOSH, or as otherwise required by law immediately upon request; and (2) Records that do not contain individually identifiable medical information or from which individually identifiable medical information has been removed.

# Appendix D: COVID-19 Training Roster

Rosters and/or certificates of all staff who participate in COVID-19 related training will be kept on file.

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# Appendix E:

# COVID-19 PREVENTION PLAN FOR SCHOOLS CHECKLIST

Formerly known as the "Safe Reopening Plan for K-12 Schools"

The checklist describes each of the requirements that schools (district, charter, and private) in San Diego County must include in their COVID-19 Prevention Plan before resuming in-person instruction. Schools are not required to use this checklist but doing so is recommended as a means of evaluating the school's COVID-19 Prevention Plan, now known as the Safe Return to In-Person Instruction and Continuity of Service Plan, and demonstrating compliance with state and county requirements.

Checking the box to the left of each section indicates that the school has developed plans that address each of the elements described in the section.

#### A. General Measures

- 1. The school has a COVID-19 Prevention Plan webpage that provides access to a written, worksite-specific COVID-19 prevention plan based on a comprehensive risk assessment of all work areas and work tasks, and that designate a person at each school to implement the plan.
  - a. Identify contact information for the local health department where the school is located for communicating information about COVID-19 outbreaks among students or staff.
  - b. Incorporate the CDPH Guidance for the Use of Face Coverings, into the School-Site-Specific Plan that includes a policy for handling exemptions.
  - c. Train and communicate with workers and worker representatives on the plan. Make the written plan available and accessible to workers and worker representatives.
  - d. Regularly evaluate the workplace for compliance with the plan and document and correct deficiencies identified.
  - e. Investigate any COVID-19 illness and determine if any work-related factors could have contributed to risk of infection. Update the plan as needed to prevent further cases.
  - f. Implement the necessary processes and protocols when a workplace has an outbreak, in accordance with CDPH guidelines.
  - g. Identify individuals who have been in close contact of an infected person and take steps to isolate COVID-19 positive person(s) and close contacts.
  - h. Adhere to these guidelines. Failure to do so could result in workplace illnesses that may cause classrooms or the entire school to be temporarily closed or limited.
- 2. Evaluate whether and to what extent external community organizations can safely utilize the site and campus resources. Ensure external community organizations that use the facilities also follow this guidance.
- 3. Develop a plan for the possibility of repeated closures of classes, groups, or entire facilities when persons associated with the facility or in the community become ill with COVID-19.
- 4. Develop a plan to further support students with access and functional needs who may be at increased risk of becoming infected or having unrecognized illness due to COVID-19. For example, review existing student health plans to identify students who may need additional accommodations, develop a process for engaging families for potentially unknown concerns that may need to be accommodated, or identify additional preparations for classroom and non-classroom environments as needed. Groups who might be at increased risk of becoming infected or having unrecognized illness include the following:
  - a. Individuals who have limited mobility or require prolonged and close contact with others, such as direct support providers and family members.
  - b. Individuals who have trouble understanding information or practicing preventive measures, such as hand washing and physical distancing; and
  - c. Individuals who may not be able to communicate symptoms of illness.
- 5. Schools should review the CDPH Guidance and any applicable local health department guidance and incorporate face-covering use for students and workers into their COVID-19 Prevention Plan. Some flexibility may be needed for younger children consistent with child development recommendations.

B. Promote Healthy Hygiene Practices

The school's COVID-19 prevention plans address each of the following provisions:

- 1. Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.
  - a. Teach students and remind staff to use a tissue to wipe their nose and to cough/sneeze inside a tissue or their elbow.
  - b. Students and staff should wash their hands frequently throughout the day, including before and after eating; after coughing or sneezing; after classes where they handle shared items, such as outside recreation, art, or shop; and before and after using the restroom.
  - c. Students and staff should wash their hands for 20 seconds with soap, rubbing thoroughly after application. Soap products marketed as "antimicrobial" are not necessary or recommended.
  - d. Staff should model and practice hand washing. For example, for lower grade levels, use bathroom time as an opportunity to reinforce healthy habits and monitor proper handwashing.
  - e. Students and staff should use fragrance-free hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent hand washing is more effective than the use of hand sanitizers.
  - f. Ethyl alcohol-based hand sanitizers are preferred and should be used when there is the potential of unsupervised use by children.
    - i. Isopropyl hand sanitizers are more toxic when ingested or absorbed in skin.
    - ii. Do not use hand sanitizers that may contain methanol, which can be hazardous when ingested or absorbed.
  - g. Children under age 9 should only use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222.
- 2. Consider portable handwashing stations throughout a site and near classrooms to minimize movement and congregations in bathrooms to the extent practicable.
- 3. Develop routines enabling students and staff to regularly wash their hands at staggered intervals.
- 4. Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, notouch trashcans, face coverings, and hand sanitizers with at least 60 percent ethyl alcohol for staff and children who can safely use hand sanitizer.
- 5. Information contained in the CDPH Guidances for the Use of Face Coverings to staff and families, including the circumstances in which face coverings must be worn and the exemptions, as well as any policies, work rules, and practices the employer has adopted to ensure the use of face coverings.
- 6. Employers must provide and ensure staff use face coverings in accordance with CDPH guidelines and all required protective equipment.
- 7. The school has a sufficient supply of personal protective equipment (PPE) necessary to protect employees. The plans specify the type of PPE needed for tasks performed by employees.
- 8. Strongly recommend that all students and staff be immunized each autumn against influenza unless contraindicated by personal medical conditions, to help:
  - a. Protect the school community
  - b. Reduce demands on health care facilities
  - c. Decrease illnesses that cannot be readily distinguished from COVID-19 and would therefore trigger extensive measures from the school and public health authorities.

#### C. Face Coverings

- 1. Consistent with CDPH guidance (January 12, 2022) "schools must develop and implement local protocols to enforce the mask requirements".
  - a. Teach and reinforce use of face coverings, or in limited instances, face shields.
  - b. Students and staff should be frequently reminded not to touch the face covering and to wash their hands frequently.
  - c. Information should be provided to all staff and families in the school community on proper use, removal, and washing of cloth face coverings.
  - d. Training should also include policies on how people who are exempted from wearing a face covering will be addressed.
- 2. The District's plans regarding students' use of face coverings includes the following elements:
  - a. Persons younger than two years old, anyone who has trouble breathing, anyone who is unconscious or incapacitated, and anyone who is otherwise unable to remove the face covering without assistance are exempt from wearing a face covering.
  - b. A cloth face covering, or face shield should be removed for meals, snacks, naptime, or outdoor recreation, or when it needs to be replaced. When a cloth face covering is

temporarily removed, it should be placed in a clean paper bag (marked with the student's name and date) until it needs to be put on again.

- c. If a student arrives at school without a mask they will not be removed from the classroom. We will work closely with our parents and implement the following protocols:
  - i. Students will be offered a mask or face shield
  - ii. Parents will be informed about the importance of wearing masks
  - iii. Independent study will also be offered as an option to in-person learning
- 3. The school's plans regarding staff use of face covers includes the following elements:
  - a. All staff must use face coverings in accordance with CDPH guidelines unless Cal/OSHA standards require respiratory protection.
  - b. In limited situations where face coverings cannot be used for pedagogical or developmental reasons, (i.e. communicating or assisting young children or those with special needs) a face shield can be used instead of a cloth face covering while in the classroom as long as the wearer maintains physical distance from others, to the extent practicable. Staff must return to wearing a face covering outside of the classroom.
  - c. Workers or other persons handling or serving food must use gloves in addition to face coverings. Employers should consider where disposable glove use may be helpful to supplement frequent hand washing or use of hand sanitizer; examples are for workers who are screening others for symptoms or handling commonly touched items.
- D. Ensure Teacher and Staff Safety

The school's COVID-19 prevention plans address each of the following provisions:

- 1. The school's plan to protect teachers and staff includes the following elements:
  - a. Ensuring staff maintain physical distancing from each other is critical to reducing transmission between adults.
  - b. Ensure that all staff use face coverings in accordance with CDPH guidelines and Cal/OSHA standards.
  - c. Support staff who are at higher risk for severe illness or who cannot safely distance from household contacts at higher risk, by providing options such as telework, where appropriate, or teaching in a virtual learning or independent study context.
  - d. Conduct all staff meetings, professional development training and education, and other activities involving staff with physical distancing measures in place, or virtually, where physical distancing is a challenge.
  - e. Minimize the use of and congregation of adults in staff rooms, break rooms, and other settings.
  - f. Implement procedures for daily symptom monitoring for staff.
- E. Intensify Cleaning, Disinfection, and Ventilation

- 1. Consider suspending or modifying use of site resources that necessitate sharing or touching items. For example, consider suspending use of drinking fountains and instead encourage the use of reusable water bottles.
- 2. Staff should clean and disinfect frequently touched surfaces at school and on school buses at least daily and, as practicable, these surfaces should be cleaned and disinfected frequently throughout the day by trained custodial staff. Frequently touched surfaces in the school include, but are not limited to:
  - a. Door handles
  - b. Light switches
  - c. Sink handles
  - d. Bathroom surfaces
  - e. Tables
  - f. Student desks
  - g. Chairs
- 3. Buses should be thoroughly cleaned and disinfected daily and after transporting any individual who is exhibiting symptoms of COVID-19. Drivers should be provided disinfectant wipes and disposable gloves to support disinfection of frequently touched surfaces during the day.
- 4. Limit use and sharing of objects and equipment, such as toys, games, art supplies and playground equipment to the extent practicable. When shared use is allowed, clean and disinfect between uses.
- 5. When choosing disinfecting products, use those approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list "N" and follow product instructions.
  - a. To reduce the risk of asthma and other health effects related to disinfecting, programs should select disinfectant products on list N with asthma-safer ingredients (hydrogen peroxide, citric acid or lactic acid) as recommended by the US EPA Design for Environment program.

- b. Avoid products that contain peroxyacetic (paracetic) acid, sodium hypochlorite (bleach) or quaternary ammonium compounds, which can cause asthma.
- c. Follow label directions for appropriate dilution rates and contact times. Provide workers training on the chemical hazards, manufacturer's directions, Cal/OSHA requirements for safe use, and as applicable and as required by the Healthy Schools Act.
- d. Custodial staff and any other workers who clean and disinfect the school site must be equipped with proper protective equipment, including gloves, eye protection, respiratory protection, and other appropriate protective equipment as required by the product instructions. All products must be kept out of children's reach and stored in a space with restricted access.
- e. Establish a cleaning and disinfecting schedule in order to avoid both under- and over-use of cleaning products.
- 6. Ensure safe and correct application of disinfectant and keep products away from students.
- 7. Ensure proper ventilation during cleaning and disinfecting. Introduce fresh outdoor air as much as possible, for example, by opening windows where practicable. When cleaning, air out the space before children arrive; plan to do thorough cleaning when children are not present. If using air conditioning, use the setting that brings in outside air. Replace and check air filters and filtration systems to ensure optimal air quality.
  - If opening windows poses a safety or health risk (e.g., by allowing pollen in or exacerbating asthma symptoms) to persons using the facility, consider alternatives. For example, maximize central air filtration for HVAC systems (targeted filter rating of at least MERV 13).
- 8. Consider installing portable high-efficiency air cleaners, upgrading the building's air filters to the highest efficiency possible, and making other modifications to increase the quantity of outside air and ventilation in classrooms, offices, and other spaces.
- 9. Take steps to ensure that all water systems and features (for example, drinking fountains and decorative fountains) are safe to use after a prolonged facility shutdown to minimize the risk of Legionnaires' disease and other diseases associated with water.
- F. Implementing Distancing Inside and Outside the Classroom

- 1. During arrival and departure:
  - a. Maximize space between students and between students and the driver on school buses and open windows to the greatest extent practicable.
  - b. Designate routes for entry and exit, using as many entrances as feasible. Put in place other protocols to limit direct contact with others as much as practicable.
  - c. Ensure each bus is equipped with extra unused face coverings on school buses for students who may have inadvertently failed to bring one.
- 2. In-classroom spaces:
  - a. Prioritize the use and maximization of outdoor space for activities where practicable.
  - b. Minimize movement of students and teachers or staff as much as practicable. For example, consider ways to keep teachers with one group of students for the whole day. In secondary schools or in situations where students have individualized schedules, plan for ways to reduce mixing among cohorts and to minimize contact.
  - c. Maximize space between seating and desks. Consider ways to establish separation of students through other means if practicable, such as where practicable, partitions between desks, markings on classroom floors to promote distancing, or arranging desks in a way that minimizes face-to-face contact.
  - d. Consider redesigning activities for smaller groups and rearranging furniture and play spaces to maintain separation.
  - e. Staff should develop instructions for maximizing spacing and ways to minimize movement in both indoor and outdoor spaces that are easy for students to understand and are developmentally appropriate.
  - f. Activities where there is increased likelihood for transmission from contaminated exhaled droplets, such as band and choir practice and performances, are not permitted.
  - g. Activities that involve singing must only take place outdoors.
  - h. Implement procedures for turning in assignments to minimize contact.
  - i. Consider using privacy boards or clear screens to increase and enforce separation between staff and students.
- 3. In non-classroom spaces:
  - a. Limit nonessential visitors, volunteers, and activities involving other groups at the same time.
  - b. Limit communal activities where practicable. Alternatively, stagger use, properly space occupants and disinfect in between uses.
  - c. Consider use of non-classroom space for instruction, including regular use of outdoor space,

- weather permitting. For example, consider part-day instruction outside.
- d. Minimize congregate movement through hallways as much as practicable. For example, establish more ways to enter and exit a campus, create staggered passing times when necessary or when students cannot stay in one room and create guidelines on the floor that students can follow to enable physical distancing while passing. In addition, schools can consider eliminating the use of lockers and moving to block scheduling, which supports the creation of cohort groups and reduces changes of classrooms.
- e. Serve meals outdoors or in classrooms instead of cafeterias or group dining rooms where practicable. Where cafeterias or group dining rooms must be used, ensure physical distancing, and consider assigned seating. Serve individually plated or bagged meals. Avoid sharing of foods and utensils and buffet or family- style meals.
- 4. For sports and extracurricular activities:
  - a. Avoid equipment sharing, and if unavoidable, clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.
  - b. Consistent with guidance for gyms and fitness facilities, cloth face coverings must be worn during indoor physical conditioning and training or physical education classes (except when showering). Activities that require heavy exertion should be conducted outside in a physically distanced manner without face coverings. Activities conducted inside should be those that do not require heavy exertion and can be done with a face covering. Players should take a break from exercise if any difficulty in breathing is noted and should change their mask or face covering if it becomes wet and sticks to the player's face and obstructs breathing. Masks that restrict airflow under heavy exertion (such as N-95 masks) are not advised for exercise.
  - c. Youth sports programs and schools should provide information to parents or guardians regarding this and related guidance, along with the safety measures that will be in place in these settings with which parents or guardians must comply.
  - d. Activities where there is increased likelihood for transmission from contaminated exhaled droplets such as band and choir practice and performances are not permitted.

#### G. Limit Sharing

The school's COVID-19 prevention plans address each of the following provisions:

- 1. Keep each child's belongings separated to the extent practicable areas.
- 2. Ensure adequate supplies to minimize sharing of high-touch materials (art supplies, equipment, etc.) to the extent practicable or limit use of supplies and equipment to one group of children at a time and clean and disinfect between uses.
- 3. Avoid sharing electronic devices, clothing, toys, books, and other games or learning aids as much as practicable. Where sharing occurs, clean and disinfect between uses.
- H. Train All Staff and Educate Families

The school's COVID-19 prevention plans address each of the following provisions:

- 1. Train all staff and provide educational materials to families in the following safety actions:
  - a. Enhanced sanitation practices
  - b. Physical distancing guidelines and their importance
  - c. Proper use, removal, and washing of face coverings
  - d. Screening practices
  - e. How COVID-19 is spread
  - f. COVID-19 specific symptom identification
  - g. Preventing the spread of COVID-19 if you are sick, including the importance of not coming to work if staff members have symptoms, or if they or someone they live with has been diagnosed with COVID-19.
  - h. For workers, COVID-19 specific symptom identification and when to seek medical attention
  - i. The employer's plan and procedures to follow when children or adults become sick at school.
  - j. The employer's plan and procedures to protect workers from COVID-19 illness.
- 2. Consider conducting the training and education virtually.

#### Check for Signs and Symptoms

- 1. Prevent discrimination against students who (or whose families) were or are diagnosed with COVID-19 or who are perceived to be a COVID-19 risk.
- Actively encourage staff and students who are sick or who have recently had close contact with a
  person with COVID-19 to stay home. Develop policies that encourage sick staff and students to
  stay at home without fear of reprisal, and ensure staff, students and students' families are aware
  of these policies.
- 3. Conduct visual wellness checks of all students or establish procedures for parents to monitor at home. If checking temperatures, use a no-touch thermometer.

- 4. Ask all individuals if they or anyone in their home is exhibiting COVID-19 symptoms.
- 5. Make available and encourage use of hand-washing stations or hand sanitizer.
- 6. Document/track incidents of possible exposure and notify local health officials, staff, and families immediately of any exposure to a positive case of COVID-19 at school while maintaining confidentiality, as required under FERPA and state law related to privacy of educational records. As noted in Section 11 below, the staff liaison can serve a coordinating role to ensure prompt and responsible notification.
- 7. If a student is exhibiting symptoms of COVID-19, staff should communicate with the parent/caregiver and refer to the student's health history form and/or emergency card.
- 8. Monitor staff and students throughout the day for signs of illness; send home students and staff with COVID-19 symptoms.
- 9. Policies should not penalize students and families for missing class.
- J. Plan for When a Staff Member, Child or Visitor Becomes Sick

The school's COVID-19 prevention plans address each of the following provisions:

- 1. Work with school administrators, nurses, and other healthcare providers to identify a waiting room or area to separate anyone who exhibits symptoms of COVID-19.
- 2. Any students or staff exhibiting symptoms should immediately be required to wear a face covering and be required to wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.
- 3. Establish procedures to arrange for safe transport home or to a healthcare facility, as appropriate, when an individual is exhibiting COVID-19 symptoms:
  - a. Fever
  - b. Cough
  - c. Shortness of breath or difficulty breathing
  - d. Chills
  - e. Repeated shaking with chills
  - f. Fatigue
  - g. Muscle pain
  - h. Headache
  - i. Sore throat
  - j. Congestion or runny nose
  - k. Nausea or vomiting
  - Diarrhea
  - m. New loss of taste or smell
- 4. For serious injury or illness, call 9-1-1 without delay. Seek medical attention if COVID-19 symptoms become severe, including persistent pain or pressure in the chest, confusion, or bluish lips or face. Updates and further details are available on CDC's webpage.
- 5. Notify local health officials immediately of any positive case of COVID-19, and exposed staff and families as relevant while maintaining confidentiality as required by state and federal laws.
- 6. Close off areas used by any individual suspected of being infected with the virus that causes COVID-19 and do not use before cleaning and disinfection. Ensure a safe and correct application of disinfectants using personal protective equipment and ventilation recommended for cleaning. Keep disinfectant products away from students.
- 7. Advise sick staff members and students not to return until they have met criteria.
- 8. Ensure that students, including students with disabilities, have access to instruction when out of class, as required by federal and state law.
- 9. Implement the necessary processes and protocols when a school has an outbreak, in accordance with CDPH guidelines.
- 10. Investigate the COVID-19 illness and exposures and determine if any work-related factors could have contributed to risk of infection. Update protocols as needed to prevent further cases.
- 11. Update protocols as needed to prevent further cases. See the CDPH guidelines, Responding to COVID-19 in the Workplace, which are incorporated into this guidance and contain detailed recommendations for establishing a plan to identify cases, communicating with workers and other exposed persons, and conducting and assisting with contact tracing.

#### K. Maintain Healthy Operations

- 1. The school has plans that describe how it will:
  - a. Monitor staff absenteeism and have a roster of trained back-up staff where available.
  - b. Monitor the types of illnesses and symptoms among your students and staff to help isolate them promptly as needed.
  - c. Designate a staff liaison or liaisons to be responsible for responding to COVID-19 concerns. Workers should know who they are and how to contact them. The liaison should be trained to

coordinate the documentation and tracking of possible exposure, in order to notify local health officials, staff and families in a prompt and responsible manner.

d. Maintain communication systems that allow staff and families to self- report symptoms and receive prompt notifications of exposures and closures, while maintaining confidentiality, as required by FERPA and state law related to privacy of educational records.

e. Support students who are at higher risk for severe illness or who cannot safely distance from household contacts at higher risk, by providing options such as independent study.

L. Considerations for Reopening and Partial or Total Closures

- 1. Check state and local orders and health department notices daily about transmission in the area or closures and adjust operations accordingly.
- 2. When a student, teacher, or staff member tests positive for COVID-19 and had exposed others at the school, refer to the CDPH Framework for K-12 Schools, and implement the following steps:
  - a. In consultation with the local public health department, the appropriate school official may decide whether school closure versus cleaning and quarantine of exposed persons or other intervention is warranted, including the length of time necessary, based on the risk level within the specific community as determined by the local public health officer.
  - b. Close off the classroom or office where the patient was based and do not use these areas until after cleaning and disinfection.
  - c. Additional areas of the school visited by the COVID-19 positive individual may also need to be closed temporarily for cleaning and disinfection.
  - d. Implement communication plans for exposure at school and potential school closures to include outreach to students, parents, teachers, staff, and the community.
  - e. Include information for staff regarding labor laws, information regarding Disability Insurance, Paid Family Leave and Unemployment Insurance, as applicable to schools.
  - f. Provide guidance to parents, teachers and staff reminding them of the importance of community physical distancing measures while a school is closed, including discouraging students or staff from gathering elsewhere.
  - g. Develop a plan for continuity of education. Consider in that plan how to also continue nutrition and other services provided in the regular school setting to establish alternate mechanisms for these services to continue.
  - h. Maintain regular communications with the local public health department.