

Social Emotional Learning Update

October 18, 2021

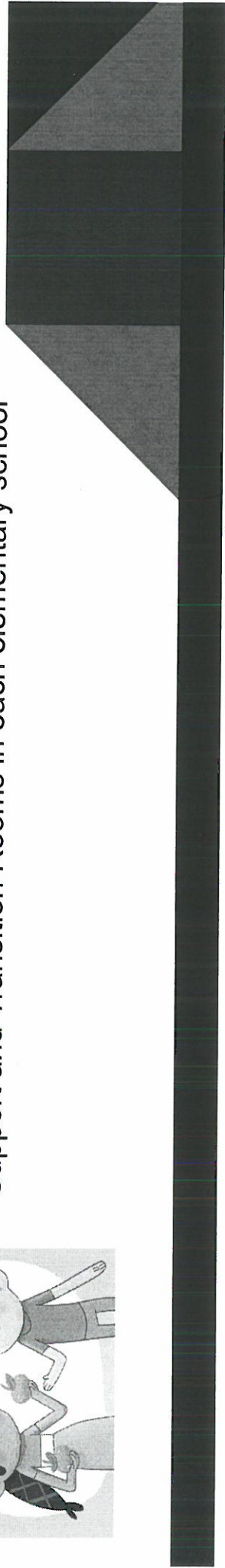
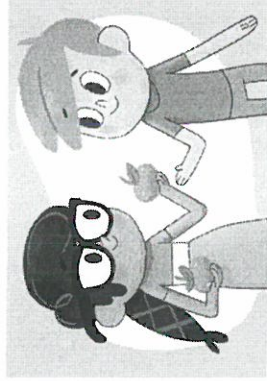


Elementary

second step®

Not Just Better Students,
Better People

- Biweekly or weekly SEL lessons by School Counselors - Lessons are focusing on Learning Behaviors, Life Readiness Skills, and Social Emotional Skills that our needs assessments indicated was a for our students
- K/1 SEL Teacher will begin in October - will help our youngest students develop social emotional competencies to proactively increase academics, reduce behaviors and increase positive learning behaviors and life readiness skills
- Classroom teachers teaching weekly Second Step lessons to support positive learning behaviors, and social skills
- Support and Transition Rooms in each elementary school





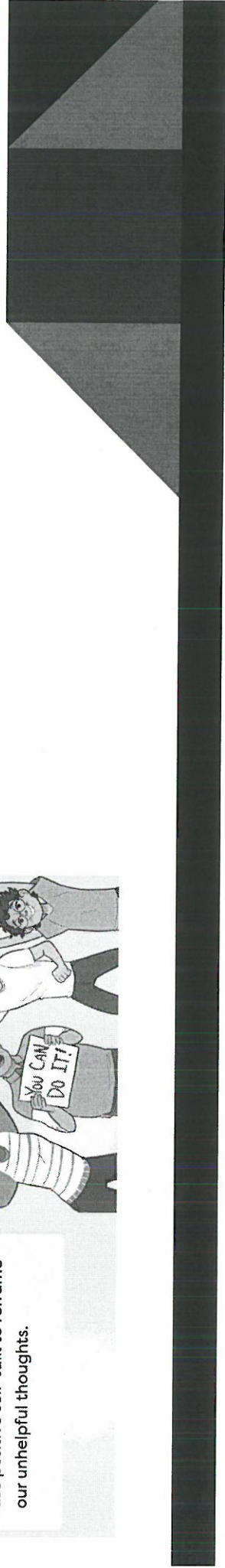
Middle School

SECOND STEP® MIDDLE SCHOOL
**Empowered
with Skills for
Life**

- Grade 5 - using Second Step and Mutt-i-greer (teaches lessons based on empathy using trained rescue animals and is facilitated by a guest speaker from the Animal Welfare Society).
- Grades 6-8 teachers use Second Step Curriculum - counselors support implementation or co-teach lessons
- Counselors use Character Strong lessons that guide the monthly themes
 - Counselors have also completed Suicide Prevention and Child Awareness Training with new staff
 - Support and Transition Room

Practicing Positive Self-Talk

In this lesson, we'll learn how to use positive self-talk to reframe our unhelpful thoughts.



High School

M O N T H L Y

Awareness Themes

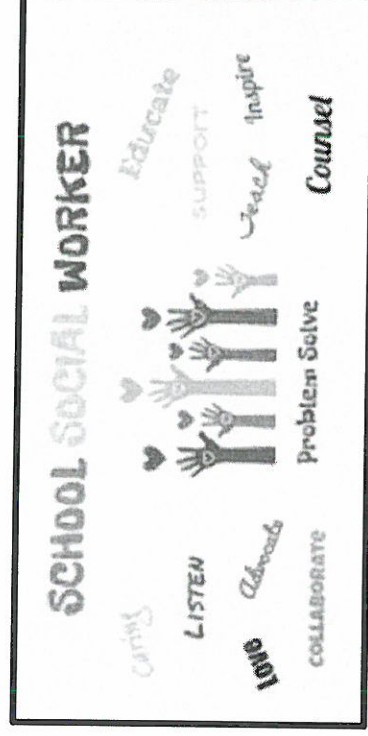
- Being taught by all teachers using Spartan homerooms once per month
- Lessons focus on:
 - Emotion Understanding & Regulation: How We Feel & How We Act
 - Empathy & Compassion: What We Understand & How We Care
 - Values & Purpose: Who We Are & What We Do
 - Goals & Habits: The Dreams We Have & The Actions To Get There
 - Leadership & Teamwork: Developing Agency & Working Together
- Counselors meet with students 1 on 1, small group and in large groups
- Monthly Awareness themes support guest speakers for each of the grade levels
- Support and Transition Room



Social Workers K-12



- Planning for small groups. Topics include but are not limited to:
 - Anxiety, Social Skills, Anger Management and Depression
- Receiving referrals from Counselors, MTSS and SAT meetings
- Greeting students in the morning
- Meet as a K-12 group under the leadership of Gayle Fallon twice a month during ERDs to learn about different topics that will help them grow as social workers



Counselors

- CJL
 - Jen Scremin
- MCS
 - Brittany McClure
- Pride
 - Laurie Keene
- Middle
 - Nicole Quarto
 - Vickie Thomas
 - Colleen Quartararo
 - Angela Avery
- High/SRTC
 - Beth Letourneau
 - Sarah Preston
 - Melissa Plattner
 - Greg MacDougal
 - Renee Bresnahan
 - Deanna Farrell

Social Workers

- CJL
 - Devyn Talbot
 - Sam Giese (SpEd)
- MCS
 - Delani Townsend
 - Joanne Spring-McDermott (SpEd)
- Pride
 - Gabrielle Sawyer
 - Elizabeth Cyr(SpEd)
- Middle
 - Brent Coleman
 - Susan Roeder-Knight(SpEd)
 - Shannon Tracy (SpEd)
- High
 - Gayle Fallon
 - Valerie Lemelin (SpEd)

Outreach Workers

- Cecilia Sirianna
 - Leah Marks
- Career Exploration
- Katie Schindler