March

2022 M.D. Williams

Thursday Friday

Main Dish or
Hamburger, or Chef
Salad plate offered
daily with vegies,
fruit, condiments &
milk

Monday

1. Beef Steak
Strips
Mashed Potatoes
/gravy
Carrot Coins
Fruit
Hot Roll
Milk

Tuesday

2. Dr. Seuss Day
Green Eggs &
Ham
Tater tots
Pineapple/GreenJello
Biscuit & Gravy
Milk

Wednesday

3. National Cold Cuts

Day

Deli Sandwich

Sand. Salad Cup

w/pickles

Roasted Beans

Broccoli florets

Fruit

Milk

4. Fish Sticks Quick Baked Potato Cole Slaw Hot Roll Fruit Milk

7. National Cereal Day
Redskin Café Bacon
Cheeseburger
French Fries
Sandwich Salad cup
Fruit
Milk

8. Taco Tuesday
Walking Taco
Lettuce/tomato
Salsa
Refried Beans
Cinnamon roll
Applesauce /Milk

<u>Wednesday</u> Chicken Tenders Waffles & Syrup Waffle French Fries Mandarin Oranges Milk

9. Waffleicious

10. National Ranch
 Dressing Day
 Pizza
 Romaine Salad
 Lite Ranch
 Green Beans
 Fruit & Milk

11. Fish Sandwich Cole slaw Sweet Potato Fries Pickle Spear Fruit Milk

14. <u>National Potato</u>
<u>Chip Day</u>
Chili Frito Pie
Broccoli/Carrot Stix
Ranch Dip
Fruit
Crackers
Milk

Veggies
Rice
Cherry Tomatoes
Fruit
Fortune Cookie
Milk

16 Breakfast Bowl
Ham Egg Cheese
Tater Bowl
Biscuit
Juice
Milk

17. Happy St. Patrick's Day
Quesadilla
Salsa
Seasoned Beans
Fruit
Milk

18.National Sloppy Joe

Day
Sloppy Joe Sandwich
French Fries
Pickle Spear
Fruit
Milk



28. Taco Burger Lettuce/Tomato Salsa Refried Beans Fruit Milk



29. BBQ Nachos Baked Beans Cole Slaw Fruit Milk



30. Calzone Marinara Sauce Romaine Salad Ranch Fruit Milk



31. Chicken Philly Sandwich Sandwich Veggies French Fries Pickle Spear Fruit Milk



This institution is an equal opportunity provider.

Veggies are TOPS.

Monday: Breakfast Pizza, Juice, Fruit, Milk Tuesday: Cereal Bar, String Cheese Juice, Fruit, Milk Wednesday: Pancake, Syrup, Ham, Fruit, Juice, Milk Thursday: Cinnamon Bun, Fruit, Juice, Milk Friday: Sausage, Gravy, Biscuit, Juice, Fruit, Milk

****Cereal, juice, fruit, milk...offered as daily choices,

Menus subject to change due to supply chain issues.

