March

2022 Pocahontas Elementary

menu

Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish or Hamburger plate offered daily with vegies, fruit, condiments & milk	1. Beef Steak Strips Mashed Potatoes /gravy Carrot Coins Fruit Hot Roll Milk	2. Dr. Seuss Day Green Eggs & Ham Tater tots Pineapple/GreenJello Biscuit & Gravy Milk	3. National Cold Cuts Day Deli Sandwich Sand. Salad Cup w/pickles Roasted Beans Broccoli florets Fruit Milk	4. Fish Sticks Quick Baked Potato Cole Slaw Hot Roll Fruit Milk
7. <u>National Cereal Day</u> Redskin Café Bacon Cheeseburger French Fries Sandwich Salad cup Fruit Milk	8. Taco Tuesday Walking Taco Lettuce/tomato Salsa Refried Beans Cinnamon roll Applesauce /Milk	9. Waffleicious Wednesday Chicken Tenders Waffles & Syrup Waffle French Fries Mandarin Oranges Milk	10. National Ranch <u>Dressing Day</u> Pizza Romaine Salad Lite Ranch Green Beans Fruit & Milk	11. Fish Sandwich Cole slaw Sweet Potato Fries Pickle Spear Fruit Milk
14. <u>National Potato</u> <u>Chip Day</u> Chili Frito Pie Broccoli/Carrot Stix Ranch Dip Fruit Crackers Milk	15 Chicken Stir Fry Veggies Rice Cherry Tomatoes Fruit Fortune Cookie Milk	16 <u>Breakfast Bowl</u> Ham Egg Cheese Tater Bowl Biscuit Juice Milk	17. Happy St. Patrick's Day Quesadilla Salsa Seasoned Beans Fruit Milk	18.National Sloppy Joe <u>Day</u> Sloppy Joe Sandwich French Fries Pickle Spear Fruit Milk
				Spring Break!
28. Taco Burger	20 RRO Nachos	30. Calzone	31. Chicken Philly	

Lettuce/Tomato Salsa Refried Beans Fruit

Fruit Milk 29. BBQ Nachos Baked Beans Cole Slaw Fruit Milk 30. Calzone
Marinara Sauce
Romaine Salad
Ranch
Fruit
Milk

31. Chicken Philly
Sandwich
Sandwich Veggies
French Fries
Pickle Spear
Fruit
Milk

This institution is an equal opportunity provider.

Veggies are TOPS.

Monday: Breakfast Pizza, Juice, Fruit, Milk Tuesday: Cereal Bar, String Cheese Juice, Fruit, Milk Wednesday: Pancake, Syrup, Ham, Fruit, Juice, Milk Thursday: Cinnamon Bun, Fruit, Juice, Milk Friday: Sausage, Gravy, Biscuit, Juice, Fruit, Milk ****Cereal, juice, fruit, milk...offered as daily choices,

