



Highway 36 Junior High Track & Field Meet Thursday April 21, 2022

Location: Rock Hills High School Track - 710 E. Madison Mankato, KS 66956

Schools Attending: Southern Cloud, Rock Hills, Pike Valley, Washington County, Republic County, Smith Center, Linn

Entries Due: Wednesday April 20th at 1:00 pm. We will be using athletic.net for our online entries. See the attached instruction sheet to guide you through the process if you are unfamiliar with this site.

Entry Fee: \$120.00 per school (payable to Rock Hills USD 107, mailing address 109 E. Main Street Mankato KS 66956)

Scoring: 10 – 8 – 6 – 4 – 2 – 1

Entrants: Three participants per event, per school. One relay team per race, per school. Jumpers and throwers will receive 3 throws or jumps with no finals (with the exception of high jump and pole vault). Hurdles will be at 30", with exception of 8th grade boys at 33".

Starting Times: Coaches Meeting at 2:15 pm in the high school cafeteria area
First call for field events – 2:45 pm
Field events start – 3:00 pm (2:30 early start for pole vault)
Running events start – 4:30 pm
The 3200 M Run (NOW 7TH & 8TH) will be run at 4:00

Awards: Medals will be awarded to the first three places in each event and all relays. Plaques will be awarded for the 1st place boy's and girl's teams in each division at the completion of the meet. Coaches may pick up their team's medals and meet results after the meet in the Press Box.

Team camps: Please have your team camps on the outside of the track. PLEASE, no team camps on the inside of the track.

Concessions: There will be no concession stand

General Information: KSHSAA rules will be followed. Be sure that entries are in on time and that a time, distance, or height is recorded by each entry so we can get them properly processed. Substitutions or scratches can be made at the Coaches Meeting (NO ADDITIONS). At the end of the Track Meet, PLEASE HAVE YOUR TEAMS HELP CLEAN THE AREAS AROUND THEIR CAMPS.

Please call if you have any questions or concerns. You can reach me by email at shavenstein@usd107.org /School Phone 785-378-3126 /Cell 785-410-4035

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Order of Events

2:30 POLE VAULT:

Order as follows: 7th/8th Girls combined followed by 7th/8th Boys combined

3:00 FIELD EVENTS:

Shot Put – 7th Boys followed by 8th Boys North Ring
Shot Put – 8th Girls followed by 7th Girls South Ring
Discus – 8th Boys followed by 7th Boys North Ring
Discus – 7th Girls followed by 8th Girls South Ring
Javelin – 7th Boys followed by 8th Boys North Approach
Javelin – 8th Girls followed by 7th Girls South Approach
Long Jump (North East Pit) 7th Boys Followed by 8th Boys
Long Jump (North Pit) 7th Girls followed by 8th Girls
Triple Jump (South East Pit) order as follows: 8th Girls/8th Boys/7th Girls/7th Boys
High Jump (East Pit) 7th Boys followed by 8th Boys
High Jump (West Pit) 7th Girls followed by 8th Girls

4:00 Begin 3200M Run

4:30 Begin Running Events

Running events will be run as follows: 7th Girls/8th Girls/7th Boys/8th Boys

100m Hurdles (8th Boys 33")

100m Dash
1600m Run
4x100m Relay
400m Dash
4x200m Relay
200m Hurdles
800m Run
200m Dash
Medley Relay