

## Why Join **MP Track & Field**?

First Day: February 28th @ 3:00

Wrestling Room

Live FACE to FACE Social Network	It's FUN	Competitive	Get Super FIT	Work toward reaching personal goals
Get outside for fresh air and sunshine	Achieve Personal Bests	Make new friends	Learn something new	Track makes you better in other sports
Be part of a team	Work at earning a varsity letter	Kids who participate in sports do better in school	Great coaching staff - ALL are Tomahawk alums.	Positive environment
You have the rest of your life to work	Recommended by 10 out of 10 Doctors	Be healthy - relieve stress and boredom	Learn Mental Toughness	Create awesome memories
Brand New Uniforms	Become part of the MP Track Family	Set a new school record	Earn a spot on the all-time honor roll	Jump, Run, Sprint, Hurdle, Vault, Throw, Relays

