

Menu Day – Nutrient Analysis

Menu: Lunch - BBQ Rib Sandwich \u0026 Baked Beans
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: K-12

| Nutrient Summary | | | |
|---------------------------|-----------------------|--------------|---------------|
| Nutrient | Weekly Standard Value | Actual Value | % of Calories |
| Calories (Kcal)(1) | [550.00 - 650.00] | 571.88 | |
| Total Fat (g) | | 5.62 | 8.84 |
| Sat Fat (g)(1) | < 10.00 % of Calories | 1.90 | 2.99 |
| Trans Fat (g)(2) | | 0.00(M) | |
| Chol (mg) | | 24.89(M) | |
| Sodium Target 1 (mg) (13) | < 1,230.00 | 1,347.59 | |
| Sodium Target 2 (mg) (13) | < 935.00 | 1,347.59 | |
| Carb (g) | | 103.51 | 72.40 |
| Total Fiber (g) | | 15.58 | |
| Total Sugars (g) | | 53.34(M) | 37.31 |
| Added Sugars (g) | | 0.00(M) | |
| Protein (g) | | 26.45 | 18.50 |
| Iron (mg) | | 5.24 | |
| Calcium (mg) | | 447.34 | |
| VitA (IU) | | 24,440.60(M) | |
| VitC (mg) | | 55.43(M) | |
| VitD (mcg) | | 0.00(M) | |
| Potassium (mg) | | 438.35(M) | |
| Mois (g) | | 174.05(M) | |
| Ash (g) | | 1.08(M) | |

| Food Component Summary | | | |
|------------------------|----------------|--------------|------------|
| Food Component | Standard Value | Actual Value | % of Total |
| Meat/MA | >= 1.000 | 1.000 | |
| Grains | >= 1.000 | 1.000 | |
| Non-WGR | | 0.000 | |
| WGR | | 1.000 | |
| Grain-D | | 0.000 | |
| Fruit | >= 0.500 | 0.500 | |
| Fruit-J | | 0.000 | |
| Veg | >= 0.750 | 1.500 | |
| Veg-DG | | 0.000 | |
| Veg-RO | | 1.000 | |
| Veg-BP | | 0.500 | |
| Veg-S | | 0.000 | |
| Veg-O | | 0.000 | |
| Veg-X | | 0.000 | |
| Vegetable-J | | 0.000 | |
| MILK-F | >= 1.000 | 1.000 | |
| MILK-V | | Pass | |

Legend

PrimerEdge will flag based on USDA requirements starting School Year 2019-2020 for WGR and 1% flavored milk, for prior years, please consult your State Agency for that School Year requirements and waiver status.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2024 and does not impact pass/fail compliance prior to that date.

Menu Day – Nutrient Analysis

| Menu Item (Serving Size) | Plan Qty | Calories (Kcal) | Total Fat (g) | Sat Fat (g) | Trans Fat (g) | Chol (mg) | Sodium (mg) | Carb (g) | Total Fiber (g) | Total Sugars (g) | Added Sugars (g) | Protein (g) | Iron (mg) | Calcium (mg) | VitA (IU) | VitC (mg) | VitD (mcg) | Potassium (mg) | Moisture (g) |
|---|----------|-----------------|---------------|-------------|---------------|-----------|-------------|----------|-----------------|------------------|------------------|-------------|-----------|--------------|-----------|-----------|------------|----------------|--------------|
| Lunch - BBQ Rib Sandwich & Baked Beans | 150 | | | | | | | | | | | | | | | | | | |
| Category: Entrees; May Choose: 1 | | | | | | | | | | | | | | | | | | | |
| BBQ Rib Sandwich - LR1147 (1/2 ea.) | 150 | 145.00 | 4.25 | 1.50 | 0.00 | 17.50 | 200.50 | 17.50 | 1.50 | 3.50 | (M) | 9.50 | 1.62 | 30.00 | 50.00 | 0.60 | (M) | (M) | (M) |
| Category: Vegetables; May Choose: 2 | | | | | | | | | | | | | | | | | | | |
| Baby Carrots - LR1064 (6 oz.) | 150 | 59.53 | 0.23 | 0.03 | (M) | (M) | 132.68 | 14.02 | 4.93 | 8.10 | (M) | 1.09 | 1.52 | 54.43 | 23456.79 | 4.42 | (M) | 403.14 | 153.69 |
| Baked Beans - LR1142 (1/2 c.) | 150 | 140.00 | 0.00 | 0.00 | 0.00 | 0.00 | 450.00 | 29.00 | 7.00 | 11.00 | (M) | 6.00 | 1.80 | 60.00 | 0.00 | 1.20 | (M) | (M) | (M) |
| Category: Fruits; May Choose: 1 | | | | | | | | | | | | | | | | | | | |
| Oranges, Fresh - LR1105 (1/2 medium (2-)) | 150 | 31.00 | 0.08 | 0.01 | 0.00 | 0.00 | 0.00 | 7.70 | 1.55 | (M) | (M) | 0.62 | 0.07 | 26.00 | 147.50 | 34.85 | (M) | (M) | (M) |
| Category: Milk; May Choose: 1 | | | | | | | | | | | | | | | | | | | |
| DG Fat Free Chocolate Milk - LR1040 (1 ea.) | 130 | 120.00 | 0.00 | 0.00 | 0.00 | 5.00 | 180.00 | 20.00 | 0.00 | 18.00 | (M) | 8.00 | 0.00 | 250.00 | 750.00 | 0.00 | (M) | (M) | (M) |
| Milk, 1%, White - LR1002 (1 Carton) | 20 | 110.00 | 2.50 | 1.50 | 0.00 | 15.00 | 130.00 | 13.00 | 0.00 | 12.00 | (M) | 9.00 | 0.00 | 26.00 | (M) | (M) | (M) | (M) | (M) |
| Category: Condiments; May Choose: 3 | | | | | | | | | | | | | | | | | | | |
| BBQ Sauce - LR1148 (1 tbsp.) | 150 | 35.00 | 0.00 | 0.00 | 0.00 | 0.00 | 145.00 | 9.00 | 0.00 | 8.00 | (M) | 0.00 | 0.18 | 0.00 | 0.00 | 1.80 | (M) | (M) | (M) |
| Ketchup - Condiment - LR1134 (1 tbsp.) | 150 | 20.00 | 0.00 | 0.00 | 0.00 | 0.00 | 50.00 | 4.00 | 0.00 | 4.00 | (M) | 0.00 | 0.00 | 20.00 | 100.00 | 12.00 | (M) | (M) | (M) |
| Ranch Dressing - Condiment - LR1139 (1/8 c.) | 150 | 22.68 | 0.73 | 0.15 | 0.00 | 1.06 | 196.08 | 3.23 | 0.59 | 1.54 | (M) | 1.11 | 0.05 | 36.78 | 36.31 | 0.55 | 0.00 | 35.21 | 20.36 |