

# Free! Strengthening Families Program



## Parents, Guardians, Caregivers and Children

Join us to participate in a series of family nights with lots of interaction and fun!

### LEARN HOW TO:

Listen more and yell less.

Prevent behavior problems.

Improve your relationship with your kids.

Build stronger relationships in the family.

Better manage stress.

**When?** The Program will be offered weekly starting in February 2022 for 14 weeks on Mondays from 6:30p.m. to 8 p.m. Classes will be taught virtually. We will provide Tablets if needed. Families who are residents of York County, with at least one child aged 6-11 years, are eligible to participate. Minimum one adult and one minor must participate in a session.

**Easy Enrollment:** Please contact Ms. Geisel Lawhun via text at (803) 493-8989 or send an e-mail to: lawhun@growinghomese.com

Families who complete 10 sessions of the program will participate in a graduation ceremony and receive a certificate.

**Benefits:** Lots of prizes! Lots of fun! Lots of learning!

- Classes taught by professionals with experience in the family area.
- We will provide the funds to ensure that you have a complete dinner at each meeting.
- Gifts, gift cards, and giveaways every week.

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