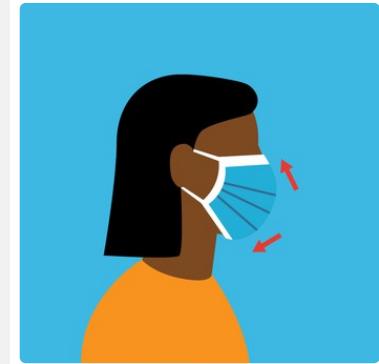
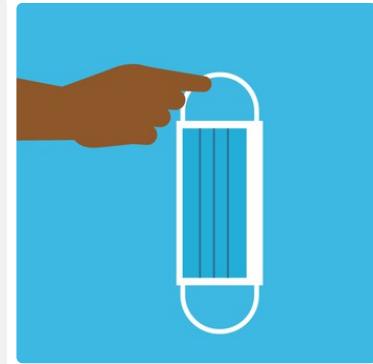


Nurse's Notes

Back to School

Welcome Back

Last year was an exciting year and different from any other. Please make sure that your contact information is up-to-date in the parent portal so that you can be contacted if your child is sick. Please keep your child home if they are sick in the morning. If your child is ill at school, start thinking of a back up plan for getting your child home when you can't be nearby. Masks will be required on the bus per a federal transportation mandate. Masks are strongly recommended this year for in-person learning but not required. Below you will see how to properly wear masks. Please share this with your child. Remember that kids are very impressionable and your opinion matters most to them. Please keep a positive attitude when discussing this next school year with your child. Everyone is doing their best. We are all excited to be able to get back to school and work in-person with your child.



Wash your hands before and after placing your mask

1. Lather your hands by rubbing them together with the soap.
2. Scrub your hands for at least 20 seconds.
3. Rinse your hands well under clean, running water

Only handle the straps of the mask

Do not touch the front of your mask, share masks, or touch another person's mask.

Ensure a proper fit across the nose to the bottom of the chin

If you have to move the mask every time you speak or throughout the day, it indicates it does not have a proper fit and should be adjusted permanently. **Do not leave your nose or mouth uncovered.**

Home Assessments are Essential

Please talk with your child every morning

Check their temperature everyday before they leave the house and ask them if they feel okay.

If they are experiencing any symptoms or illness please keep them home.

Symptoms to keep your child home for at least 24 hours or until symptom-free:

- Fever greater or equal to 100.4
- Cough/difficulty breathing
- Loss of taste or smell
- Puss or discharge coming from one or both eyes
- Sore throat (especially with fever)
- Nausea, vomiting, diarrhea
- Fatigue
- Muscle/Body aches
- Congestion/Runny nose
- Headache



Contact us with any questions

 [jengemann@hermann.k12.mo...](mailto:jengemann@hermann.k12.mo.us)

 573-486-3121 (1204)

 hermann.k12.mo.us/

Student Symptom Decision Tree

Screen all students for potential COVID-19 symptoms or exposure

Low-risk: general symptoms



Fever ($\geq 100.4^{\circ}\text{F}$)



Congestion/runny nose



Nausea/vomiting/diarrhea



Sore throat



Headache



Fatigue/muscle or body aches

High-risk: red flag symptoms



Cough



Difficulty breathing



Loss of taste/smell

Exposure to COVID-19 positive person?

Close contact: less than 6 feet, 15 minutes or longer

NO

► 1 low risk symptom



Send home



Return to school 24 hrs after symptom resolution (without fever reducing medication)

► ≥ 2 low risk symptoms

OR 1 high risk symptom



Send home



Evaluation by health care provider

1 Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file. SARS-CoV-2 PCR test not needed.

2 Negative SARS-CoV-2 PCR test.

3 Positive SARS-CoV-2 PCR test
OR
No provider visit or test.



Return to school after 24 hrs without fever and symptoms improving

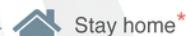


Return to school after 24 hrs without fever and symptoms improving



Return to school only after 10 days since symptom onset and 24 hrs without fever. Quarantine close contacts of confirmed cases. If any questions, contact local health care provider.

YES



Stay home*

*In consultation with local health care provider



Return to school after 14 days from last contact, unless symptoms develop. If symptoms develop, perform SARS-CoV-2 PCR test.

This care pathway was designed to assist school personnel and is not intended to replace the clinician's judgment or establish a protocol for all patients with a particular condition. Diagnosis and treatment should be under the close supervision of a qualified health care provider.