



Hugoton Middle School
115 West 11th St. Hugoton, KS 67951
Ph: 620-544-4341 Fax: 620-544-4856

Tina Salmans Principal
Andreia Moore, Counselor
www.usd210.org

Hugoton Middle School Weekly Bulletin

"Creative people do not see things for what they are; they see them for what they can be."

Monday- January 31st <ul style="list-style-type: none">7th/8th grade basketball HOME vs Garden City 4PM
Tuesday- February 1st <ul style="list-style-type: none">Student/Parent/Teacher Conferences 4PM-8PM
Wednesday- February 2nd, Unplugged Focus: <i>This week students are working hard on polishing off their Individual Plans of Study to present to you at conferences next week. This week 7th graders learned more about their personalities' and how they applied to their careers and 8th graders discovered and thought through their skills. Feel free to ask your child what he or she is learning about themselves.</i>
Thursday- February 3rd <ul style="list-style-type: none">Student/Parent/Teacher Conferences 8AM-8PM
Friday- February 4th <ul style="list-style-type: none">NO SCHOOL

HMS Reminders:

- School starts at 8AM.
- Grades can be checked on GoEdustar at anytime. If you need help setting up an account email kathy.purcell@usd210.org.
- Student/Parent Teacher conferences at HMS are student led. Conferences are a great way to learn about your students' educational success AND a great way for teachers to get to know your students. Students will share from IPS documents as well as share their academic successes. Please be sure to call the school to set up your conference. 620-544-4341 We look forward to hearing from you.
- This week at HMS we started a guessing jar and students guessed how many M&M's were in the jar. The correct answer was 578 and Rueben Cruz was the winner.
- HMS is a cell phone free zone. Please make sure phones are out of sight in order to be out of mind.



Photo collage courtesy of Reghan Buttry



**- PARENT POINTS TO PONDER:
COMMUNICATION TIPS FOR PARENTS**

If children are going to survive and thrive in tomorrow's complex world, they need to practice solving as many problems as possible... today! The following process is designed to get kids thinking more about their problems than we do.

Step 1: Provide a strong and sincere dose of empathy.

Empathy allows the child to stay calm enough to solve the problem... and learn from it. Experiment with saying something like:

Oh no. This is a problem. I bet that's really upsetting.

Step 2: Hand the problem back.

After you have proven that you care, ask:

What do you think you might do to solve this problem?

Don't be shocked if the child mumbles, "I don't know."

Step 3: Ask permission to share what "some kids" have tried.

Avoid giving suggestions until you have asked:

Would you like to hear what some other kids have tried?

Step 4: Provide two or three alternatives for solving the problem.

Remember to avoid resistance by saying:

Some kids decide to _____.

How would that work for you?

Step 5: Allow the child to solve or not to solve the problem.

Resist the urge to tell the child which alternative to pick.