



101 NE 3rd St.
Box 970
Linton, ND 58552
(701) 254-4717

Wednesday, January 26, 2022

Dear Parent/Guardian,

Linton School has been notified that a 5th grade student has tested positive for COVID-19. Staff or students that test positive for COVID-19 will isolate for 5 days following the confirmed positive test from a health official, and not return to school unless they are asymptomatic and fever free for 24 hours without the use of medication. Linton School is not quarantining close contacts; however, we are asking parents to monitor your child for signs and symptoms of COVID-19 and keep them home if they are not feeling well. This notification is a precautionary measure and serves as the district's communication regarding a positive case that is currently isolating and not in the school.

COVID-19 is a contagious disease that mainly spreads when an infected person coughs or sneezes. Common symptoms of COVID-19 are fever and cough. Some individuals may also experience shortness of breath, runny nose, fatigue, sore throat, body aches, headache, chills, or loss of taste/smell. Symptoms can vary by person and range from very mild symptoms to severe illness.

Please consider the following North Dakota Department of Health recommendations to prevent the spread of illnesses:

- wash hands often with soap and water for at least 20 seconds
- avoid touching eyes, nose, and mouth with unwashed hands
- cover coughs and sneezes with a tissue and throw it away
- clean and disinfect frequently touched surfaces/objects regularly
- get plenty of rest, drink fluids, and eat healthy foods
- avoid close contact with people who are sick
- stay home when you are sick
- consider getting tested 7-10 days after date of last exposure

Please refer to the Linton School website at www.linton.k12.nd.us for additional COVID-19 resources and information. If you have any additional questions, please contact the school at 254-4717, or 254-4173.

Sincerely,

Paul Keeney
Superintendent