Updated COVID Protocols

Effective January 25, 2022

Clinton County

Do you have symptoms of COVID-19? (Symptoms listed below under important information.)

Yes → **Stay home and get tested. See reverse side for isolation and testing information.**

No

Have you been identified as a close contact of someone with COVID-19?

No → **No further action required.**

Yes

Are you fully vaccinated?

Yes → **Monitor for symptoms for 10 days. Recommend to test fifth day after exposure.**

No

Quarantine for five days and monitor for symptoms. Recommend to test on day 5 after exposure.

Quarantine Form Link

https://coronavirus.health.ny.gov/new-york-state-contact-tracing

Important Information

— COVID-19 symptoms include: fever, chills, cough, loss of taste or smell, shortness of breath, fatigue, muscle or body aches, headache, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, trouble breathing, chest pain, confusion or trouble waking up, bluish lips or face.

Champlain Valley Educational Services

Updated COVID Protocols

Effective January 25, 2022

Important Information

Please note, these policies and guidelines are ever evolving. Be sure to utilize the most recent information. COVID Guidelines are established by the CDC, the New York State Department of Health (NYSDOH) and our local health departments. The local health department makes final determinations regarding how these guidelines are implemented in each county. Additionally, schools must operate within the guidance of the New York State Education Department.

Isolation Policies

• Everyone who tests positive for COVID should stay home and isolate. Day 0 is the date of onset symptoms or date of a COVID test, and an individual is now eligible to be released from isolation after 5 days if symptoms are improving.

• For five days following isolation, you must wear a well-fitting mask around other people.

• If you are immunocompromised or unable to wear a well-fitting mask while around other people, you should continue to isolate for a full 10 days.

• Only return to work or school after day 5 if symptoms have improved and are fever free for 24 hours without the use of fever reducing medication.

Vaccination Status For Exposure

• **If you're fully vaccinated and got a booster shot at least two weeks before exposure:** You do not have to quarantine after a close contact with someone positive. Wear a well-fitting mask anytime you're around others for 10 days. If possible, get tested on day 5.

• **If you have your initial doses of the vaccine** (2 for Pfizer and Moderna and 1 for Johnson and Johnson) **and are eligible for a booster** (5 months away from your first dose of Pfizer (12 or older) or Moderna / 2 months away from Johnson and Johnson) **but have not yet received one**: You may ride the bus and attend school, wearing a well-fitting mask any time you are around others. For 5 days, you should quarantine when you are not at school, and you cannot participate in extracurricular activities.

• **If you are not vaccinated:** You should not attend school and should fully quarantine for five days and wear a well-fitting mask around others for five days after that. If possible, get tested on day 5. If you have access to an antigen kit, consider testing on day 2 or 3 and again on day 5.

Clinton County Testing Locations

Test Kits

• An at home test kit may be available at your child's school district or district of employment.

• If you need isolation or quarantine paperwork, please visit https://coronavirus.health.ny.gov/new-york-state-contact-tracing

Asymptomatic Exposure Testing

• If you are exposed to COVID-19 and need a test after day 5, you may obtain the test through the Clinton County ELC Grant testing program administered in each school district as part of the CVES COVID-19 testing program. Please access information at this website: https://www.cves.org/covid-19-testing-information/

• A NYS PCR testing location is also available with Quadrant Biosciences at SUNY Plattsburgh's Adirondack Hall, Monday to Friday 8:30 a.m. to 4 p.m.. You can schedule an appointment at: https://app.squarespacescheduling.com/schedule.php?owner=24841628&calendarID=6384532

Symptomatic Testing

• Drive Up Testing Option for staff and students of Clinton County Schools is available at this website: https://www.cves.org/covid-19-testing-information/

• A NYS PCR testing location is also available with Quadrant Biosciences at SUNY Plattsburgh's Adirondack Hall, Monday to Friday 8:30 a.m. to 4 p.m.. You can schedule an appointment at the following weblink. https://app.squarespacescheduling.com/schedule.php?owner=24841628&calendarID=6384532

• Information on other local testing locations is available at: https://coronavirus.health.ny.gov/find-test-site-near-you

Champlain Valley EDUCATIONAL SERVICES