



# Parker Junior High

February  
2022

## Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Beef Chili Cinnamon Roll  Potato Wedges Romaine Lettuce  Fresh Fruit Bar 1% Milk	<b>2</b> Chicken Tacos Lettuce, Tomato and Cheese  Black Beans Salsa  Canned Fruit Bar 1% Milk	<b>3</b> Meat and Gravy Choice Brown Rice Whole Grain Dinner Roll Roasted Broccoli Celery Sticks  Fresh Fruit Bar 1% Milk	<b>4</b> Crispy Chicken Nuggets Rip Stick Breadstick  Mashed Potatoes Gravy Baby Carrots  Canned Fruit Bar 1% Milk
<b>7</b> Scrambled Egg Coffee Cake  Tater Tots Cucumber Slices  Fresh Fruit Bar 1% Milk	<b>8</b> Sloppy Joe on a Bun  Baked Beans Baby Carrots  Canned Fruit Bar 1% Milk	<b>9</b> Beefy Nachos w/Cheese Sauce  Romaine Lettuce Onions Diced Tomatoes  Fresh Fruit Bar 1% Milk	<b>10</b> Hamburger on a Bun  Golden French Fries Tomato Slices  Canned Fruit Bar 1% Milk	<b>11</b> Crispy Chicken Tenders Crazy Brown Rice  Green Beans Caesar Side Salad  Fresh Fruit Bar 1% Milk
<b>14</b> Crispy Chicken Sandwich  Potato Wedges Celery Sticks  Fresh Fruit Bar 1% Milk	<b>15</b> Soft Beef Tacos  Lettuce, Tomato and Cheese Steamed Corn Diced Tomatoes Mango Salsa Canned Fruit Bar 1% Milk	<b>16</b> French Bread Pizza  Steamed Broccoli Baby Carrots  Fresh Fruit Bar 1% Milk	<b>17</b> Meat and Gravy Choice Rip Stick Breadstick  Mashed Potatoes Cucumber Slices  Canned Fruit Bar 1% Milk	<b>18</b> No School
<b>21</b> No School	<b>22</b> Corn Dog  Baked Beans Baby Carrots  Canned Fruit Bar 1% Milk	<b>23</b> Pasta with Meat Sauce Rip Stick Breadstick  Steamed Green Beans Caesar Side Salad  Fresh Fruit Bar 1% Milk	<b>24</b> Cheese Bread  Roasted Broccoli Marinara Sauce  Canned Fruit Bar 1% Milk	<b>25</b> Quesadilla Choice  Roasted Corn Salsa  Fresh Fruit Bar 1% Milk
<b>28</b> Beef Hotdog on a Bun  Baked Beans Cucumber Slices  Canned Fruit Bar 1% Milk				

PRICES

EXTRA INFO

1% Milk (white) and Skim Milk (white & chocolate) available daily  
A variety of fresh and canned fruits available daily

HARVEST OF



THE MONTH

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Menus are subject to change without notice. This institution is an equal opportunity provider.