

February 2022

Flossmore District 161

Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4
Nacho Puff Cherry Tomatoes Baby Carrots Fresh Pear	Egg Fried Rice * Steamed Broccoli Red Pepper Strips Fresh Green Apple 	Chipotle Chicken Taco Black Bean and Corn Salad Fresh Apple 	BBQ Chicken Drumstick Vegetarian Baked Beans Fresh Cauliflower Fresh Banana Corn Bread 	Meatloaf with Gravy Mashed Potatoes Fresh Cucumber Slices Fresh Apple Dinner Roll
7	8	9	10	11
Mac & Cheese Baby Carrots Cherry Tomatoes Raisins	Pancakes Turkey Sausage Patties Tater Tots Cucumer Slices Applesauce	Beef Burrito Bowl Corn Fresh Orange	Cheese Pizza Mixed Green Salad Baby Carrots Fresh Banana	Mediterranean Chicken & Rice Fresh Cauliflower Red Pepper Strips Fresh Apple 
14	15	16	17	18
Grilled Cheese Steamed Broccoli  Red Pepper Strips Fresh Orange	Chicken Nachos Pinto Beans Salsa Cup Fresh Pear	Meatball Sub Green Beans Fresh Banana 	Jerk Chicken Drum Spinach Fresh Cauliflower Fresh Orange Breadstick	NO SCHOOL TEACHER INSTITUTE DAY
21	22	23	24	25
NO SCHOOL 	Beef & Cheese Burrito Three Bean Salad Fresh Broccoli Fresh Orange	Turkey Bolognese Fresh Zucchini Red Pepper Strips Fresh Banana	Curry Chicken Mixed Salad Snap Peas Raisins Brown Rice 	Salisbury Steak with Gravy Mashed Potatoes Cauliflower Fresh Orange Dinner Roll

*** NEW MENU ITEM**

Skim and 1% Chocolate milk are available to all students at every meal every day