



KSD family CONNECTION

January 25, 2022

Dear KSD Community,

This is our twice monthly communication, KSD Family Connection. Each edition includes:

- Relevant and timely information based on the month's theme
- A health and safety section
- A brief spotlight on one of our district programs, clubs, services, etc.



this month

Our experience during the COVID-19 pandemic can be complicated and challenging, and navigating it has an impact on our bodies, minds, and emotions. **Join us TONIGHT** for an informative virtual town hall event for Kelso teens and their families with Dr. Kira Mauseth and the Washington State Department of Health. ([See full-page flyer here.](#))

Coping During COVID: Building Teen Resilience, held via [Zoom](#) (bit.ly/ksd-btr) on Tuesday, January 25 at 6:00 PM, will:

- explore the emotional impacts of the pandemic
- explain what's happening in your brain
- offer strategies for coping
- a Q&A will follow



BUILDING TEEN RESILIENCE

A VIRTUAL TOWN HALL EVENT FOR KELSO TEENS
AND THEIR FAMILIES WITH DR. KIRA MAUSETH

January 25

6:00 - 7:00 PM

Join via Zoom: bit.ly/ksd-btr



The health and safety of our students and staff is always a top priority. We continue to work closely with state and local health authorities, such as Washington Department of Health (WDOH) and Cowlitz County Health & Human Services department (CCHHS) to ensure our mitigation strategies are strong and effective. CCHHS publishes their report every 4 weeks. The next report is scheduled for February 9. More frequent data updates can be found on [their Facebook page](#) and [COVID-19 Data webpage](#).

As you may remember, earlier this month the Department of Health (DOH) changed their guidance to align with the new CDC guidance for schools. As promised in [our January 11 letter](#), we are sharing the [revised Symptom Decision Tree](#), which was just released yesterday (January 24).

As a reminder, here is the matrix we are using for isolation:

Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Test Positive Date	Isolation	Isolation	Isolation	Isolation	Isolation	May return if symptoms have resolved or improved significantly. No test is required to return.

FREE COVID-19 Testing

Kelso School District students and their immediate family members may receive [free COVID testing](#) if they:

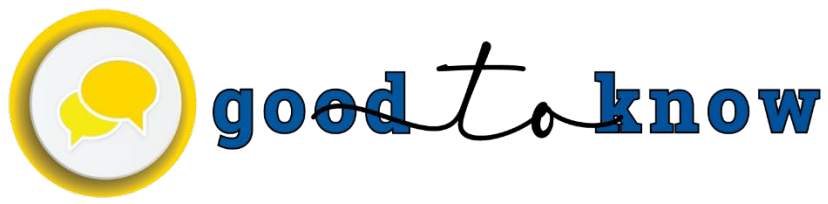
- are showing [symptoms](#), or
- may have been exposed to someone with COVID-19

Testing is available at the **KSD Family Community Resource Center** (2001 Allen Street, directly across from the KHS/CMS parking lot entrances) from **8 AM to 4 PM on weekdays**.

ADDITIONAL DAYS THIS MONTH: Saturday, Jan 29, from 9:00-12:00, and Monday, Jan 31, from 7:00-4:00.

COVID-19 links and resources:

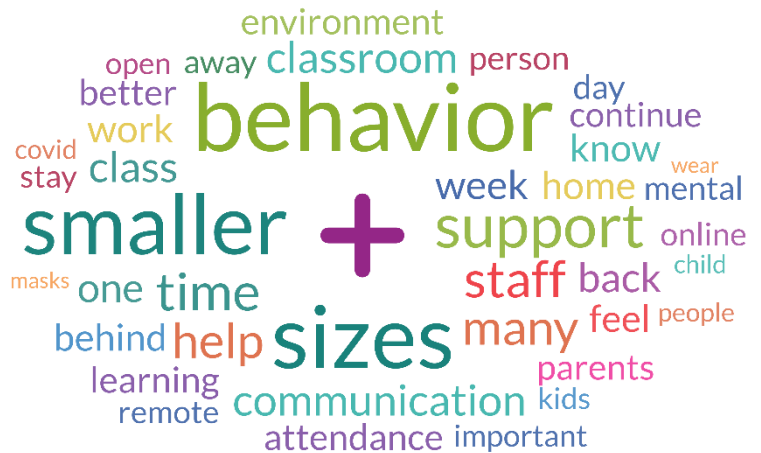
- WDOH [K-12 COVID-19 Requirements](#)
- CCHHS [COVID-19 Reports & Presentations](#)
- WDOH [K-12 Isolation and Quarantine Decision Trees](#)
- Kelso School District [COVID-19 Dashboard](#)
- Cowlitz County is 1 of 8 WA counties participating in the [Say Yes! COVID Test program](#), allowing residents to get free at-home test kits. [Learn more here](#). (NOTE: At-home tests are not acceptable proof of a negative result for coming back to school.)



In our most recent Thoughtexchange, we asked parents, students, and staff what is needed to improve student academic achievement and learning outcomes for each and every Kelso student.

We had 552 participants (THANK YOU!) who shared 420 thoughts with 14,523 ratings!

The results are in, and you can [read the report here](#).



As always, if you have any questions, feel free to email me.

Sincerely,

Mary Beth Tack, Superintendent
Kelso School District
Marybeth.tack@kelsosd.org