

August

2017 Pocahontas Schools menu

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs Potatoes/Gravy/Cheese Whole Green Beans Fresh Fruit Hot Roll Milk	Taco Refried Beans Lettuce/tomato/salsa Applesauce Milk	<i>Waffleicious Wednesday</i> Chicken Tenders Waffles & Syrup Waffle Fries Mandarin Oranges Milk	Pepperoni Pizza Romaine Salad Ranch Drsg Corn Sherbet Orange/apple Milk	Chicken Noodles Steamed Broccoli Carrot coins Crackers Peaches Milk
Cheeseburger Sweet potato ff Lettuce/tomato/pickle Blushing Pears Milk	<i>Breakfast for Lunch</i> Biscuit & Gravy Scrambled Egg Sausage Tater Tots Juice Milk	Breaded Beef Strips Mashed Potatoes/gravy Blackeye Peas Romaine Salad Fruit Roll Milk	Chicken Sandwich Corn Lettuce/tomato/pickle Baked chips Asst. fruit Juice Milk	Calzone Italian Veggies Marinara Sauce Green Salad Lite Ranch Drsg Fruit, Milk
Rib Sandwich Baked Beans Cole Slaw Fruit Milk	Spaghetti Mixed green salad Green Beans Pineapple Garlic Roll Milk	Chicken Nuggets Baked sweet potato Corn Variety fruit Roll Milk	Nachos Lettuce/tomato Salsa GN beans Fresh Grapes Milk	This institution is an equal opportunity provider.
				

Veggies are DINO-mite!

Meals served w/ appropriate buns, condiments, choice of milk

Monday: Breakfast Pizza, juice, fruit, Milk

Tuesday: Chicken Biscuit, juice, fruit, Milk

Wednesday: French Toast Stix, ham, juice, fruit, Milk

Thursday: Yogurt, super donut, juice, fruit, Milk

Friday: Sausage, Biscuit, juice, fruit, Milk

***Cereal, juice, fruit & Milk offered daily as breakfast choice**

