

BLAINE SCHOOL DISTRICT
STUDENT AND STAFF COVID Updates as of Jan 20, 2022

What do I do if I have COVID symptoms?

- Stay Home from School/Work
- Contact the school to notify the campus COVID team
- If you have had a lab confirmed case of COVID-19 in the last 90 days;
 - Confirm the information with district nursing staff
 - Stay home until symptoms improve/resolve, to include being fever free for 24 hours without the use of medication
- If you have ***NOT*** had a confirmed case* of COVID-19 in the last 90 days you have two options;

Option 1 - COVID Testing

- You may return to school/work with a Negative PCR test (a rapid antigen test is not sufficient for return if symptomatic)
- PCR Testing is available on school days from 10:30 am - 11:00 am
- If you test Positive on either a rapid antigen or a PCR test, please follow the Isolation guidelines below for information on your return

Option 2 - Quarantine Without Testing

- Notify your student's campus of their symptoms and your decision not to test
- Stay home for ten days from symptom onset date, returning on day 11 (Symptom onset day is Day 0), AND
- Stay home until symptoms improve/resolve, to include being fever free for 24 hours without the use of medication

*Confirmed cases of COVID-19 must be either lab confirmed or an at home positive rapid antigen test that has been reported to the Health Department.

What do I do if I have a positive COVID test? (Isolation)

- Contact the school to notify the campus COVID team
- Isolate at home for 5 days (symptom onset date, or test date if no symptoms, is considered Day 0)
- On Day 6 you may return to school if:
 - Symptoms improve/resolve, to include being fever free for 24 hours without the use of medication-
- Continue to monitor for symptoms and wear a well-fitting mask in and out of school, including during extracurricular activities and sports, for days 6-10.
 - Students with mask exemptions will need to stay home for the full 10-day quarantine.
 - A 3-ply mask or KN-95 will be provided to wear in days 6-10, if needed
- If symptoms have not improved/resolved by day 6 you will need to stay home for the full 10-day quarantine.
- Currently, a negative antigen test is not required to return on day 6
- You will be given a 90-day date from your positive test, as current guidelines do not require additional COVID testing within 90-days of a confirmed* positive test

*Confirmed cases of COVID-19 must be either lab confirmed or an at home positive rapid antigen test that has been reported to the Health Department.

What do I do if I am a Close Contact to someone who is COVID positive? (Quarantine)

- Contact the school to notify the campus COVID team
- If you are asymptomatic and meet one of the below you are **exempt from quarantine**:
 - Age 18 or older and received all recommended vaccine doses including boosters
 - Booster for Pfizer & Moderna is at least 5 months after completing the primary series of the vaccine
 - Booster for Johnson & Johnson is at least 2 months after completing the primary series of the vaccine
 - Are ages 5-17, you have completed the primary series of COVID vaccines
 - Have had a confirmed COVID-19 positive test in the last 90 days.
- If you are an asymptomatic close contact who is not vaccinated or up to date with all recommended vaccine doses for your age, you may now participate in Test-to-Stay.
- If you are a close contact and have symptoms, please follow the guidance for symptomatic individuals.

Household Close Contacts

- If someone who lives in the home with a student is COVID positive **all** students in the household who are not exempt from quarantine should remain home for Days 1-5. (The positive individual's test date or symptom onset date is Day 0.)
- On Day 6, if they are asymptomatic, and there have been no additional positives in the household, they may choose to return to school if they agree to the Test-to-Stay Program (Additional positives in the house reset Day 0)

What is Test to Stay and how does it work?

Test to Stay is designed to allow students to remain in the learning environment and continue to participate in extracurricular activities. Asymptomatic close contacts who are not vaccinated or do not meet modified quarantine requirements (not up to date with all recommended vaccine doses for their age group) may now participate in Test to Stay regardless of where the contact occurs.

- Students participating in Test to Stay may return to school immediately (unless their specific classroom has temporarily been moved to remote learning.)
- You will test on your 1st and 5th day returning to the building
- Continue to monitor for symptoms and wear a well-fitting mask in and out of school, including during extracurricular activities and sports for days 1-10.
 - Students with mask exemptions will need to stay home for the full 10-day quarantine.
 - A 3-ply mask or KN-95 will be provided to wear
 - Continue to quarantine from all social gatherings and community activities. Students may continue to participate in activities at school including sports, childcare and youth development programs.
- If you choose not to participate in testing, and you are not exempt from quarantine, you must quarantine for 10 days (Last known contact with the positive person is Day 0.)
- Continue to monitor for symptoms. If symptoms develop, follow the symptomatic protocols