

Franklin School District Covid Protocol
1/19/22

Our school is working closely with the New Hampshire (NH) Department of Health and Human Services (DHHS) to follow the guidance they have provided for this situation and will provide updates should their recommendations change.

Any person who tests positive for COVID-19 or who has symptoms of COVID-19 while awaiting testing – regardless of vaccination status, previous infection, or lack of symptoms should:

Stay home and away from others (including people in your household) for at least 5 days. Isolation can end after day 5 if you are fever-free (off fever-reducing medications) for at least 24 hours and other symptoms are improving.

If fever has been present in the prior 24 hours, or if other symptoms are not improving, then you should continue to isolate until fever free and symptoms are improving for at least 24 hours, or until after 10 days of isolation.

For the following 5 days after isolation:

- o Wear a well-fitting medical face mask when around other People.
- o Avoid people who are immunocompromised or at high-risk for severe disease.
- o Avoid travel, if possible.

Note: per CDC guidance, you can take an antigen test on day 5 before ending isolation and, if positive, you should continue to isolate for a total of 10 days. (recommended not required)

Persons who **should quarantine after being exposed to someone with COVID-19: Household contacts who are either: Unvaccinated; Or not “up to date” on receiving all recommended COVID-19 vaccine doses/boosters.**

Stay home and away from others for 5 days after the last exposure. Get tested at least 5 days after the exposure, even if no symptoms develop. If positive, follow isolation recommendations above..

Continue to watch for symptoms for COVID-19 from day 5-10 after the last exposure, and get tested if symptoms develop.

For the following 5 days after quarantine:

- o Wear a well-fitting medical face mask when around other people.
- o Continue to watch for symptoms for COVID-19 from day 5-10 after the last exposure, and get tested if symptoms develop.
- o Avoid people who are immunocompromised or at high-risk for severe disease.
- o Avoid travel, if possible.

Persons who **do NOT** need to quarantine after being exposed to someone with COVID-19:
Lower risk exposures in the community setting (e.g., non-household close contacts).
Household contacts who are “up to date” on receiving all recommended COVID-19 vaccine doses. Unvaccinated household contacts who are within 90 days of testing positive for COVID-19 by antigen or PCR-based testing.

Get tested for COVID-19 on day 5, even if you don't have symptoms.

Wear a well-fitting face mask around other people for 10 days, especially in indoor settings. If symptoms develop, stay home and get tested for COVID-19. If testing is positive, follow isolation recommendations above.

****Please email all test results to your school's nurse include a name and date of test**

Should you have any questions or concerns, please call or email your principal and/or your school nurse.

****Any student or staff member exhibiting symptoms should stay home until test results are confirmed.**

- o **Fever/chills (measured 100.4)**
- o **Cough**
- o **Shortness of breath or difficulty breathing**
- o **Sore throat**
- o **Runny nose or nasal congestion**
- o **Muscle or body aches**
- o **Fatigue**
- o **Headache**
- o **New loss of taste or smell**
- o **Nausea or vomiting**
- o **Diarrhea**

Isolation: For people who are sick or who have tested positive for the COVID-19 virus.

Quarantine: For people who have been exposed to the COVID-19 virus and are at risk for developing infection.

Household contact: Any person who lives or sleeps in the same indoor shared space as another person diagnosed with COVID-19 (either a temporary or permanent living arrangement) leading to exposure to the person with COVID-19.

“Up to date” on COVID-19 vaccination: A person is “up to date” on COVID-19 vaccination when they have completed a primary COVID-19 vaccine series (the single-dose J&J Janssen vaccine, or a 2-dose series of the Pfizer-BioNTech or Moderna vaccine) AND any booster shots which they are eligible for and recommended to receive. CDC has information about staying up to date on COVID-19 vaccination and who should get a booster shot.

Unvaccinated: Any person who has NOT completed a primary COVID-19 vaccine series.

For further information : <https://www.covid19.nh.gov/>