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Dr. Donna Burge-Tetrick



400 Old Main Drive, Summersville, WV 26651 Phone 304-872-3611 Fax 304-872-4626

COVID-19 Self Isolation Guidelines (Issued: 1/18/2022) Based on West Virginia Department of Education/WVDHHR Guidance

Test to STAY/Test to PLAY:

Students and Staff identified as a **close contact** and considered as exposed to COVID-19, may test immediately. If s/he tests negative, s/he may return to work or school. A well fitted mask must be worn following an exposure to COVID-19 through day 10, when feasible, while in the school or participating in extracurricular activities. S/he should test again 5 days after exposure.

Students and staff **who do not test** must self-isolate for 5 days. Exposed individuals may return on Day 6 if s/he is symptom free and tests negative. A well fitted mask should be worn following an exposure to COVID-19 through day 10, when feasible, while in the school or participating in extracurricular activities. Individuals who have COVID symptoms should test before returning to work or school.

Staff and students who do not want to wear masks must remain home.

Home tests can be used in the school setting or at home to test individuals who are symptomatic or exposed to COVID-19. Home tests can also be used for test to play or test to stay scenarios.

School Health Based Clinics will be available to provide Antigen (Rapid) tests at school with parental consent.

This option is **not** available to individuals who are residing with a COVID positive person.

Guidelines for COVID positive Students/Staff:

Positive persons should self-isolate for 5 days. Individuals who are asymptomatic or whose symptoms are resolving (without fever for 24 hours) can return to school on day 6. A well fitted mask should be worn following an exposure to COVID-19 through day 10, when feasible, while in the school or participating in extracurricular activities.

Students who have tested positive for COVID-19 should **not** participate in unmasked extracurricular activities during days 6-10 unless they obtain a negative **antigen** test result towards the end of the 5-day isolation period. Antigen tests should only be collected if the individual has been fever free for 24 hours without the use of fever-reducing medications and other symptoms (other than loss of smell or taste) have improved

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