

KATAHDIN SCHOOLS RSU #89

Office of the Superintendent

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January 18, 2022

Dear Staff, Students, and Families,

This letter is to inform you that several individuals associated with Katahdin Schools recently tested positive for Coronavirus Disease 2019 (COVID-19). We are informing you out of an abundance of caution. A school representative will contact you directly if you/your student are identified as a close contact of someone who tested positive.

Please monitor for signs and symptoms of COVID-19, which can include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.

Please remember that being up-to-date on influenza and routine vaccinations can help minimize the occurrence and transmission of other respiratory illnesses.

Maine CDC recommends prevention measures to minimize the spread of COVID-19. These measures include proper handwashing with soap and warm water, which is especially important after using the bathroom, before eating, and after blowing your nose, coughing, or sneezing. When soap and water is not available, use an alcohol-based hand sanitizer with at least 60 percent alcohol. Avoid touching your eyes, nose, and mouth with unwashed hands and avoid close contact with people who are sick. Stay home while you are sick and avoid close contact with others. Wear a cloth face covering in public indoor spaces, especially if you are not vaccinated. Cloth face coverings are recommended in schools and childcare settings for people over 5 years of age. Get a COVID-19 vaccine and COVID-19 booster when it is available to you. When in public, avoid social distances of less than 6 feet and direct physical contact.

Questions for the school can be directed at Leanne Morse by calling 207-365-4285 or 207-365-4218. For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org. Call a health care provider for questions about your symptoms. More information can be found at www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,



Marie Robinson, Ph.D.
Superintendent of Schools