



January 17, 2022

A Proud Past, A Promising Future

"If I have been of service, if I have glimpsed more of the nature and essence of ultimate good, if I am inspired to reach wider horizons of thought and action, if I am at peace with myself, it has been a successful day."

~ Alex Noble



MONDAY, JANUARY 17
Schools/Offices Closed

TUESDAY, JANUARY 18

E-LEARNING DAY (Virtual Learning)

NO school-related extracurricular or after-school activities.

WEDNESDAY, JANUARY 19

E-LEARNING DAY (Virtual Learning)

NO school-related extracurricular or after-school activities.

THURSDAY, JANUARY 20

E-LEARNING DAY (Virtual Learning)

NO school-related extracurricular or after-school activities.

FRIDAY, JANUARY 21

E-LEARNING DAY (Virtual Learning)

NO school-related extracurricular or after-school activities.

Good News

Congratulations to MCHS December Students of the Month, **Ava Grace Long, Landon Still, Erin Outz, and Ginny Bass.**

Congratulations to **Mrs. Nicole Frick**, MCHS' Teacher of the Month and **Mrs. Debra Rowe**, Support Staff of the Month for December.

The MC Academic Challenge team competed in a National History Meet on Saturday, January 8, 2022. They competed against teams from all over the country. Team members include **Katy Mae Crooks** (captain), **Sabrina Weng** (captain), **Dakota Ross, Elijah Covington, David Van Zadelhoff, and Jack Gantt.** The team won two out of three matches and advanced to the playoffs. The third match was lost by 10 points in the last question. They lost to a team from New Jersey in the playoffs who ended up the National Champions. The team showed great teamwork.

Zach Hornsby Breaks School Record With 100th Win!

Zach is the first student athlete at MC High School to get his 100th high school win in wrestling!

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Upcoming Events

2021-2022 ACT
Test @ MCHS
February 12, 2022
April 2, 2022
July 16, 2022

2021-2022 SAT
Test @ MCHS
March 12, 2022
May 7, 2022
June 4, 2022

All schools and offices will be closed on **Monday, January 17**, in observance of Martin Luther King, Jr.

The School District of Newberry County is currently experiencing a high number of students and staff impacted by Covid-19. As a result, all schools will shift from in-person instruction to eLearning virtual instruction from **Tuesday, January 18 through Friday, January 21.**

MCHS Virtual Learning Bell Schedule (1/18 – 1/21)

- 1st Block - 7:55 AM- 9:25 AM
- 2nd Block - 9:30 AM - 11:00 AM
- Connections/Tutoring Time - 11:00 AM - 11:30 AM
- Lunch - 11:30 AM - 12:00 PM
- 3rd Block - 12:00 PM- 1:30 PM
- 4th Block - 1:35 PM - 3:05 PM

Breakfast and lunch for January 18-21 can be picked up at Newberry Middle School, Mid-Carolina High School, or Whitmire Community School between the hours of 10:30 am – 1:00 pm each day.

For more information please visit our website at:

<https://www.mid-carolinahighschool.org/o/mchs/article/629860>

The next early release day is **Wednesday, January 26.** Students are to leave campus immediately after school.

DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

- S** **SUBSIDE** To relapse into a state of repose and tranquility.
SUCCESSOR One who or that which takes the place of a predecessor or preceding thing.
- W** **SUFFERANCE** capacity to endure pain, hardship, etc.; endurance.
SUFFRAGE The right or privilege of voting
- S** **SUPERCILIOUS** Exhibiting haughty and careless contempt.
SUPERFICIAL Knowing and understanding only the ordinary and the obvious.
- S** **SUPERLATIVE** the highest kind, quality, or order; surpassing all else or others; supreme; extreme
SUPERSEDE to replace in power, authority, effectiveness, acceptance, use, etc., as by another person or thing



M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 15

January 17, 2022

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

ZOOM FOCUS

**"Vision without Execution is hallucination."
- Thomas Edison**

I believe every one of us has a desire to accomplish great things, to do something meaningful, to have an impact. Yet, so many of us don't take the actions necessary to create the success we desire. Then there are others who are very busy taking actions but the actions have nothing to do with their vision and goals. They've become lost in the busyness of life.

In my work with sports teams, businesses and organizations I have found that the key to individual and team success is to Zoom Focus. Zoom Focus helps you turn ideas and goals into reality and results. Zoom Focus helps you focus on your priorities, execute, and create success. Zoom Focus helps you take daily steps towards your big picture vision.

Now more than ever it is a time for action. It is a time for getting things done. It is a time to tune out the distractions and the noise from the doomsdayers and the naysayers and focus on what

truly matters and what truly will help us create success. In this spirit here are a few ways to put Zoom Focus to work for you and your team.

Create your Big Picture Vision - This might be a goal or a dream. It might be a project that needs to be completed or a sale you are trying to close. It might be a company objective or a team mission. It might be a book you want to write, an initiative to improve your community, or a championship you want to win. Identify your vision and then you'll be ready to Zoom Focus and take the necessary actions to get you there.

Ask One Question - Each day when you wake up in the morning ask the question, "What are the three most important things I need to do today that will help me create the success I desire?" Then each day take action on those three things.

Tune out the Distractions - Turn off the television. Stop answering the phone. Don't answer email right now. Talk to your friend later. First, get things done. Execute, accomplish and then feel free to em-

brace the distractions.

Say No and Yes - My friend once told me, "If the devil can't make you bad, he'll make you busy." He reminded me that we need to stop scattering our energy and wasting our time on trivial things that have nothing to do with our vision and goals and start saying yes to our priorities and to what truly matters. Each day we must make choices and those choices including saying "no" to people and opportunities so we can say "yes" to the work we are meant to do and the success we are meant to create.

Focus on Daily Improvement - I see it in sports all the time. Teams focus too much on winning the championship and forget to Zoom Focus each day in practice. They are outcome focused not process focused. The key is to focus on improving each day and take the necessary action steps. If you incrementally improve each day, each week, each month, each quarter, by the end of the year you'll see remarkable results and growth. When you Zoom Focus on the process the outcome takes care of itself.

—Jon Gordon

Important Dates

- 1/17 Martin Luther King, Jr. Holiday Schools/Offices Closed
- 1/26 Student Early Release
- 2/12 ACT
- 2/14 Interim Reports Issued
- 2/18 Professional Development (No Students/1st Make-Up Day)
- 2/21 President's Day Holiday Schools/Offices Closed
- 3/2 Student Early Release
- 3/7 Sophomore Ring Meeting @ 9 a.m.
- 3/12 SAT
- 3/14 Schools/Offices Closed (2nd Make-Up Day)
- 3/15 High School Semester Exams
- 3/16 High School Semester Exams End of 3rd Nine Weeks
- 3/18 ASVAB



Reminders

FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.



Please check your mailboxes and e-mail for vital information early each morning.



HAPPY BIRTHDAY!



Happy birthday wishes to **Melanie Jenkins (1/20)**, **Susan Bellows (1/23)**.