



Froid/Lake Redhawks

2023 High School Track and Field

Date	Site	Time
Tuesday, March 14	Practice Starts	
Friday, March 31	Glendive Invitational	
Thursday, April 6	Wibaux Invite @ Glendive	10:00 AM
Saturday, April 15	Baker Invitational	9:00 AM
Thursday, April 20	Savage Invite @ Lambert or Sidney	
Friday, April 21	Saco/WW @ Glasgow	9:30 AM
Saturday, April 22	Sidney Invitational	10:00 AM
Friday, April 28	R&L Invite @ Lambert	12:30 PM
Saturday, April 29	Elks Meet @ Glendive	10:00 AM
Saturday, April 29	North Country invite @ Glasgow	9:00 AM
Tuesday, May 2	Top 10 @ Glasgow	3:00 PM
Thursday, May 4	Fairview Invitational	
Friday, May 5	Gene Nelson Memorial @ Wolf Point	12:00 PM
Saturday, May 6	Jean Dreikosen Mem. @ Glasgow	9:30 AM
Tuesday, May 9	2-C District Meet @ Lambert	10:00 AM
Thursday, May 18	Eastern C Divisionals @ Lambert	
May 25-27	State A and C @ Laurel	
<i>*All meets subject to change</i>		