Rebruary

2022 Pocahontas Elementary menu

Monday	Tuesday	Wednesday	Thursday	Friday
This institution is an equal opportunity provider.	Chicken & Noodles Steamed Broccoli Carrot Coins Spiced apples Crackers Cranberry Sauce Milk	2. <u>National Tater Tot</u> <u>Day</u> Ham Egg Cheese Tater Bowl Biscuit Juice Milk	3. Chicken Nuggets Carrot Coins Seasoned Beans Fruit Hot Roll Milk	4. <u>National</u> <u>Homemade Soup Day</u> Taco Soup Cheese Toast Crackers Broccoli Florets Applesauce Milk
7. Macaroni & Cheese Steamed Broccoli Carrot Coins Fruit Milk	8. National Potato Lover's Day Chili Quick Baked Potato Applesauce Crackers Milk	9. <u>National Pizza</u> <u>Day</u> Pizza Pizza-style green beans Romaine salad Peaches Milk	10. Chicken Sandwich French Fries Sand salad cup Fruit Milk	11. Cheesy Nachos Lettuce/tomato Seasoned Corn Roasted Beans Fresh fruit Sherbet Milk
14. Happy Valentine's <u>Day</u> Calzone Marinara Sauce California Blend Veggies Fruit Milk	15.Taco Tuesday Walking Taco Lettuce/tomato Salsa Refried Beans Cinnamon roll Applesauce /Milk	16.Waffleicious Wednesday Chicken Tenders Waffles & Syrup Waffle French fries Mandarin oranges Milk	17. Chicken Philly Sandwich Sandwich Veggies Sweet Potato Fries Pickle Spear Fruit Milk	18.Beef Steak Strips Mashed Potatoes Gravy Steamed Broccoli Fruit Hot roll Milk
21. No School President's Day	22. Fish Sticks Quick Baked Potato Cole Slaw Hot Roll Fruit Milk	23.Chicken Pot Pie Steamed Broccoli Carrot Coins Hot Roll Fresh Apple Slices Milk	24. <u>National Tortilla</u> <u>Chip Day</u> BBQ Nachos Baked Beans Cole Slaw Fruit Milk	25. Redskin Café Bacon Cheeseburger French Fries Sand. Salad Cup Fruit Milk
28. Lasagna Romaine Salad Green Beans Fruit Hot Roll Milk				A choice of <u>Main Dish</u> or <u>Hamburger</u> is offered daily, with daily vegies, fruit, milk and condiments

Share some fruit with a friend - it's a GRAPE way to show you care.

Monday: Oatmeal. Cinnamon Toast, Juice, Fruit, Milk Tuesday: Scrambled Eggs, Biscuit, Jelly, Juice, Fruit, Milk Wednesday: Egg, Bacon, & cheese Croissant Juice, Fruit, Milk Thursday: Sausage Pancake on Stick, Syrup, Juice, Fruit, Milk Friday: Sausage, Biscuit, Juice, Fruit, Milk *****cereal, juice, fruit, milk offered as daily choices*****

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Menus subject to change due to supply chain issues.

