



JOIN US THIS **SPRING 2022** FOR *Girls on the Run St. Louis* **AT HIGHLAND ELEMENTARY!**

Girls on the Run is so much more than a running program! Throughout the season, girls learn how to set goals, build confidence, and create strong connections with their peers, coaches, and communities.

General registration for the Spring 2022 season is open from 9am on Jan. 18th - Feb 27th at midnight. Sites with spots available will reopen from March 2nd - March 11th at 5pm. Practice begins the week of March 7th. The season will conclude with a celebratory 5K on Saturday, May 14th at Forest Park for her and her registered running buddy!

Practice Days and Times:

Tuesday & Thursday
3:25 PM - 4:40 PM

Site Liaison Information Name:

Susie Brauns

Email:

sbrauns@highlandcusd5.org

Program Fee: \$100

*Scholarships, financial aid and payment plans available during registration.