

MARCH 2019

Twin Cedars



Community School

N e w s l e t t e r

IN THIS ISSUE

Mr. Roby1

CTE.....1

Iowa Assessments1

Skip the Trip.....1

Music.....2

Jan. Students of Month...3

Large Group Speech.....3

Board Minutes.....4

Other Misc. Information

.....At the end

From the Desk of Mr. Roby

Once again, Twin Cedars was fortunate to be able to host the Blue Grass Conference Speech Contest on February 18th. Even though the weather was a little rough, most schools in the conference were able to attend and all of the participants did a wonderful job. This contest helps them prepare for the State Individual Contest held on February 23rd. A special thanks must go out to our speech teacher Mrs. Gangel who did most of the leg work to make sure this event was such a huge success.

CTE

Career and Tech Education) meeting will be Thursday, March 21 at 5:00. Public invited. CTE programs, resources and assessments will be reviewed.

SIAC (Student Improvement Advisory Committee) meeting will be Thursday, March 21 at 6:00. Public invited. TC summative assessments, social-emotional curriculums, safety procedures and more will be discussed.

Iowa Assessment Testing

IASASP) for students in grades 3rd-11th will begin Monday, March 25. This year testing for students in grades 4th-11th will be online. Third graders will still utilize paper pencil tests this year. Watch for more information about these important tests during the first weeks of March.

SKIP THE TRIP

Has your child reached the age of 14? Skip the Trip allows students to take the web-based knowledge test that is required to obtain a driver's instruction permit at a participating schools or agency instead of making the trip to an Iowa DOT or local county treasurer's office to complete the test. This allows students to take the test in a familiar and comfortable environment and saves parents and students time away from work or school by potentially reducing the number of trips to the Iowa DOT or local county treasurer's office.

For further information please visit iowadot.gov

There are also practice tests available at <https://iowadot.gov/mvd/manuals-resources>.

It is the policy of the Twin Cedars Community School District not to discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy please contact the district's Equity Coordinator, David Roby, High School Principal, 2204 Hwy G-71, Bussey, IA 50044, 641-944-5245, droby@twincedarcsd.org.

**Twin Cedars Community Schools Music Department
02/14/2019**

Dear Parents and Guardians,

I hope that this letter reaches you well! It's that time of year again to get ready for our Music Booster's annual Carnival. I know everyone is excited to be selling raffle tickets and crisritos! On the back of this letter, I have included a list of requirements for those students who wish to go on our trip Saturday, April 27th. All students going to our Des Moines trip will also need sign up for shifts to work at the music carnival. There is the option of a \$75.00 buyout (\$37.50 for each person unable to work). Thank you so much in advance for all of your help! This is our major fundraiser for the year that helps purchase and repair instruments, purchase music, pay for festivals, and much, much more!

On years where we take a small trip, there are always some questions and concerns as to why so much money is still required. Although I understand that this is a lot of work and money for a day trip, I want to remind you of a few things. First and foremost, this is our fundraiser. Second, between the admission tickets, lunch (\$10.00 given at the park), and dinner (Pizza Ranch), the cost is close to \$75.00 for the day. This is why the \$75.00 is necessary to come with us that day.

We also have other events coming up! Selected 7-12 Band Students have an opportunity to perform in an honor band hosted AT Twin Cedars on March 7th. High School band and choir students are able to participate in State Solo/Ensemble at Martensdale-St. Marys on Saturday, April 6th. This is a fantastic event that, in preparing, students are able to make EXCEPTIONAL musical growth. Junior High Band and Choir students will be doing a solo/ensemble contest at Twin Cedars on Monday, May 20th during the school day. This is required for all students junior high students.

This year's spring concert will be on Tuesday, April 23rd at 7:00 pm in the high school cafeteria. This concert is a required event that is a BIG part of your student's grade. When I first came to Twin Cedars, there were many attendance issues with this event. I can honestly say I am very happy this is no longer an issue! Many absences can not be helped (illness, funerals, etc.) and many can. We have already discussed what are and are not acceptable excuses for missing a concert. Just remember, most excuses are not "excusable" and will result in a low grade. Try to avoid tennis shoes and jeans.

Finally, on Sunday, May 19th, 7-11 band students will perform at graduation at 2:00 pm. Students need to meet in the band room by 1:30 pm. JUNIOR HIGH STUDENTS will be performing as well. Again, this is a large part of your students grade in band. Concert dress is expected, but I would suggest cooler clothes. In my experience, graduations get very warm!

Sincerely,

Nathan Smith

Trip Requirements for the Carnival

*Donation of the following for the Music Carnival on Saturday, March 25th

- 1 cake for cakewalk
- 1 24-pack of Pepsi or Mt. Dew
- 1 Package hotdogs
- 1 Package hotdog buns

*Student and parent to work one shift each at the Carnival. We will do this in the beginning of March when we have a better idea of the games and activities that we are doing. If only one person can work, please have someone sign up for two shifts. If at all possible, we need adult help.



January Students of the Month

- Abi Milledge (7th)
- Kellie Stevenson (8th)
- Andrew Freel (9th)
- Kade Dunkin (10th)
- Ashley Vancenbrock (11th)
- Lesley Clowser (12th)



Large Group Speech competed on Monday, January 21. Twin Cedars was represented by 3 groups including 2 improvisation groups and 1 reader's theater group. All 3 groups received a division II rating at Districts. The pictures include one of the entire group and another of our 4 seniors. Congratulations to all who participated! Many of these students will be performing at individual speech on Saturday, February 23rd, along with a few other students!



Minutes of Meeting

Twin Cedars Board of Directors

February 11, 2019

5:00 PM

The regular meeting of the Twin Cedars Board of Directors was held on the above date.

President Kelly Carlson called the meeting to order at 5:00 PM. Directors Heather Dunkin, Paul Haselhuhn, Ashlee Carlson and Steph Sterner were in attendance. Dave and Kim Roby, Jordan Richardson and Jessica Manser were also in attendance.

A motion was made by Director Carlson and supported by Director Dunkin to approve the agenda as presented. The motion carried unanimously.

A motion was made by Director Sterner and supported by Director Haselhuhn to approve the January 14, 2019, regular meeting minutes as presented. The motion carried unanimously.

Financial reports were reviewed and filed for audit.

A motion was made by Director Haselhuhn and supported by Director Carlson to approve the bills as presented. The motion carried unanimously.

Communications

Jessica Manser asked the board if it would be possible for her to use the other first grade room after school and this summer for daycare. The daycare has outgrown their room when all the kids are there. The board did not see a problem with this as long as it is with the understanding that it could change each school year depending on student count. Director Dunkin asked about Senior parents getting into the senior game night for free.

Jordan Richardson has been working with the district's emergency plan. She updated the board on some of the things they have done and asked if the district would give out key cards for the deputies to have in their cars. If there is an emergency, they would have access to the buildings. The board thought that was a good idea.

Administration Reports

Mrs. Roby shared Family Night is Thursday with a focus on Math. The CTE/SIAC meetings are March 21st. The teachers went through a test security training for the tests that will be March 25-April 5. The TLC group put out a survey. This is the year they have to do the rewrite. Mrs. Roby attended an Early Warning Signs workshop.

Mr. Roby shared that Twin Cedars had hosted the Bluegrass Conference Speech on Monday. It went well. The speech students will compete at Individual Speech on Saturday. Bluegrass Conference Academic Bowl is February 27th and the Bluegrass Conference Honor Band is March 7th. Track practices start on Thursday. The driver education instructor is trying to set up times for classes and drive times. The classes may start in April this year.

New Business

Mr. VanderSluis gave a budget review. There are a couple of numbers from the state that aren't for sure yet, but by Friday, we should have all of the numbers we need.

Mr. VanderSluis made a recommendation of making up snow days we have missed so far. We have had 8 full snow days, 4 early dismissals and 6 two-hour delays for a total of 76 hours. There are days that were built in for potential make-up days. We could eliminate the 'early outs', add hours to the school days, etc. The board discussed making up 4 of the days for now and will discuss again at the next board meeting.

The board decided to table the examination of the 2019-20 Calendar and the Fitness Center discussion.

Action Items

A motion was made by Director Sterner and supported by Director Dunkin to approve the 2nd reading of policies 502.3, 213, 710.2 and 213.1. The motion carried unanimously.

A motion was made by Director Carlson and supported by Director Dunkin to approve making up some snow days February 15, March 18, April 17th (normal Wednesday instead of 12:30 dismissal), and April 18th (2:15 dismissal). The motion carried unanimously.

A motion was made by Director Dunkin and supported by Director Haselhuhn to accept the resignation from Randy Haar as JH Football Coach pending suitable replacement. The motion carried unanimously.

A motion was made by Director Haselhuhn and supported by Director Carlson to approve the Budget Guarantee Resolution for the 2019-2020 budget. The motion carried unanimously.

RESOLVED, that the Board of Directors of Twin Cedars Community School District, will levy property tax for fiscal year 2019-2020 for the regular program budget adjustment as allowed under section 257.14, Code of Iowa.

Announcements

The next board meeting will be Monday, March 11th at 5:00.

Adjourn

A motion was made by Director Carlson and supported by Director Dunkin to adjourn the meeting at 7:50 PM. The motion carried unanimously.



Influenza

Recommendations for Schools

The flu is a contagious respiratory illness caused by influenza viruses. Influenza affects mainly the nose, throat, chest, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccination each year.

Symptoms of Influenza

Symptoms of influenza include:

- Fever (typically $\geq 100^{\circ}$ F)
- Headache
- Extreme tiredness
- Dry cough
- Sore throat
- Runny or stuffy nose
- Muscle aches
- Stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur but are more common in children than adults

Emergency Warning Signs of Influenza

In **children**, emergency warning signs that need urgent medical attention include:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Fever with a rash

Infectious Period

Students and staff may be able to infect each other beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young children and people with weakened immune systems, might be able to infect others with flu viruses for an even longer time.

How can you prevent the flu?

The single best way to prevent the flu is to get vaccinated each year. The “flu” shot is an inactivated vaccine (containing killed influenza virus) that is injected. The flu shot is approved for use in people six months of age

and older, including healthy people and people with chronic medical conditions.

About two weeks after vaccination, antibodies develop that protect against influenza virus infection. Flu vaccines will not protect against flu-like illnesses caused by non-influenza viruses.

If you get the flu:

- Stay home from work or school
- Get plenty of rest and water
- Over-the-counter medications may relieve symptoms
- Consult your health care provider

Vaccination

Yearly flu vaccination should begin as soon as vaccine is available, usually early in the fall. This will provide protection for the entire flu season.

Who should get vaccinated?

People of all ages get sick with the flu and school-aged children have high rates of influenza. Yearly flu vaccination is recommended for almost everyone over 6 months of age, and is especially important for those people at high risk for developing flu-related complications, such as children younger than five, adults 65 years of age and older, pregnant women, and people with certain medical conditions like heart and lung problems, or diabetes.

What should be done to prevent or reduce the spread of influenza in schools?

- **Stay home when ill.** Any employee, student, teacher, or staff suspected of having influenza should not attend school.
- **Wash hands often.** Wash hands several times a day using soap and warm water for 15-20 seconds (this is generally around the time it takes to sing the ABCs). Dry hands with paper towels or automatic hand dryers if possible. In school, allow regular breaks for the students and teachers to wash hands. Young children should be instructed and assisted to ensure proper hand hygiene. Restrooms should be checked regularly to ensure that soap and paper towels are always available.
- **Throw away tissues.** Influenza can be spread from coughs or sneezes. Make sure tissues are available in all classrooms. Students and staff should cover their mouths with their upper arm or a tissue when coughing and use a tissue when sneezing or blowing their noses. Tissues should be thrown away immediately followed by proper hand hygiene.
- **Use alcohol-based hand sanitizer.** Alcohol-based hand gels may be used in classrooms to minimize disruption. Hand sanitizer is effective in killing germs on hands when they are not visibly soiled. Appropriate times to use hand sanitizer are after coughing, sneezing, or contact with infected surfaces (e.g., desk, doorknob).
- **Report absence of 10 percent or greater.** Schools with 10 percent or more of their total enrollment absent on a given day due to illness should report this to the Iowa Department of Public Health [website](#) or by calling 1-800-362-2736. Reporting outbreaks helps us to understand the impact of influenza on our communities.

- **It is not necessary to cancel school due to influenza cases.** Closure of individual schools in the event of an outbreak has not proven to be an effective way of stopping the spread of influenza. The decision to close a school should be made by the appropriate school officials based on other considerations.
- **Avoid close contact.** Ill students should be excluded from sports activities, choir or any activities that may involve close contact, since transmission of influenza may be easier in these situations. All students and staff should avoid sharing of saliva, i.e., sharing glasses, water bottles, other drinks, spoons/forks, or kissing, etc.
- **Don't forget about the school bus.** School buses, because of the enclosed space, may allow for easy spread of influenza. Tissues should be available on the buses, and students should be encouraged to cover nose and mouth while coughing or sneezing. Disinfect commonly handled interior surfaces (i.e., door handles, hand rails, etc.) between groups of students, if possible. Consider making alcohol-based hand gel available on buses since hand washing facilities are not available.
- **Clean surfaces frequently.** Routinely clean surfaces that are commonly touched including desks, doorknobs, computer keyboards, stair handrails, and faucets.

Contact information:

The Center for Acute Disease Epidemiology
321 E 12th St
Des Moines, IA 50319
(800) 362-2736


Twin Cedars Music Department
Presents

The 2019 Bluegrass Conference Honor Band



March 7th, 2019
Concert in the High School Gym

Elementary Breakfast Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Donut
4 Choice of muffin	5 Pancakes & bacon	6 Sausage & cheese biscuit	7 Nutri Grain bar	8 Donut
11 Pop Tarts	12 Yogurt cup w/granola	13 Bacon and egg breakfast pizza	14 Mini waffles	15 NO SCHOOL
18 Choice of muffin	19 Breakfast cookie/UBR	20 Biscuit & gravy	21 Pancake on a stick	22 Donut
25 Pop Tarts	26 Mini pancakes	27 Croissant egg and cheese sandwich	28 Frozen Go-Gurt w/animal crackers	29 Donut

Elementary Breakfast Menu ~ March 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*All breakfast served with fruit &/or juice cup and choice of 1% white, fat free chocolate or fat free skim milk.


**Other daily option is cereal bowl.

*** You must have 3 items on our plate and 1 of those items MUST be a fruit. A juice cup will count

**** Menu subject to change

This institution is an equal opportunity provider

Elementary Lunch Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Make sure yo have 3 items on your tray	One of those choices MUST be a fruit or veggie.	1 Mac & cheese Romaine salad Fresh cauliflower Strawberries Animal crackers
4 Chicken quesadillas Brown rice Baked Salad Apples	5 Sloppy joes Fries Fresh cucumbers Berry blend	6 Chicken strip wrap Lettuce Cheese cup Red peppers Fresh broccoli Banana	7 Turkey gravy w/mashed potatoes Muffin Fresh carrots Kiwi	8 Pizza Lettuce Steamed corn Mandarin oranges w/pineapple Ice cream
11 Bbq rib sandwich Fresh celery w/sun butter cup Baked beans Warm cinnamon apples	12 Popcorn chicken Fresh carrots Steamed peas Peaches	13 Beef burgers Fries Baja veggies Strawberries	14 Chicken & noodles Mashed potatoes Steamed green beans Oranges Hot roll	15 NO SCHOOL
18 Grilled chicken sandwich Fries Fresh carrots Mixed fruit	19 Bosco stick w/marinara sauce Little smokies Romaine salad Steamed corn Apples w/caramel	20 Chicken alfredo Breadstick Fresh broccoli & Red peppers Banana	21 Chicken nuggets Brown rice Fortune cookie Stir fry veggies Mandarin oranges w/pineapple	22 Grilled cheese Tomato soup Goldfish crackers Cauliflower Peaches
25 Cheeseburger Fries Fresh carrots Applesauce	26 Turkey or ham wrap Cheese cup Lettuce Tomatoes Broccoli w/cheese Mandarin oranges Pasta salad	27 Walking tacos Refried beans Lettuce Diced tomatoes Cheese cup Oranges Steamed corn	28 Corn dog Steamed green beans Cauliflower Peaches March Bday Cake	29 Popcorn shrimp Steamed corn Fresh carrots Grapes

Elementary Lunch Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

*2nd & 3rd Main Dish Daily Options: Uncrustable or yogurt w/granola

**All lunch served with choice of 1% white, fat free skim chocolate or fat free skim strawberry milk.

***Garden bar is an "extra" and does not count as one of the daily fruit or vegetable options.

High School Breakfast Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Donut
4 Choice of muffin	5 Pancakes & bacon	6 Sausage & cheese biscuit	7 Nutri Grain bar	8 Donut
11 Pop Tarts	12 Yogurt cup w/granola	13 Bacon and egg breakfast pizza	14 Mini waffles	15 NO SCHOOL
18 Choice of muffin	19 Breakfast cookie/UBR	20 Biscuit & gravy	21 Pancake on a stick	22 Donut
25 Pop Tarts	26 Mini pancakes	27 Croissant egg and cheese sandwich	28 Frozen Go-Gurt w/animal crackers	29 Donut

High School Breakfast Menu ~ March 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

*All breakfast served with fruit &/or juice cup and choice of 1% white, fat free chocolate or fat free skim milk.

***Other daily main options:


Cereal bowl, Pop-Tarts, or yogurt cup w/granola

*** You must have 3 items on our plate and 1 of those items MUST be a fruit. A juice cup will count

**** Menu subject to change****

This institution is an equal opportunity provider

High School Lunch Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mac & cheese Or Crispito w/rice & cheese cubes Romaine salad Fresh cauliflower Strawberries Animal crackers
4 Chicken quesadillas or Bosco stick w/cottage cheese Brown rice Baked Salad Apples	5 Sloppy joes or Chicken & cheese burrito Fries Fresh cucumbers Berry blend	6 Chicken strip wrap or Chicken egg roll Lettuce Cheese cup Red peppers Fresh broccoli Banana	7 Turkey gravy w/mashed potatoes or Popcorn chicken w/mashed potatoes Muffin Fresh carrots Kiwi	8 Pizza Lettuce or Grilled cheese Steamed corn Mandarin oranges w/pineapple Ice cream
11 Bbq rib sandwich or Chicken nachos Fresh celery w/sun butter cup Baked beans Warm cinnamon apples	12 Popcorn chicken or Stuffed crust pizza Fresh carrots Steamed peas Peaches	13 Beef burgers or Pizza crunchers Fries Baja veggies Strawberries	14 Chicken & noodles or Pancakes & sausages Mashed potatoes Steamed green beans Oranges Hot roll	15 NO SCHOOL
18 Grilled chicken sandwich or Corn dogs Fries Fresh carrots Mixed fruit	19 Bosco stick w/marinara sauce or Cheeseburger Little smokies Romaine salad Steamed corn Apples w/caramel	20 Chicken alfredo or Taco Breadstick Fresh broccoli & Red peppers Banana	21 Mandarin orange chicken or Mozz cheese sticks Brown rice Fortune cookie Stir fry veggies Mandarin oranges w/pineapple	22 Grilled cheese or Crispito w/rice & cheese stick Tomato soup Goldfish crackers Cauliflower Peaches
25 Cheeseburger or Bosco stick w/cottage cheese Fries Fresh carrots Applesauce	26 Turkey or ham wrap or Chicken & cheese burrito Cheese cup Lettuce Tomatoes Broccoli w/cheese Mandarin oranges Pasta salad	27 Walking tacos or Chicken egg roll Refried beans Lettuce Diced tomatoes Cheese cup Oranges Steamed corn	28 Corn dog or Popcorn chicken w/graham crackers Steamed green beans Cauliflower Peaches March Bday Cake	29 Popcorn shrimp or Grilled cheese Steamed corn Fresh carrots Grapes

High School Lunch Menu ~ March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY

*3rd, 4th & 5th Main dish Daily Options: Turkey sub, Yogurt w/granola or Salad Bar.

**All lunch served with choice of 1% white, fat free skim chocolate or fat free skim strawberry milk.

***Garden bar is an "extra" and does not count as one of the daily fruit or vegetable options.

**** Make sure yo have 3 items on your tray. One of those choices MUST be a fruit or veggie.

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 2:00 PM Open Gym	25 6:50 AM Weight Room	26 6:50 AM Weight Room	27 6:50 AM Weight Room 2:15 PM Early Dismissal	28 6th-8th Solo/Ensemble Band/Choir 6:50 AM Weight Room	1 6:50 AM Weight Room 9:00 AM Blood Drive	2
3 2:00 PM Open Gym	4 6:50 AM Weight Room 8:30 AM Jostens Junior Announcement & T-Shirt Design 8:30 AM Jostens Announcement/C&G Drop Off	5 6:50 AM Weight Room	6 6:50 AM Weight Room 2:15 PM Early Dismissal	7 Bluegrass Honor Band 6:50 AM Weight Room	8 Saber Dance 6:50 AM Weight Room	9 State Independent Speech
10 Daylight Saving Time starts 2:00 PM Open Gym	11 6:50 AM Weight Room	12 End of 3rd Quarter 6:50 AM Weight Room 7:00 PM Dollars for Scholars Meeting	13 6:50 AM Weight Room 12:00 PM Career Day 2:15 PM Early Dismissal	14 6:50 AM Weight Room	15 NO SCHOOL - In-Service 6:50 AM Weight Room	16
17 St. Patrick's Day 2:00 PM Open Gym	18 6:50 AM Weight Room	19 6:50 AM Weight Room	20 6:50 AM Weight Room 2:15 PM Early Dismissal	21 6:50 AM Weight Room 4:30 PM Track: Girls Varsity Invitational vs Albia (Away) 4:30 PM Track: Boys Varsity Invitational vs Albia (Away) 5:00 PM CTE/SIAC Meeting	22 6:50 AM Weight Room	23 Spring Variety Show 5:00 PM NHS Elem. Fun Night
24 2:00 PM Open Gym	25 Iowa Assessments 6:50 AM Weight Room	26 Iowa Assessments 6:50 AM Weight Room 4:00 PM 7th-8th Knowledge Bowl	27 Iowa Assessments 6:50 AM Weight Room 2:15 PM Early Dismissal	28 Iowa Assessments 6:50 AM Weight Room 4:30 PM Track: Boys Varsity Meet vs Belle Plaine, Alburnett, BGM, Don Bosco Catholic, English Valleys, Grundy Center, HLV, Iowa Valley Community, Lynnville-Sully, Meskwaki, Montezuma Community, North Linn, North Mahaska Junior-Senior, Sigourney Junior-Senior, South Tama County, Tri-County, Twin Cedars Community	29 Iowa Assessments 6:50 AM Weight Room	30 8:00 AM Saturday School 4:00 PM Music Carnival
31 2:00 PM Open Gym	1 Iowa Assessments 6:50 AM Weight Room	2 Iowa Assessments 6:50 AM Weight Room 4:30 PM Track: Boys Varsity Meet vs Davis County (Away) 4:30 PM Track: Girls Varsity Meet vs Davis County (Away)	3 Iowa Assessments 6:50 AM Weight Room 2:15 PM Early Dismissal	4 Iowa Assessments 6:50 AM Weight Room 4:30 PM Track: Girls Varsity Meet vs Eddyville-Blakesburg-Fremont, Van Buren, PCM, HLV, Ankeny Christian Academy, Albia, Baxter, Cardinal, Lynnville-Sully, Pleasantville, Twin Cedars Community Schools (Away)	5 Iowa Assessments 6:50 AM Weight Room	6 IHMA Solo/Ensemble

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 ■ 2:00 PM Open Gym	1 Iowa Assessments ■ 6:50 AM Weight Room	2 Iowa Assessments ■ 6:50 AM Weight Room ■ 4:30 PM Track: Boys Varsity Meet vs Davis County (Away) ■ 4:30 PM Track: Girls Varsity Meet vs Davis County (Away)	3 Iowa Assessments ■ 6:50 AM Weight Room ■ 2:15 PM Early Dismissal	4 Iowa Assessments ■ 6:50 AM Weight Room ■ 4:30 PM Track: Girls Varsity Meet vs Eddyville-Blakesburg-Fremont, Van Buren, PCM, HLV, Ankeny Christian Academy, Albia, Baxter, Cardinal, Lyn- nville-Sully, Pleasantville, Twin Cedars Community Schools (Away)	5 Iowa Assessments ■ 6:50 AM Weight Room	6 IHMA Solo/Ensemble
7 ■ 2:00 PM Open Gym	8 ■ 6:50 AM Weight Room ■ 4:15 PM Track: Girls Varsity Meet vs Iowa Valley Community (Away)	9 ■ 6:50 AM Weight Room ■ 4:30 PM Track: Boys Varsity Meet vs Chariton, Albia, Carlisle, Central De- catur, Clarke, Creston Community, In- terstate 35, Martensdale-St Marys, Moravia, Mormon Trail Community Schools, Southeast Warren, Twin Cedars Community Schools, Wayne (Away) ■ 7:00 PM Dollars for Scholars Meeting	10 ■ 6:50 AM Weight Room ■ 2:15 PM Early Dismissal	11 Mid-Term ■ 6:50 AM Weight Room ■ 4:15 PM Track: JH Invitational vs Wayne, Albia, Centerville, Clarke, East Union, Melcher-Dallas, Moravia Junior High, Mormon Trail Community ■ 4:30 PM Track: Girls Varsity Meet vs Pekin, Cardinal, Davis County, English Valleys, Highland, Iowa Valley Com- munity, Keota, Moulton-Udell, New ■ 4:45 PM Track: Boys Varsity Inva- tional vs Clarke, Knoxville, Chariton, Albia, Bedford, Central Decatur, East Union, Interstate 35, Martensdale-St	12 Prom NO SCHOOL - In-Service ■ 4:30 PM Track: JH Meet vs Pella Chris- tian (Away) ■ 6:00 PM Prom Walkin	13
14 ■ 2:00 PM Open Gym	15 Tax Day ■ 6:50 AM Weight Room ■ 4:00 PM Track: JH Meet vs Melcher- Dallas Community Schools (Away) ■ 4:30 PM Track: Boys Varsity Meet vs Wayne (Away)	16 ■ 6:50 AM Weight Room ■ 4:15 PM Track: Girls Varsity Meet vs Melcher-Dallas Community Schools (Away) ■ 4:30 PM Track: Boys Varsity Meet vs Melcher-Dallas Community Schools (Away)	17 ■ 6:50 AM Weight Room ■ 2:15 PM Early Dismissal	18 ■ 6:50 AM Weight Room ■ 2:15 PM Early Dismissal ■ 4:30 PM Track: Boys Varsity Meet vs Eddyville-Blakesburg-Fremont, HLV, Chariton, Davis County, English Valleys, Fairfield, Mediapolis, Moravia Community Schools, Mount Pleasant, North Mahaska Junior-Senior, Pekin, Sigourney Junior-Senior, Tri-County, Twin Cedars Community Schools, Wayne, Williamsburg (Away) ■ 4:30 PM Track: Girls Varsity Meet vs Wayne (Away)	19 NO SCHOOL	20
21 Easter Sunday	22 Easter Monday ■ 6:50 AM Weight Room ■ 4:15 PM Track: JH Meet vs Martens- dale-St Marys (Away)	23 ■ 6:50 AM Weight Room ■ 4:30 PM Track: Boys Varsity Inva- tional vs South Tama County, Meskwa- ki, Prairie, Twin Cedars Community Schools, Williamsburg (Away) ■ 4:30 PM Track: Girls Varsity Game vs South Tama County, Denver Commu- nity Schools, Grinnell, Twin Cedars Community Schools, Williamsburg (Away)	24 ■ 6:50 AM Weight Room ■ 2:15 PM Early Dismissal	25 ■ 6:50 AM Weight Room ■ 7:00 PM Spring Concert (7-12)	26 ■ 6:50 AM Weight Room ■ 4:30 PM Track: Boys Varsity Meet vs Cardinal, Van Buren, Melcher-Dallas, Moravia Community Schools, Moulton- Udell, Pekin, Tri-County, Twin Cedars Community Schools (Away) ■ 4:30 PM Track: Girls Varsity Game vs Cardinal, Van Buren, Melcher-Dallas, Moravia, Moulton-Udell, Pekin, Tri- County, Twin Cedars Community Schools (Away)	27 Music to Adventureland ■ 8:00 AM Saturday School
28 ■ 6:50 AM Weight Room ■ 4:30 PM Track: JH Meet vs Lynnville- Sully, BGM, Colfax-Mingo, English Val- leys, Grand View Christian, North Ma- haska Junior-Senior, Sully Christian, Twin Cedars Community Schools (Away)	29 ■ 6:50 AM Weight Room ■ 4:00 PM Track: Boys Varsity Inva- tional vs Lamoni (Away) ■ 4:30 PM Track: Girls Varsity Inva- tional vs Lamoni (Away) ■ 4:30 PM Track: JH Meet vs Eddyville- Blakesburg-Fremont, PCM, Centerville, Pella Christian, Pleasantville, Tri- County, Keota, Albia, Twin Cedars Community Schools, Moravia Commu- nity Schools (Away)	30 ■ 6:50 AM Weight Room ■ 4:00 PM Track: Boys Varsity Inva- tional vs Lamoni (Away) ■ 4:30 PM Track: Girls Varsity Inva- tional vs Lamoni (Away) ■ 4:30 PM Track: JH Meet vs Eddyville- Blakesburg-Fremont, PCM, Centerville, Pella Christian, Pleasantville, Tri- County, Keota, Albia, Twin Cedars Community Schools, Moravia Commu- nity Schools (Away)	1 ■ 2:15 PM Early Dismissal	2 ■ 7:45 AM Jostens Senior Check Out ■ 4:00 PM Track: Girls Varsity Inva- tional vs Newton, Colfax-Mingo, Lyn- nville-Sully, North Mahaska Junior-Se- nior, Pleasantville, Southeast Warren Jr/Sr High School, Twin Cedars Com- munity Schools (Away) ■ 4:00 PM Track: JH Tournament vs La- moni Community Schools (Away) ■ 4:00 PM Track: Boys Varsity Inva- tional vs Newton, Colfax-Mingo, Lyn- nville-Sully, North Mahaska Junior-Se- nior, Pleasantville, Southeast Warren Jr/Sr High School, Twin Cedars Com-	3 Elementary Track & Field	4 Senior Trip