

2023 Cumberland Lady Raiders and Raiders Cross Country Schedule

Head coach: Monica Carl

Monday, July 31 Practice can begin.

Thursday, August 17 CMS Mile Rep Relays @ EIU 4:30 PM girls bus @ 3:15 PM
5:00 PM boys

Saturday, August 26 Cumberland Invite HOME 9 AM

**pictures will be taken on this date at 7:30 AM

Cumberland, Okaw Valley, Effingham St. Anthony, Robinson, Effingham, Teutopolis

Charleston, Shelbyville, Sigel St. Michael, Effingham Sacred Heart, North Clay,

St. John Lutheran-Mattoon, Dieterich

Saturday, Sept. 2 Charleston Charleston 8:00 AM bus @ 6:45 AM

Saturday, Sept. 9 Shelbyville Shelbyville 9:00 AM bus @ 7:00 AM

Wed., Sept. 13 Marshall Mill Creek 4:00 PM bus @ 2:30 PM

Friday, Sept. 15 Olney Invite Olney 4:00 PM bus @ 2:15 PM

Tuesday, Sept. 19 Cumberland Meet HOME 4:00 PM

Cumberland, Jasper County, Casey, St. John-Mattoon, Sigel St. Michael

Monday, Sept. 25 Robinson Robinson 4:00 PM bus @ 2:15 PM

Thursday, Sept. 28 Robinson Invite Robinson 3:30 PM bus @ 2:00 PM

Saturday, Sept. 30 Monticello Invite Monticello 9:00 AM bus @ 6:30 AM

Monday, Oct. 2 LEIC Conference Jasper Co 4:30 PM bus @ 3:15 PM

Saturday, Oct. 7 Sectionals TBA

Saturday, Oct. 14 State TBA

06/08/2023 sk