

January 10, 2022

A Proud Past, A Promising Future

"Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."

~Dale Carnegie

MONDAY, JANUARY 10 *****REPORT CARDS ISSUED*****

Breakfast –Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

• JV Basketball @ Lower Richland 6/7:30 p.m.

TUESDAY, JANUARY 11

Breakfast – Manager's Choice, Juice, Milk **Lunch** – Manager's Choice, Juice, Milk

Varsity Boys Basketball vs. LR 6 p.m.

WEDNESDAY, JANUARY 12

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

> Varsity Wrestling vs. Westwood & Richland Northeast

THURSDAY, JANUARY 13

PARENT TEACHERS CONFERENCES - PM

Breakfast – Manager's Choice, Juice, Milk Lunch – Manager's Choice, Juice, Milk

JV Basketball vs. Lower Richland 6/7:30 p.m.

FRIDAY, JANUARY 14 PARENT TEACHER CONFERENCES – AM Students do not attend school on this day.

Varsity Basketball @ LR 6/7:30 p.m.

SATURDAY, JANUARY 15

- MS/JV Wrestling The Capital Sectional Tournament
- Varsity Wrestling @ Fairfield Central Region
 Duals

Good News

This past weekend our students auditioned against other band students from our region for seats in the Region VI Honor Band. We have three students who qualified to audition against the top musicians in the state for the SCBDA All-State Band.

Congratulations to the following students on their accomplishment of qualifying for All-State auditions.

Teagan Rauch (placed 2nd out of 60 students)
Sarah Hicks (placed 4th out of 50 students)
Katy Mae Crooks (placed 4th out of 35 students)

GREAT JOB!

Cafeteria News

All students are provided one Breakfast and one Lunch, daily, at NO COST. Please visit the school café to enjoy your meal which includes fresh fruit, vegetable, whole grains, protein and milk!

On-going/Upcoming Events

2021-2022 ACT<u>Test @ MCHS</u>
February 12, 2022
April 2, 2022
July 16, 2022

2021-2022 SAT<u>Test @ MCHS</u>
March 12, 2022
May 7, 2022
June 4, 2022

Parent Teacher Conferences will be held on Thursday, January I3 from 3:30 p.m.- 7:30 p.m. and Friday, January I4 from 8:00 a.m. - II:30 a.m. All meetings will be held by appointment and will be virtual only.

Any parent wishing to meet with a teacher will need to sign up for a 10 minute time slot in advance (https://www.mid-

carolinahighschool.org/o/mchs/article/621882).

Once you sign up for a time, you will need to access the **Google Meet link** on either January 13 or 14 at your designated time. This link will be provided once your sign-up is confirmed.

If you have any questions about the sign-up process, please contact Ms. Felker (<u>ifelker@newberry.k12.sc.us</u>) or your child's teacher.

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All schools and offices will be closed on **Monday, January 17**, in observance of Martin Luther King, Jr.

The next early release day is **Wednesday**, **January 26**. Students are to leave campus immediately after school.

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DON'T WAIT UNTIL THE LAST MINUTE.

Reserve your 2021-2022 yearbook today for \$70. After Christmas the price will increase to \$75.

Yearbook orders are placed on January 23 with the publishing company. A limited number of extras will be ordered. Therefore, if you wish to purchase a yearbook after January 23, your name will be placed on a waiting list. If you receive a yearbook at delivery, payment of \$80 will be expected at time of issue.

WORD POWER

- M SPECULATOR [spec·u·la·tor] n. someone who makes conjectures without knowing the facts
 SPONTANEOUS [spon·ta·ne·ous] adj. coming or resulting from a natural impulse or tendency
- STAID [steyd] adj. fixed, settled, or permanent
 STEALTH [stelth] n. The act of moving, proceeding, or acting
 in a covert way
- W STIGMA [stig-muh] n. a mark of disgrace or infamy; a stain or reproach, as on one's reputation STIMULUS [stim-yuh-luh s] n. something that incites or rouses to action; an incentive
- T STOLID [stol-id] adj. not easily stirred or moved mentally; unemotional; impassive STRIPLING [strip-ling] n. a youth in the state of adolescence, or just passing from boyhood to manhood; a lad
- F STUDIOUS [stoo-dee-uh s] adj. carefully planned or maintained; studied
 SUAVE [swahv] adj. smoothly agreeable or polite; agreeably or blandly urbane



M-C Faculty News

Mid-Carolina High School

Volume 10, Issue 14 January 10, 2022

Our mission: To engage students in educational experiences that ensure success and life-long learning.

Our vision is of a culture where all ideas are valued; a cooperative relationship exists between the school, the district, and the community; collaboration is expected; and people want to work and students want to learn.

21 TIPS FOR A POSITIVE NEW YEAR

2022

1 STAY POSITIVE

You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.

TAKE A DAILY "THANK YOU WALK"

You can't be stressed and thankful at the same time. Feel blessed and

3 EAT HEALTHIER FOODS

that grow on trees and plants and less foods manufactured in plants.

4 TALK TO YOURSELF

instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.

5 NO ENERGY VAMPIRES ALLOWED

Post a sign that says "No Energy Vampires Allowed." Gandhi said, "I will not let anyone walk through my mind with their dirty feet."

6 BE A POSITIVE TEAM MEMBER

Being positive doesn't just make you better, it makes everyone around

7 DON'T CHASE SUCCESS

Decide to make a difference and success will find you.

8 GET MORE SLEEP

You can't replace sleep with a double latte

9 DON'T WASTE YOUR ENERGY

Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control.

10 LOVE, SERVE AND CARE

You don't have to be great to serve but you have to serve to be great Look for opportunities to Love, Serve and Care.

11 REMEMBER YOUR WHY

Live your purpose. Remember why you do what you do. We don't get burned out because of what we do. We get burned out because we forget why we do it.

12 LOVE THE PROCESS

Remember there's no such thing as an overnight success. Love the process and you'll love what the process produces.

13 HAVE TRUST

Trust that everything happens for a reason and expect good things to come out of challenging experiences.

14 NO COMPLAINING RULE

Implement the No Complaining Rule. If you're complaining you're not leading.

15 READ MORE

Read more books than you did in 2021. I happen to know of a few good ones, ;)

6 DON'T SEEK HAPPINESS

Instead live with love, passion and purpose and happiness will find you.

FOCUS ON "GET TO"

Focus on "Get to" vs "Have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

8 GET BACK UP

The next time you "fail" remember that it's not meant to define you. It's meant to refine you.

SMILE & LAUGH MORE

They are natural anti-depressants.

20 BOOST YOUR IMMUNE SYSTEM

and health-Eat wild salmon, turmeric, blueberries. Take vitamin C, D and Zinc.

21 ENJOY THE RIDE

You only have one ride through life so make the most of it and enjoy it!

-Jon Gordon

Important Dates

1/10 Report Cards Issued

1/13 Parent Teacher Conferences (PM)

1/14 Parent Teacher Conferences (AM) - No Students

1/17 Martin Luther King, Jr. Holiday Schools/Offices Closed

1/26 Student Early Release

2/12 ACT

2/14 Interim Reports Issued

2/18 Professional Development (No Students/1st Make-Up Day)

2/21 President's Day Holiday Schools/Offices Closed

3/2 Student Early Release

₩HAPPY **∜** BIRTHDAY!

Happy birthday wishes to Gary Wilbanks (1/16).



Reminders

FACULTY FUND

Don't forget to contribute to the MCHS Faculty Fund. The cost for 2021-2022 is \$15 each.



Please check your mailboxes and e-mail for vital information early each morning.

