

## **UNIVERSAL PRECAUTIONS AND SANITARY CLEANUP**

The Midway School District shall comply with the following universal precautions and sanitary practices to reduce the spread and transmission of illness and contagious diseases. These universal precautions and sanitary practices are to be used when providing care to all individuals, whether or not they appear infectious or symptomatic.

### **Attending to the Victim**

Apply a barrier (latex rubber gloves, thick layer of paper towels or cloth) whenever blood or body fluids are present to minimize exposure of the attending person while the injury is cleansed and/or dressed.

1. Apply a barrier to the affected area of the victim if possible. Blood and body fluids should be removed with disposable paper towels, gauze, or rags.
2. Secure all cleansing materials, gloves, and other soiled items (e.g., diapers) in plastic bags. Tie bags and dispose in a sanitary disposal site.
3. Bag and send home soiled clothing and/or other personal items. Do not clean or rinse these items at school.
4. Remove gloves and dispose in plastic bag.
5. Thoroughly wash hands with soap.

### **Cleaning and Disinfecting Environment**

1. Apply a barrier (rubber utility gloves durable enough to withstand environmental cleaning and disinfecting, thick layer of paper towel, or cloth) whenever cleaning and disinfecting an area in which blood or body fluids are present.
2. Use disposable paper towels or other disposable materials to remove blood and body fluids
3. Disinfect the affected area(s) and cleaning tools with a commercial disinfectant (mixed according to manufacturer's specifications) or bleach solution (approximately  $\frac{1}{4}$  cup common household bleach per gallon of tap water, mixed fresh daily). The affected surface being disinfected should remain wet for several minutes.
4. Secure gloves and all waste in a plastic bag. Tie bag and dispose in a sanitary disposal site.

### **Cleanup for Attending Employee**

1. Remove barrier, dispose and secure in a plastic bag.
2. Wet hands with clean, running water and apply soap.
3. Thoroughly scrub hands for at least 20 seconds. Pay particular attention to fingertips, nails and jewelry.
4. Use an alcohol-based waterless hand sanitizer that contains at least 60% alcohol if soap and water are not available. Wash hands with soap and water as soon as possible.