

HERE'S HOW WE CAN HELP



THE CRESSKILL SCHOOL DISTRICT WANTS TO SEND A FRIENDLY REMINDER THAT WE ARE HERE TO HELP IF YOUR CHILD IS STRUGGLING WITH AN EMOTIONAL OR BEHAVIORAL PROBLEM. BELOW IS THE NUMBER AND LINK TO PERFORM CARE. ADDITIONALLY, YOU AND YOUR CHILD CAN ALWAYS REACH OUT TO THE GUIDANCE COUNSELORS, STUDENT ASSISTANCE COUNSELOR, SCHOOL SOCIAL WORKERS AND SCHOOL PSYCHOLOGISTS.

IF YOUR CHILD IS EXPERIENCING A LIFE THREATENING EMERGENCY,
PLEASE CALL 911 OR VISIT YOUR LOCAL EMERGENCY ROOM.

PERFORM CARE (MOBILE CRISIS)

[HTTPS://WWW.PERFORMCARENJ.ORG/](https://www.performcarenj.org/)

1-877-652-7624

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GUIDANCE COUNSELORS

MIKE STONE
201 227 7791 X1026
MSTONE@CRESSKILLNJ.NET

MIKE ZELIZO
201 227 7791 X1073
MZELIZO@CRESSKILLNJ.NET

RACHEL COHEN
201 227 7791 X1047
RCOHEN@CRESSKILLNJ.NET

LAURA ALVAREZ
201 227 7791 X1029
LALVAREZ@CRESSKILLNJ.NET

LANA SHTOFMAKHER
201 227 7791 X1060
LSHTOFMAKHER@CRESSKILLNJ.NET

STUDENT ASSISTANCE COUNSELOR

MS. CATHY WHITE
201-227-7791 X1208
CWHITE@CRESSKILLNJ.NET

SCHOOL PSYCHOLOGISTS

DR. JANELLE AMATO
201-227-7791 X1201
JAMATO@CRESSKILLNJ.NET

MR. DAN APICE
201-227-7791 X1228
DAPICE@CRESSKILLNJ.NET

MS. CASSANDRA MORRONE
201 227-7791 X1218
CMORRONE@CRESSKILLNJ.NET

SCHOOL SOCIAL WORKERS

MS. KELLY PETRIE
201-227-7791 X1221
KPETRIE@CRESSKILLNJ.NET

MS. LISA RUANE
201-227-7791 X1094
LRUANE@CRESSKILLNJ.NET