



Cougar News



IMPORTANT DATES TO REMEMBER

Tues. 1/11 - 4:00
Beginning Band
Rehearsal @ RMS

Wed. 1/12-COTM @
8:45 and 9:15

Wed. 1/12 - 12:15
Dismissal for all
students

Thur. 1/13 - 4:00
Advanced Band
Rehearsal @ RMS

Mon. 1/17 - NO
SCHOOL; Martin
Luther King Jr. Day

January 7, 2022



School Hours: 8 am - 3 pm

Christine Hebert, Principal
East Rochester School
773 Portland Street, Rochester, NH 03868
Phone (603) 332-2146
www.rochesterschools.com/o/ers/
[Twitter @ERSchoolnh](https://twitter.com/ERSchoolnh)

Absences:

When your child is absent. Please call the school office (603) 332-2146. Leave your name, your child's name, the child's teacher's name and reason for absence. If we do not hear from you, district policy states we will call you. This is for your child's safety.

Table Talk: Positive Mindset increases results so let them know they CAN do a great job on their assessments. The more they hear it, the better!

Lunch Menu Link
[MENU](#)

East Rochester School Expectations	
BE SAFE	
I will make safe and appropriate choices.	I will demonstrate behavior that is considerate of the community, the school and myself.
BE RESPONSIBLE	
I will be on time to fulfill my daily commitments.	I will be actively engaged in my learning by asking questions, collaborating and seeking solutions.
BE RESPECTFUL	
I will be truthful and accountable for my choices.	I will show respect and encourage the right to teach and the right to learn at all times.



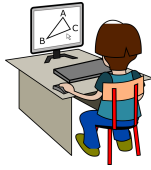
**PLEASE BE SURE
TO SEND IN A
WATER BOTTLE
EACH DAY WITH
YOUR CHILD.**

It is important that
Kindergarten pick up not
arrive prior to 2:00 pm

Grade 1 - 5 pick up not
arrive prior to 2:45



Arriving early blocks traffic and
interferes with pre-school pick up



Hello ERS Families!

January is mid-year benchmark testing month. Throughout January, all students in grades K-5 will be administered the DIBELS mid-year test to assess reading fluency and other basic literacy skills. Over the course of the next two weeks all students in grades 1-5 will also be taking the NWEA math and reading tests (see calendar below for your child's NWEA testing days). Please help your child be best prepared to demonstrate his/her ever-strengthening academic skills by reminding your child of the following tidbits for testing success:



Get a good night's sleep so you are rested and ready to show all you know!




Eat a good breakfast so you have energy to do your best!



Keep a positive attitude--you CAN do this, and you WILL!

And don't forget these Test-Taking Tips:



Test-Taking Tips

Read the question first!
Guide your reading--know what you're looking for!

Break it down!
Split words you don't know into syllables so you can read them more easily!

Eliminate ridiculous answers!
Get rid of answers that don't make sense!

Prove it!
Look back in the text to find the evidence for your answer!

Twice is nice!
Double-check your answer!

Mid-Year Benchmark Testing Schedule

<u>Mon 1/10</u>	<u>Tues 1/11</u>	<u>Wed 1/12</u>	<u>Thurs 1/13</u>	<u>Fri 1/14</u>
NWEA Reading 3rd Grade 5th Grade	NWEA Reading 2nd Grade 4th Grade	No Testing (Early Release Day)	NWEA Math 3rd Grade 5th Grade	NWEA Math 2nd Grade 4th Grade

<u>Mon 1/17</u>	<u>Tues 1/18</u>	<u>Wed 1/19</u>	<u>Thurs 1/20</u>	<u>Fri 1/21</u>
No School	NWEA Reading 1st Grade	NWEA Math 1st Grade	NWEA Make-Up Testing	NWEA Make-Up Testing



This month we will not be introducing anything new for MTSS. Instead, teachers will spend time reviewing and reteaching expectations from the rollouts we've worked on so far this year. They will review this slideshow ([Tier 1 MTSS Review](#)) and use other resources/visuals posted within the building to reteach the expectations for our LINE procedure, the Zones colors/feelings, proper use of the Chill Zone and Paws and Reflect forms, and effective collaboration.