

# JANUARY 2022

# T-BIRD FLYER



1.7.22

Dear Parents and Guardians,

Happy New Year! I hope you all had a restful and peaceful Christmas break. Another year has passed in the shadow of a pandemic. With the new year come new hopes, new promises, new resolutions and new commitments. As the world stands in solidarity against its common enemy, it was encouraging to see that the spirit of celebrating a new year wasn't lost when it came to spreading love and cheer virtually. My Facebook feed was flooded with words of wisdom, grace, positivity, and motivation, hoping to inspire one to have the best year yet. Classics like, *"Last year's words belong to last year's language. And next year's words await another voice,"* from famed writer T.S. Eliot, to funny ones like, *"Youth is when you're allowed to stay up late on New Year's Eve. Middle age is when you're forced to,"* from Bill Vaughn erected a range of reactions as I came across them throughout the day.

For some of our students, the arrival of a new year is often filled with complicated emotions. They are excited for all there is to look forward to in the coming year, yet they may feel disappointed or sad about opportunities that didn't come to fruition. Considering many are still processing feelings from the ongoing pandemic, to recent loss, it may seem difficult for some to move forward. While everything continues to change, these New Year's quotes somehow manage to summarize all those complicated thoughts and feelings one may be dealing with. *"You have survived 100% of your worst days,"* is probably the quote I was personally drawn to the most. While I appreciate the reminder that is important to never underestimate one's strength, I can't help but fall back on my favorite Bible verse that has the ultimate reassurance: *"For I know the plans I have for you,' declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future"* Jeremiah 29:11.

Now, it's time to say goodbye to 2021 and thank it for the lessons it brought, then welcome 2022 and all the potential it holds. Here are just a few quotes about the new year to help you do just that.

Blessings to you and your family,

Mrs. Williams



## SAVE THE DATE:

January 17

MLK Day, No School

January 24

7:00, Great Hall, College Round Table

January 29

8:30, 8th Grade Placement Test

January 30 - February 5

Catholic Schools Week

February 5

8:30, 8th Grade Placement Test

February 5

6:00, Night at the Races

## FOLLOW US:



# Save the Date

*St. Charles & Lima Central Catholic*

7th Annual Bid for Kids Auction

Join us March 19th at the UNOH Event Center for an evening of dueling pianos, hors d'oeuvres, silent and live auctions and our famous mystery boxes.



## Thunderbird Parent Club

Currently, the Thunderbird Parent Club are looking for volunteers to donate items or funds for initiatives throughout the year, **especially upcoming events**. The LCC teachers and staff greatly appreciate the wonderful hospitality and generosity from the volunteers of the Thunderbird Parent Club. To see a list of all the items needed or to sign up to donate please [CLICK HERE](#)

## Diva's Den Free Prom Dress Event

The Kiwanis Club of Lima will be hosting its 13th annual Diva's Den free prom dress/gown project on January 22 from 9:00 am to noon at the Lima Masonic Center, 2165 North Cole Street, Lima, Ohio 45801. There will be an awesome selection of dresses available including 200 never used dresses donated by Don Johnson's Florist & Bridal when it closed.

## Capital Campaign Success

We are excited to announce we will be wrapping up 2021 with the success of our LCC Educational Foundation Campaign, having exceeded our goal of \$6 million! In 2019, the LCCEF embarked on a pivotal \$6 million campaign to increase the assets of the Foundation which help keep tuition costs down and provide much needed tuition assistance for students, provide near-term operational support for the High School, and invest in our elementary schools. Through these efforts new initiatives arose, including the establishment of 5 new named scholarships for LCC students, the forming of an Endowment to grow the Arts at LCC, and more which you will be hearing about very soon!

The Lima Central Catholic Educational Foundation was able to award over 90% of our students a total of \$177,804 in scholarships and tuition assistance for the 2021-22 school year. Thanks to the success of the campaign, those numbers will continue to rise promising the attainability of a Catholic Education for all families.

LIMA CENTRAL CATHOLIC ATHLETICS PRESENTS

# NIGHT AT THE RACES

FEBRUARY 5TH  
DOORS OPEN AT 6PM  
FIRST RACE STARTS AT 7PM



TICKETS ARE \$35 PRESALE  
\$15 TABLE RESERVATION

Tickets are now available for our annual Night at the Races Thunderbird Athletic and Band Boosters on Saturday, February 5. The advance ticket price of \$35 covers all food & spirits for the night, \$15 for a reserved table. Get your group together and support T-bird Athletics & Band in our largest single day fundraiser of the year!

You can purchase [HERE](#). \*Must be 21 to enter.

## Math and Lead by Example Awards

November Math Awards: William Lawrence, Caitlyn Purvenas, TK Knight and Melana Badea. 2nd Quarter Lead by Example: Jillian Terrill, Sebastian Pierce, Deangelo Russell and Colton Blubaugh. Congrats T-Birds!



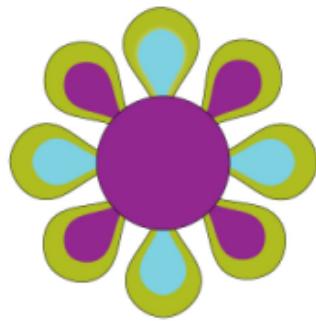
## National Honor Society Inductees

Congratulations to National Honor Society Inductee's and Officers; Carlie VanMeter: Vice President, Jaylen Roehm: President, Emma Mayers: Secretary and Nick Chambers: Treasurer.



## Coach Kill's 200th Win





Mental Health &  
Recovery Services  
Board of  
Allen, Auglaize, and  
Hardin Counties  
[www.wecarepeople.org](http://www.wecarepeople.org)

## January 2022, School Newsletter Article

### Talking to Teens About Marijuana

Marijuana has become legal in more states and more socially acceptable across the nation. These laws are becoming more lenient for adult use, comparable to other substances like alcohol. But like alcohol, marijuana is illegal for youth.

While marijuana addiction rates are lower than other illicit drugs, it is still possible to become addicted. The idea that marijuana is entirely non-addictive is a common misconception. Addiction is a disease that depends on various factors like family history, other drug use, peer relationships, and the age a person starts using. Approximately 9% of marijuana users become addicted.

That addiction rate increases to 17% for those who start using marijuana as a teen. Youth, ages 13-18, are at significantly higher risk for developing a cannabis use disorder (CUD) than those aged 22-26. The developing adolescent brain is at a much higher risk for substance abuse. The longer your kids wait to try any drug, the less likely they will develop an addiction.

Talking to your kids is the best way to prevent drug use and addiction.

Children are more receptive to talks about harmful substances than teenagers. Don't wait until they are "old enough" for these topics. You can start covering harmful substances at ages 3-5 regarding dangerous substances in their environment like bleach or tobacco. Have an ongoing conversation about drugs and the harms of use with your child as they grow up. Learn how to start these conversations at [letstalk.care](http://letstalk.care).

How to talk to your teen about cannabis:

- Be self-aware of your own beliefs and views on marijuana. Your child may disagree with you on some of your beliefs. Find resources on it all. Cannabis has changed. Know how.
- Start early by having conversations on other difficult issues. Creating a family habit of discussing hard topics makes it easier to bring up cannabis.
- Stop talking and listen. Don't correct your child. Learn what they think and believe about marijuana. Start with, "Tell me all you know about cannabis." Ask clarifying questions that begin with "how," such as, "how did you learn that?" Avoid statements like, "You are wrong."
- Talking with teens can be difficult. Asking questions and listening is the key. They need to feel in control, so let them lead some conversations.

Learn more in this comprehensive guide on talking to teens about cannabis: [stayhonest.org](http://stayhonest.org).

If you or your child would like to talk about the dangers of substance use, call the Hopeline at 1-800-567-4673. Call 211 for mental health and community resources. You can also go to the We Care Crisis Center in Lima at 797 South Main Street, Lima, OH 45804.

If you have concerns about substance use like vaping or marijuana, register your child for the iMind program. iMind is a voluntary one-day weekend program that gives adolescents tools to avoid substance use. Learn more and register at [wecarepeople.org/imindprogram](http://wecarepeople.org/imindprogram).



**GOLDEN  
APPLE  
AWARD**

Diocese of Toledo

**Golden Apple Award Nominations Are Now Open!**

**Each year, through the generosity of the Donahue family, the Golden Apple Award is given to seven (7) preschool and/or elementary school teachers and two (2) secondary teachers each year. Only one winner per school per year, with the exception of K-12 school systems, who may have both an elementary and a high school recipient.**

**The award consists of:  
Cash award of \$5,000  
Golden Apple with 24 carat gold cross  
Recognition Dinner**

**Requirements:**

**Be a practicing Catholic.  
Currently teaching PK-12 in a school within the Diocese of Toledo.  
Have taught full or part time, for at least 5 full years in a school within the Diocese of Toledo.  
Hold a valid license or certification to fulfill both diocesan and state requirements.  
Nominated by a fellow teacher, student or parent (If student nominates a teacher in an elementary school, it must be done with a parent.)**

**ALL NOMINATIONS ARE DUE TO THE SCHOOL PRINCIPAL BY FEBRUARY 15, 2022**

**[CLICK HERE FOR NOMINATION FORM](#)**