

# Isolation & Quarantine Update

## New Timeline for COVID Positive & COVID Exposure

The CDC, New York State DOH, and the Chautauqua County DOH provided new guidance for individuals who have either tested positive for COVID 19, or who have been identified as a close contact of a COVID positive individual.

This new guidance and timeline is effectively immediately.



### Individuals who test positive for COVID-19

- must isolate for 5 days
- if symptoms are resolving, then the individual may return to school on day 6\*

\*Day 0 is the first day of symptom onset. If asymptomatic, day 0 is the day of the positive test.

These individuals must wear a well-fitting mask and maintain social distancing of at least 6 feet (including with students and colleagues) at all times upon return to school.



### Individuals exposed to COVID-19 who are boosted OR have completed the primary Pfizer or Moderna vaccine series within the last 6 months OR have had COVID-19 in the last 90 days

- do not have to quarantine
- the booster must have been received at least 2 weeks before the first date of exposure
- if symptoms appear, testing is recommended on day 5

These individuals must wear a well-fitting mask and maintain social distancing of at least 6 feet (including with students and colleagues) at all times upon return to school.



### All others

- must quarantine for 5 days (regardless of vaccination status if received more than 6 months ago)
- if symptoms appear, testing is recommended on day 5
- if no symptoms, the individual may return to school on day 6

## Required documentation to return to school after five days

Complete the isolation or quarantine affirmation located on the Chautauqua County Department of Health's website:

<https://chqgov.com/public-health/cc-public-health-covid-19-isolation-and-quarantine-documents>

**The affirmation documents noted above must be provided to our health office prior to return to school.**