

Bixby Public Schools Essential Elements

Course/Grade: Family and Consumer Science 1 1<sup>st</sup> Semester

9-12 grade

Semester: 2

Information Literacy-Pg 400-Standard 7.1  
 Information Literacy-Pg 401-Standard 9.1  
 Information Literacy-Pg 399-Standard 1.3  
 Information Literacy-Pg-399-Standard 1.3  
 Information Literacy-Pg-399-Standard 1.4  
 Information Literacy-Pg-399-Standard 2.3  
 Information Literacy-Pg-399-Standard 3.1  
 Information Literacy-Pg-399-Standard 3.2  
 Information Literacy-Pg-400-Standard 4.1  
 Information Literacy-Pg-400-Standard 6.2  
 Information Literacy-Pg-401-Standard 8.1  
 Information Literacy-Pg-401-Standard 8.3

Health Safety-Pg 372-Standard 1.5  
 Health and Safety-Pg 372-Standard 1.1  
 Health and Safety-Pg 389-Standard 5.2  
 Health and Safety-Pg 392-Standard 3.3  
 Language Arts-Pg 89-Standard 1.3  
 Language Arts-Pg 91-Standard 4.1c  
 Language Arts-Pg 89-Standard 1.4  
 Language Arts-Pg 89-Standard 1.2  
 Language Arts-Pg 89-Standard 1.4  
 Personal and Social Skills-Pg 393-Standard 5.4  
 Personal and Social Skills-Pg 393-Standard 5.0  
 Science-Pg 205-Standard 3.5  
 Science-Pg 205-Standard 3.5  
 Science-Pg 204-Standard 1-2  
 Technology Education-Pg 411-Standard 18

	<b>Weeks 1-6</b>	<b>Weeks 7-12</b>	<b>Weeks 13-18</b>
Content/Concepts	<ul style="list-style-type: none"> <li>Family, Career, and Community Leaders of America (FCCLA) and Leadership</li> <li>Investigating Careers</li> </ul>	<ul style="list-style-type: none"> <li>Foods, Fitness, and Nutrition</li> </ul>	<ul style="list-style-type: none"> <li>Self Discovery and Time Management</li> <li>Relationships and Decision Making</li> </ul>
Skills	<ul style="list-style-type: none"> <li>Learn about history of FCCLA</li> <li>Participate in team leadership building skills</li> <li>Create a resume</li> <li>Learn appropriate job interviewing skills</li> <li>Investigate Careers</li> <li>Create a Career Investigation portfolio</li> </ul>	<ul style="list-style-type: none"> <li>Distinguish between benefits of nutrients</li> <li>Compare Food Labels</li> <li>Develop a food log based on MyPlate</li> <li>Discuss eating disorders</li> <li>Study the benefit of exercise</li> <li>Create, plan and prepare meals</li> <li>Investigate food groups and their nutritive values</li> </ul>	<ul style="list-style-type: none"> <li>Demonstrate effective communication skills</li> <li>Identify personality types</li> <li>Develop decision making tools</li> <li>Demonstrate use of personal time</li> <li>Understand the importance of choosing the right partner</li> <li>Identify sexually transmitted diseases/infections</li> </ul>
Assessment for Content and Skills	<ul style="list-style-type: none"> <li>Tests</li> <li>Class Assignments</li> <li>Individual/group projects</li> <li>Career portfolio</li> </ul>	<ul style="list-style-type: none"> <li>Tests</li> <li>Class Assignments</li> <li>Individual/group projects</li> <li>Cooking Labs</li> </ul>	<ul style="list-style-type: none"> <li>Tests</li> <li>Class Assignments</li> <li>Individual/group projects</li> </ul>
Resources	Various Speakers Website Resources Videos and Power Point Presentations Family and Consumer Sciences CIMC Today's Teen by Glencoe		
Academic Vocabulary	bacteria baste abstinence agenda bake bobbin alternatives assertiveness beat clip assets clinical depression biscuit method crosswise grain barter communication blend directions budget compromise chop fabric consumer constitution combine lengthwise grain diversity continuum cream needle economics culture cube notch expectation diversity cut-in notions harassment entrepreneurship dice pattern hierarchy evaluation fold-in pattern selector dial incentive extrovert knead pivot point inflation heritage leavening agent reverse lever internship hostility mince right side interpersonal infatuation minerals seam initiative media mix seam allowance investment persuasive		

