

GERMANTOWN SCHOOL DISTRICT EMERGENCY HEALTH PLAN

Severe Allergic Reaction (Anaphylaxis) – Used for those students where allergy is unknown or do not have an Allergy Action Plan

Anaphylaxis is a severe allergic reaction that may be triggered by a food allergy, insect sting, or drug reaction. Emergency action is necessary when the student has symptoms such as swallowing and breathing difficulties, abdominal pain, cramps, vomiting, diarrhea, hives, and angioedema (swelling similar to hives, but the swelling is beneath the skin instead of on the surface).

For students with known allergy, refer to Individual Allergy Action Plan if available

District EpiPens are available in the health rooms for those who are suffering from anaphylaxis without a previously known allergy. Only trained staff may administer epinephrine.

Steps to take in the event a student has an allergic reaction:

1. Note the time
 2. Call the main office (KMS dial 555, GHS dial 7777)
 - a. Office personnel will ask these questions:
 - i. What room are you in?
 - ii. Who is the student that needs help?
 - iii. What is happening?
 - b. Call a medical alert code over PA system:
 - i. “Medical Alert in room/area/hallway _____.”
 - c. Office personnel will call in this order with above information:
 - i. Health aide
 1. will bring medication to the student
 2. will help assist with basic first aid
 - ii. 911
 - iii. District Nurse
 - iv. Administration
 - v. Student’s parents or emergency contact
 - d. Office personnel will send someone to the classroom to remove the other students to a safe place (i.e., hallway or another room)
 3. Administer EpiPen to student; document time EpiPen given
 4. Supportive care
 - a. Lay student flat, facing up, and raise feet 8–12 inches off ground
 - b. Keep student warm, but not overheated
 - c. Do not give student anything by mouth
 - d. Remove bee stinger if present
 - e. Monitor student’s breathing, color, and skin as student may worsen despite treatment; document time of any worsening symptoms
 5. Upon arrival of EMS, care is handed over to EMS personnel
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