

QUEEN CITY ISD PAID AND REDUCED PRICE MEAL PRICES & MEAL COMPONENTS

SCHOOL YEAR 2020-2021

QCISD BREAKFAST: all students are offered at least four (4) items; students are required to take three (3) items but are encouraged to take all four (4). One (1) of the items **MUST** be a fruit or vegetable offering. QCISD offers a choice of one main breakfast item or cereal. Both main items come with a fruit, juice and milk choice.

QCISD LUNCH: all students are offered at least five (5) items; students are required take at least three (3) items, but are encouraged to take all items offered. One (1) of the items **MUST** be a fruit or vegetable offering. JKH Elementary offers one (1) main lunch entrée item and fruit, vegetable, grain and milk choices. MUMS & QCHS often offer a choice from at least two (2) main lunch entrée items and fruit, vegetable, grain and milk choices (when popular main menu items are served, only one (1) main menu item may be served that day). MUMS & QCHS also offer a baked potato or a chef salad main lunch item with choice of vegetables, grain, milk and fruit served that day (however the baked potatoes and chef salads are not offered every day).

*At least half of all bread items are whole grain rich and **MAY** have a meat, vegetable or fruit item offered to go with them.

*All fresh fruits served are purchased weekly and all canned fruits are packed in light syrup or their own natural juices.

*All juices served at breakfast or breakfast are 100% juice.

*A choice of 1% unflavored milk or 1% flavored milk is offered at each meal every day. (Lactose Free milk is also available for students who are lactose intolerant)

*All menu items are subject to availability.

*All menus are compliant with USDA guidelines.

ELEMENTARY

3-yr old—4 th grade	\$1.70 / Breakfast	\$2.80 / Lunch
Reduced	\$0.30 / Breakfast	\$0.40 / Lunch

MIDDLE SCHOOL

5 th —8 th grade	\$1.70 / Breakfast	\$2.90 / Lunch
Reduced	\$0.30 / Breakfast	\$0.40 / Lunch

HIGH SCHOOL

9 th —12 th grade	\$1.70 / Breakfast	\$3.00 / Lunch
Reduced	\$0.30 / Breakfast	\$0.40 / Lunch

*Queen City ISD is an equal opportunity provider.