

THE H. C. C. JOURNAL

HAYS CATHOLIC COLLEGE

CHRISTMAS NUMBER

VOLUME I.

HAYS, KANSAS, DECEMBER 20, 1924.

NUMBER 3.

FAMOUS CHRISTMAS DAYS

When rolling back the scroll of history, one is surprised to find how many extraordinary events took place in the various centuries and countries on December 25, the anniversary day of the World Saviour's Birth. Though the actual day of the Redeemer's entrance into the world has given rise to a difference of opinion among authorities, some claiming Jan. 6th, others Jan. 1st, and still others March 9th, the Western Church adheres to December 25, as the correct date, and this was first fixed by Pope Julius I in 345 A. D.

Among historical happenings of the early Christian era that took place on Christmas Day, the following are worthy of note:

The Roman Emperor Marcus Aurelius Carus was killed by lightning in 283 while driving his chariot beyond the Tigris. In the year 400 Gainas, the Goth, met a bloody death upon that same feast.

Chronologically the next great Christmas day was in 496 when Clovis, first Christian king of France, was crowned at Rheims. Clovis, however, was not the only great Frenchman who was crowned on Christmas day, for Charlemagne was crowned Emperor of the West in St. Peter's Church on Christmas day, A. D. 800. In 1223, St. Francis of Assisi popularized devotion to the crib. When he visited Rome that year he made known to Pope Honorius the plans he had conceived of making a scenic representation of the place of the Nativity. The Pope listened gladly to the project and gave it his sanction. Leaving Rome, St. Francis arrived at Greccio on Christmas Eve, when, through the aid of his friend, Giovanni Velita, he constructed a crib around which he grouped Joseph, the ass, the ox, and the shepherds who came to adore the new-born Saviour. He himself acted as deacon at the midnight Mass. The legend related, that, having sung the words of the Gospel, "And they laid Him in a manger," he knelt down to meditate briefly on the sublime mystery of the Incarnation, and there appeared in his arms a child surrounded by a brilliant light. Devotion at the crib has since spread throughout the Christian world.

English history seems full of untoward events occurring upon Christmas. Some few hundred years after the coronation of Charlemagne, William, the Conqueror, was crowned king of England on Christmas day. During the reign of Queen Elizabeth, Christmas was a favorite day for executing "Popish Priests," and in 1659, Cromwell dispersed several congregations which had met to celebrate the birth of our Lord. On December 25, 1815, James Stuart made an attempt to regain his kingdom, which nearly cost his life. Reading through the pages of history one will come across many more eventful happenings which occurred on Christmas Day. Sir Isaac Newton, one of our great scientists, was born on Christmas day, and John Newton, a chaplain to Charles

II, died on the same feast. Kosciusko, the great Polish patriot, being liberated from prison, started with a party of friends for America on Christmas day.

Turning to the pages of our own American history there are historic Christmas events just as interesting as in any other. De Sota discovered the Mississippi River on Christmas day. December 25, 1787, is noted as the historic day when George Washington with three thousand men crossed the Delaware. Vermont, after having been a part of New Hampshire for fifty years, became a state on Christmas day, 1777. The Christmas Islands of the Pacific were discovered on the same day by Captain Cook. Shay's Rebellion in Massachusetts began on Christmas day, 1786.

A very interesting episode of Christmas day was in connection with the life of Wolfgang Mozart, who at the age of five played minuets of his composition very prettily upon the piano, and at the age of six played in the Capitol. When the king and queen heard of this, they sent for him and his sister to play at court on Christmas day.

A tragic happening for the Christmas feast occurred in the voyage of Columbus upon his return to Spain. When in the act of crossing to the island of Espanola (Haiti), the ship Santa Maria was wrecked close to the harbor.

One of the most interesting tales told of the anniversaries of Our Lord's Nativity is about the budding of the Glastonbury Thorn, which occurs every year at the time of the Christmas feast. The legend, related by an old chronicler in the 17th century, runs as follows: "Joseph of

Blessed Christmas Happy New Year



Though Christmas comes each year, it means too much ever to be stale. In religion, it celebrates the best part of the Christian faith, a new joy that came into the world. As a holiday, it is the season of expansion, generosity, leading other's lives.

That this Christmas again might be a very happy one for our readers, and prosperous one for our advertisers; that it might fill all with the choicest blessings and genuine cheer, and spread these blessings over each day of the New Year, is the sincere wish of

THE H. C. C. STUDENTS

FORMER FACULTY MEMBER WRITES ABOUT JOURNAL

Words of genuine appreciation and encouragement are the substance of a letter coming from the Rev. Fr. Edwin, O. M. Cap., one time professor at the Hays Catholic College, and now located at the Capuchin College, Washington, D. C., who writes concerning the "H. C. C. Journal":

CAPUCHIN COLLEGE
Brookland

Washington, D. C.

December 1, 1924.

The H. C. C. Journal,
Hays, Kansas.

Dear Editor:

A copy of the second number of the H. C. C. Journal found its way into my room this evening. He was a welcome visitor, as welcome as he was unexpected. I had not even heard of his existence. Perhaps when first he appeared he was afraid to venture so far from Alma Mater, but now, encouraged by the warm reception tendered him at home, he attempted a longer journey. So, when he made his bow to me, I looked him over and I liked him. It was love at first sight. We became warm friends and expect many a friendly meeting as time goes on.

Bid him go forth into the homes of Ellis County and Western Kansas. Let him be cheerful, let him be sunny, as sunny as the heavens under which he was born. With a smile upon his face, he will find all doors open to him, and people will look forward to every recurrent visit of his.

Send him out with his message for the people of Western Kansas. He must keep them in touch with the institution which should be at once their concern and their pride. He must appear in their midst and remind them of the greater H. C. C. which is even now rising on the banks of the Big Creek with a promise of greater things to be. He must arouse and deepen in them the longing to hasten the day when the portals of the new college will open wide and Bishop Tief will enter to dedicate it as a temple of higher

(Continued on Page 8)

HAVING THEIR INNING

"Now that the football season is over, certain educators, apparently few and far between, who have the strange notion that studies should not be subordinated to sports, are having their innings, indulging in little jokes of their own, or repeating those of others, at the expense of their students. Two of these pleasantries, which are sure to be widely quoted, are "loaded" ones—Whistler's remark to a collegian whom he found smoking: "You should be very careful. You might become interested in your work and let your pipe go out;" and the suggestion of a lady professor to her class: "As a measure of precaution, I recommend that you park your chewing gum outside. There is danger of swallowing it, should you happen to give attention to my lecture."—The Ave Maria

Arimathea journeyed from Palestine with the Holy Cup until he reached Glastonbury; and there he rested on Christmas day, the first Christmas after our Lord's Ascension. He stuck his staff, a seasoned hawleaves and blossoms, in the ground. During his sleep, he was told in a dream that he should not leave Glastonbury. He remained there and every Christmas the Glastonbury Thorn bloomed." That beautiful spot has been a place of pilgrimage by Catholics, and the thorn still blossoms there on Christmas day.

—F. Bollig, '26.

CHRISTMAS MUSIC

With the great feast of Christmas must always be linked the beautiful carols and Christmas hymns through which children as well as grown people express their joy. This custom of singing at Christmas has a rather ancient origin, dating to about 1200, when the great saint, Francis of Assisi made the first crib and gathered the people around to sing hymns in honor of the birth of Christ.

Caroling is at the present time not so much in vogue among the greater number of people.

The practice of singing, however, is carried on to a great extent in our churches, in which hymns are sung, chanting the glory of God, and thanking Him for sending the promised Redeemer. —A. J. Schwarz.

Prof.—What's the difference between tissues and organs?

Student—A tissue is a union of cells, performing the same functions. An organ is a union of keys playing different notes.

THE H. C. C. JOURNAL

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HIGH SCHOOL EDUCATION—A REQUISITE FOR BUSINESS SUCCESS

The chief objective of every young man should be an education; a college course, if possible, but at least graduation from a high school. Elementary school training seems to satisfy too many bright young men, and later in life when an opportunity presents itself to climb the ladder of success, they find, when it is too late, that they have not the education to fill the important positions which they are entitled to.

Many young men are not promoted to higher positions because they have missed the early opportunity of acquiring that foundation of knowledge which means so much to any young American.

The world requires brains in every line of endeavor, and the boy that thinks he is smart enough to succeed with a grammar school education is the poor lad that is always looking for a job. This class of young men, who assume they know it all, go through life with many grievances against the successful man who had the common sense and vision to be guided by his teacher or parents in his youth and not depend on his own youthful, impulsive judgment.

"My advice to every young man is—Go to school and work hard until you are graduated from high school; if possible, go to college. Never forget, however, as an American boy, that your future success depends on brains, truthfulness, and energy."—E. N. Hurley.

BEHIND CLOSED DOORS

What they were doing at that particular time in that particular room was a mystery that remained unexplained until they came out three-quarters of an hour later, when the mess bell rang. We saw then who they were and learned what business they had been transacting. They were the 1925 grads, who had assembled in the commercial room to look at some diagrams of rings which a

local jeweler had brought to show them. One particular ring seemed to hold attraction for all of them and without much ado, they selected it. Sizes were next taken and the question of price determined upon. "The ring part of it is now settled," said the jeweler, "but how about the motto to be engraved on it. Should it be Latin or English?" Department now differed in their preferences. Of course, the Classics insisted on Latin, while the Commercials quite naturally leaned towards the more understandable English. But, being in the minority, for the sake of peace and to get the matter over with, they agreed to allow Cicero's language to be inscribed on their rings also.

The jeweler rushed the order and they now have their rings and are highly satisfied with them.

BRINGING LATIN TO LIFE

In order to add to the interest of the Latin lessons, the principal of a California high school has had a Roman Room built for the benefit of students taking the classical course. Here the spirit of the bygone civilization is sought in the midst of distinguished surroundings, typical of a home interior in the time and land of the Caesars. The altar with the household gods is one of the most conspicuous features of this unique class-room, and the furniture, color scheme and general decorative effect are taken as nearly as possible from the antique models. Most of the wood-work was done by pupils in the manual arts department.

At the graduation of each class, a Roman banquet is served here with the pupils partaking after the classical manner and costumed in the flowing robes of that age. The novelty

has done much to give the ordinarily detested subject unusual popularity with the students.

YELLOW TO THE CORE

The other day a fellow was arrested in Cincinnati for selling licentious pictures. He was tried without delay and was sentenced by the judge to a term in the penitentiary. Then what did this brave lad, who made a business of peddling lascivious pictures and literature to high school students, do? Why, he did a flop. Fell on the court room floor in a dead faint. When he came to a bit he moaned and cried and carried on like the yellow cur he was. But what else could one expect? Obviously it takes a low, yellow, despicable and utter degenerate to engage in the business of poisoning youthful minds with stuff designed to awaken immoral passions and desires.

Fortunately there was no Clarence Darrow at hand to take his case and prove that he was an innocent victim of heredity or environment.

—The Catholic Advance, Nov. 22.

TO THE DESERVING

It is gratifying to know that the self-sacrificing noble work of the Catholic Sisters who served as nurses in the Civil War has at last found public recognition. A memorial has been unveiled at Washington by the ladies' auxiliary of the Ancient Order of Hibernians to commemorate the services rendered by these heroic Religious women. The work stands 15 feet high and is of bronze and granite. The tablet bears figures representing nuns at work on the battlefield. The monument cost \$60,000 and is said to be the only one of its kind in this country.

Learned Professor—I cannot understand how people forget children's ages—I have no trouble. For instance, I was born 2300 years after Socrates; my wife 1900 years after the death of the great Caesar; my son 1500 years after the beginning of the Folk Wandering—quite simple you see.

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THE CHOCOLATE SHOP

HAYS GIVES NATOMA SECOND BEATING—SCORE 20-0

This game was a slaughter, the Haysites smothering the visitors' plays and at the same time gaining almost at will, through the line, off end and over their heads. Some of the Natoma players showed traces of football ability but Captain Foxy, Schumacher, Knoll and Bahl were too much for them; they played bravely but hopelessly. The final score was 20-0, in favor of Hays. A heavy wind blew up clouds of dust into the eyes of the unlucky ones who had to face it, while on the other hand it proved a decided advantage to the ones playing with it. Natoma won the toss and chose the west goal with the wind at her back.

"Pat," of Hays, kicked off, landing the ball on Natoma's thirty yard line. They bucked our line hard, but finding it impregnable, punted. "Murph" caught splendidly on safety and ran the kick back some twenty yards, bringing it to the middle of the field. First down was made in two lightening snaps but the ball unfortunately was fumbled to Natoma, who booted it to our eight yard line. Again a heavy attack was opened and a steady march of some fifty yards into Natoma's territory was the result. Another unlucky fumble gave Natoma the ball with a cheap trial to score. It certainly was made good, by slicing a forty yard clip off the distance to be covered for the coveted score. This looked like a tight situation, as Foxy thought, but Natoma, with a good intention but poor playing was thrown back fifteen yards on the next down. This shook their determination and left the ball in our possession on the thirty yard line after some futile attempts to shake the foundation of our stone wall.

Second Quarter

With the wind to their backs, our boys were certain of the thrilling sensation which precedes a touch-down, even if the last chalk line was on the other side of six or seven. Pat's booming punt of sixty yards decreased the number of white streaks between the ball and the goal which they thirsted to cross. Natoma earned a scant ten yards on several flashy plays but beyond this, nothing seemed in store for Hays but a punt shortened to twenty-five yards by a strong wind and practically nullified by a twenty-yard pass from Bahl to Knoll, who made a wonderful catch, being surrounded by opponents who were as eager to break it up as he was to make a gain. Foxy followed on his heels with a fifteen-yard end run, which, with Schueler's crashing plunge through tackle pushed the ball within ten yards of the goal. Natoma did wonderful work on defense and again kept its line intact. Receiving the ball for a punt, Bahl wiggled and twisted through the entire team for a touch-down. The goal was to be made by a drop-kick, but this proving impossible on account of interference, Pat quickly passed it to Schaefer, who did his work well. A sizzling kick-off from Pat almost threw the Natoma safety off his balance in his attempt to catch it, and on being tackled, got a tip of five yards from the referee at our expense. This did not do our dusky opponents much good as they were thrown for an eight yard loss, next down. A punt followed. College

opened with a thirty yard pass to Knoll who, dodging the safety, ran twenty yards for the second touch-down. Pat's accurate toe put the ball through between the bars for the extra point, making the score 14-0, Hays favor. Half was called soon after.

Third Quarter

College received and tried several passes which proved unsuccessful, but Pat followed with some brilliant gains off end. Another pass was tried and intercepted by the Natoma quarter-back, who made a forty yard run, and, had it not been for Foxy's splendid tackle, a touch-down would have resulted. The Natoma lads steadily worked the ball forward till they had first down and only about two yards to go. Four successive attacks brought the ball within a foot of our line, but our stone wall, which was as yet unshaken, held them. Pat, getting the ball, punted it eighty yards over the safety, who was tackled in his tracks by Schaefer's quick action in following the punt. After we again had the ball, Schumacher made a thirty-yard end gain, bringing it within five yards of Natoma's line. "Murphy," with a headlong plunge, put the third touch-down over. The pass for the seventh point failed.

Fourth Quarter

Several times our warriors were close to another raise in the score but were held down to little gains which did not entitle them to first down. Punts were exchanged and the thrilling part of the game was over. Shortly after, the game ended with the ball in Natoma's territory, leaving the score 20-0, in favor of Hays.

THE LATINIST'S CREED

I believe in Latin, because it develops the memory, the reason, the judgment, the imagination.

I believe in Latin, because it develops observation, accuracy and concentration of mind and thus lays the foundation for success in business or professional life.

I believe in Latin, because it trains one to express himself in

English with clearness and force—an indispensable requisite for civic influence.

I believe in Latin, because it familiarizes one with the history and the thought of the great nation of antiquity, the nation that furnished us with the basis of our own laws and government, language and literature.

I believe in Latin, because there is

no other School Study in which one can find so strong a combination as this of thorough mental discipline, acquaintance with the language and the civilization, as the basis of our own, and the ability to express one's views convincingly. — W. Scudder, Albany Academy.

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MISSION DAY PROGRAM

The following is the program presented by the St. Joseph's Mission Unit of our school on December 8, at our auditorium:

Musical Selection
 High School Orchestra
 "The Immaculate Conception"
 (Fr. Ryan).....Bernard J. Roth
 (Recitation)

Piano Accompaniment
 Carl A. Grabbe

Musical Selection
 High School Orchestra
 "The End of the Wise Men's Quest"
 A mission play in one act by
 J. Paul Spaeth

Dramatis Personae
 Mr. Wakeman, prosperous business man John Koernerich
 Cadderby, his valet.....Lewis Dreher
 Casper Bernard J. Roth
 Melchior Peter Schumacher
 Balthasar Nicholas Wasinger

Musical Selection
 College Orchestra
 "The Catechist of Kil-Arni"
 A story of India in six reels.

Music (during showing) by members of the College Orchestra
 Finale, Crusade Hymn.....Chorus
 With joyous note let earth resound,
 O'er hill and dale let it rebound;
 A new crusade do we proclaim
 With rapturous hearts in this refrain.

Refrain:
 Our banner to the winds unfurl,
 Our battle cry to all we hurl;
 Like knights of old there's no reprieve

Until all men this truth receive.
 The Sacred Heart for all the world,
 The whole world for the Sacred Heart,
 The whole world for the Sacred Heart,
 The Sacred Heart for all the world.

AMONG OTHER THINGS

Several students chose to spend their Thanksgiving vacation at college. A bachelor's life, they say, isn't so bad.

A slight improvement in the Typewriting room was made during Thanksgiving vacation, through the skillful carpentership of Fr. Justin.

The cooks spent Thanksgiving vacation with their folks at Ransom, Kansas.

With football season over, the students are turning to the winter sport, basketball. There was a basketball meeting Dec. 4th, and the coach gave the boys a short talk on basketball in general. Suits were given to the players from last year's team. The high school department is turning out some very promising men.

Wedding bells have rung joyfully for one of our 1924 graduates, since

our last issue of the Journal. About a month ago, Boniface Leiker of Munjor, and Josephine Dreiling of Hays were united in marriage. We wish them life-long happiness.

The music department promises to be very successful. The orchestra and the choir have been organized on more ambitious lines than before. A large amount of new talent is being discovered among the freshmen. Plans for the organization of a band are under way. There are splendid possibilities and an effort will be made to realize them to the fullest possible measure.

A special Mission Program consisting of movies about mission life, a musical recitation, and a one-act play was given on the afternoon of Dec. 8, at our auditorium. The hall was crowded and all seemed to enjoy the program.

The football squad wound up the season with a social gathering on the evening of Dec. 8th. The various players voiced their sentiments concerning things of pig-skin nature and interest, such as the why's and wherefore's that meant defeat or victory to our fighting eleven during the just ended period of grid activities. At this meeting the new captain for 1925 was elected. The choice fell to Julius Bahl, with Wendelin Knoll a close second. We feel certain that Julius will pilot his crew through the tempest safely and victoriously.

We are in a position to furnish our readers eight pages of reading matter instead of six, in this issue of the Journal. We give them the extras as a Christmas gift.

A college band has been organized, which gives promise of more display of musical talent. Twenty-six members have already joined, but we know it won't stay at that. We can hear them already creating pep on the campus.

A play has been selected for Feb. 22, called "Cross and Crescent," which Fr. William, the moderator of the Newman Club, is translating from the German. The dramatic "bugs" are beginning to stir.

Biology Prof.—How does the frog get air?

Student—In the morning with gills, in the evening with lungs.

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People are not responsible when they are cold and empty.

There's a whole lot of true religion in a big bowl of hot soup.

If you must turn the cold shoulder to the poor, do it in summer.

If you have any old clothes to shed, prepare to shed them now.

Whatever else the cold may contract, don't let it contract your charity.

Old overcoats given in charity these cold days cover a multitude of skins.

It looks a little like rubbing it in when a man must freeze to death on an empty stomach.

The millionaire may take his money out of cold storage at this season without fear that it will spoil.

The real "winter sports" are the men and women who won't let anybody suffer if they can prevent it.

Kick the street beggar off of the earth, if you will, but fill him full

of food first, and he will be softer to kick.

While you are in your warm house thinking how cold the weather is, please remember that there are others outside who KNOW how cold it is.

"Red"—How did you get that scar on your face?

"Skinny"—I took a drag and got caught.

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COLLEGE SOPHOMORE CHIMES

Retreat is over; not only that, but our prefects are also, sorely in need of a vacation. The thorough preparation made by the students comprised utterance of everything they thought they would be tempted to say during the week of "silence." Talking had become so unbearable that retreat seemed welcome to most of us.

Fr. Cassian certainly gave us an abundance of material for meditation during the few days of our retreat. All the boys heartily thank him for the same. His instructions were to the point and undoubtedly very valuable to us. His practical life-long experience with boys manifested itself in his brilliant lectures.

Tests are being prepared, for Some Prof.'s took their last chance to dish them out before Christmas vacation.

Some of the Sophs went to the K. C. hall to watch the progress our raw basketball material is making. About twenty basketweavers are doing wonderfully at hitting the goal with the ball. According to those present, a first class team will be developed.

Now, that the football hatchet is buried, football is by no means forgotten and many games are played over in some corner, within the friendly warmth of the radiators, our best friends in winter. There, Von Moltke would find himself surpassed in craftiness if he would hear the plans our warriors are drawing for the next season.

Our class was well represented in the show, given on Dec. 8. Dreher especially deserves mention for his excellent stage work, on that day. The orchestra was mostly made up of Sophomores.

The first book of Homer is now well understood by our class, who finished it last week. Even if Homer was blind, he nevertheless gave us good lessons in that part of his great work, which we will never forget.

Fr. Florence, Moderator of the Mission Unit, presented a pretty little banner of the Crusade to our class. It is decorated with the inscription: "Cognosce Veritatem."

We were invited to be present at the annual football meeting, which was conducted by the Faculty and Alumni. Those who were present were well pleased with the good time after the banquet, which was in connection with the meeting.

College catalogues are being unearthed by students who are anxious to learn what is coming to them in the line of days, minutes, and seconds, for the fastly approaching Christmas vacation.

COLLEGE FRESHMAN CHATS

Although small in number, the college Freshman class has some wonderful ideas and great aspirations.

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"Babe" is kept busy in class work and as promoter of the Mission Unit, but still he finds time to pose as the all-movie-star.

Encouraged by the great success achieved by Jasha Heifetz, "Vincy" is practicing regularly on his violin. Go to it, Vincy; you are bound to make a success some day.

The microscope was causing much bloodshed in one of our recent Biology classes. Everybody wanted a blood test made.

A Geometry test is following closely on the heels of our Religion examination. It seems as though our professors were preparing to give us something to worry about. But don't worry, Freshmen, Christmas is near at hand.

Merry Christmas and Happy New Year from Freshmen to all our kind readers.

ALUMNI NOTES

D. A. Kuhn, '15, cashier of the Farmers State Bank of Victoria, was seen here this week. Mr. Kuhn graduated from the college department of our school.

Henry Wolf, '24 has accepted a position as Deputy Register of Deeds of this county. He graduated from the Commercial course.

Several Alumni witnessed the football game at LaCrosse on Thanksgiving day. All commented favorably on the remarkable improvement shown by the college team.

Dr. Leo J. Schaefer, '16, of Great Bend was visiting with relatives here last week.

The Alumni Ass'n. is still active trying to increase the circulation of the H. C. C. JOURNAL.

C. A. Grabbe, historian, is busy making up a complete list of all graduates, together with their present address, occupation, and other data deemed necessary for Alumni records.

During Thanksgiving vacation, Robert Depperschmidt paid us a visit which was thoroughly enjoyed by everyone of us. The main reason of his visit seemed to be the fact

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that old ties had not yet been broken and we feel certain that he felt sorry he had to leave so soon. The Journal was discussed and, to show his loyalty to us and his pleasure in getting a monthly account of doings of his Alma Mater, he contributed worth-while financial support.

Emery Catudal, druggist of Plainville was with us again lately. Like the rest of the boys, he cannot forget the old days.

Boniface Leiker, '24, was united in marriage to Miss Josephine Dreiling of Hays, November 11. We wish them success and happiness in their married life.

SHAKESPEARE AGAIN

When a certain American publisher was on a visit to Stratford-on-Avon, one of his traveling companions asked him why he was so eager to stop at Stratford. "Because Shakespeare happened to live there," he said. "Shakespeare," remarked the man, "he'd never have been thought anything of if he hadn't written them plays."

A young lady being asked recent-

ly, as she returned from the circulating library with the last novel, if she had ever read Shakespeare, tossed her pretty head and answered, "Shakespeare? Of course I have; I read that when it first came out." —Phelan.

CLASSICAL SOPHOMORE LORE

Pelzel—Say, Benny, do you know that the codfish lays over 1000 eggs at one time?

Benny—Yes, I knew that, but I often wondered if it had to cackle for each one.

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THINK

"If you think you are beaten, you are,
 If you think you dare not, you don't.
 If you like to win, but you think
 you can't,
 It's almost a cinch you won't.
 If you think you'll lose, you're lost;
 For out in the world we find
 Success begins with a fellow's will,
 It's all in the state of mind.
 If you think you're outclassed, you
 are;
 You've got to think high to rise
 You've got to be sure of yourself
 You can ever win a prize. (before
 Life's battles don't always go
 To the stronger or the faster man,
 But soon or late the man who wins
 Is the man who thinks he can.
 —Anon.

PUNNING RIDDLES

Understand Who Can

When **sending** for fingerless gloves
 what should you ask for? Mittens.
 What does the forest resemble
 after a heavy frost? Silva (silver)
 What is the substance called which
 is used in baking to raise the dough?
 Est (yeast).
 What was the **star** actress' name?
 Stella.
 What makes the vegetable gar-
 den look **gay**? Laetus (Lettuce).
 Some think the best thing for a
 good and loyal soldier would be a
bonus.
 What do even great **lords** and mas-
 ters play? Dominos.
 What did the **thief** steal? Fur.
 On what kind of a ship did your
brother work? Frater
 When you are asked to tell the
parts of speech what should you do?
 Pars.
 When a stranger comes to your
 door at **night**, what does he do? Nox.
 When the teacher asks the child
 to put five to three, what does she
 want the child to do? Ad.
 In **disputes** what are often told?
 Lis.
 What causes lots of trouble and
far on a car? Timor.
 When can you lay the **bricks**?
 Later.
 What are the **immense** things call-
 ed that draw the trains? Ingens.
 What kind of trees did they plant on
 the **boundary**? Limes.
 What did the soldiers get in their
skin? Cutis.
 What do bent **shoulders** look like?

Humerus

What does the patient say when
 the doctor tells him to take the medi-
 cine **courageously**? Au dacter.
 What did he have to do to get
 there **yesterday** already? Heri.
 What did they use even in the
wild regions? Trux.
 What did the musicians try to
conceal behind the piano? Celo.

WHY HOPE IS OF VALUE

A man without hope is the poorest
 man alive, because the lack of hope
 dulls vision. It is hope alone that
 makes us willing to live. Man sees
 nothing to urge him on to aspire to
 higher levels without hope as founda-
 tion. And where there is no
 hope, there is no endeavor. Great
 hopes make great men, and the man
 who does not try is pronounced a
 failure. Hope makes man see the
 brighter side of life, and makes him
 believe that there is a pathway that
 leads to greater things. When this
 belief is assured, man will strive to
 reach the desire of his expectations.
 And the man who honestly strives
 for that which he desires—there is
 hope for him.

SPEED FOR THE POET

In the business college, the in-
 structor addressed the new class con-
 cerning the merits of shorthand. In
 his remarks he included this state-
 ment: "It is a matter of record that
 it took the poet Gray seven years
 to write his famous poem, 'Elegy
 in a Country Churchyard.' Had he

been proficient in stenography he
 could have done it in seven minutes.
 We have had students who have
 written it in that length of time."
 —The Catholic Advance.

SIGNS

"Has your brother come home
 from college yet?"

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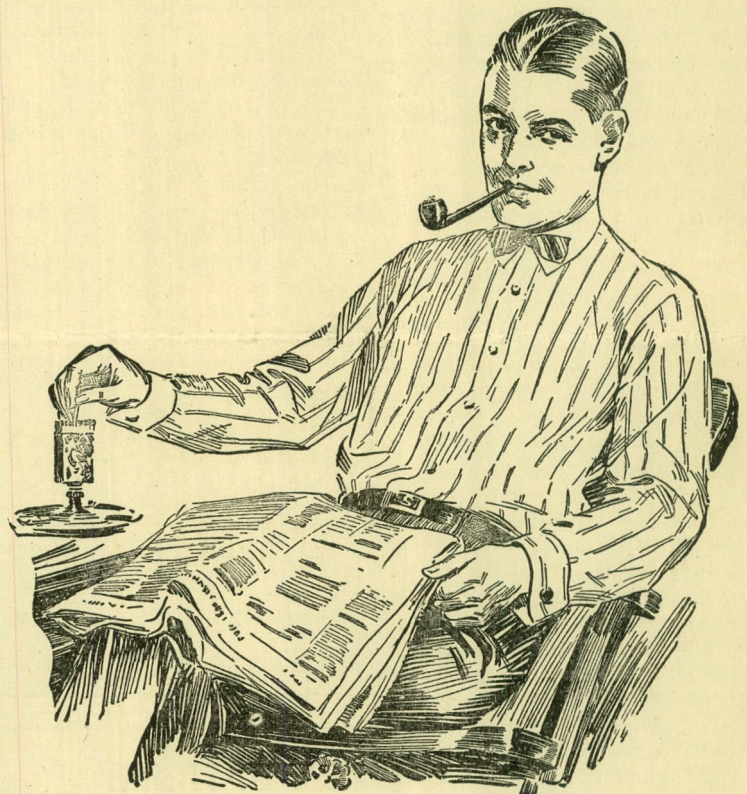
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PEP

What it is. How you can get it.

How you can lose it. What to do if you haven't enough of it.

Some few days ago I was paging through the October number of the "American" and an article by a certain Mr. William S. Sadler, M. D., struck my fancy. It was entitled "Pep" and I read every word of it, to see what the doctor had to say. I'm no doctor, nor even a student of medicine but I like to feel "peppy" myself and to see other people feel the same way, so I am going to tell the readers of our Journal in a few words what the doctor had to say in many concerning the quality of energy, usually called "Pep."

Well then, to begin, the doctor said many people complain of "having no pep." What's wrong with such a person? Something is wrong with his engine. It doesn't get up steam. When you have plenty of pep, that's a sign, an indication of lots of vitality, ambition and courage, and when you have that you look at the world as though it were your oyster and just ache to get at it and open it. If you don't have this feeling, but feel "punk," "grouchy," "all in," "rotten," and haven't enough life in you to "shake a leg" to kick a dog when he bites you, you're lacking energy, "Pep."

He says first of all there's something wrong with your blood. It is not red enough, and it isn't red enough because there's not enough iron in it. If the percentage of iron in the blood is low you should do something, or else you'll have trouble and plenty of it. Well, what's to be done? The doctor says there are many ways of getting iron into your blood but the best and safest way is not to drink it as medicine but to eat it as part of your meals. Most of our common foods contain iron but some kinds contain more than others. These are: Spinach, yolk of eggs, asparagus, oranges, tomatoes, apples, milk. You should eat some of these foods at every meal.

Another cause of lack of "pep" is acid poisons in your blood. Too many of these acids will make you feel drowsy, dull, fatigued. Your brain will not act as it should. You won't be able to think clearly and quickly. You can't keep all these acids out of your system but you can reduce their amount by using less tea, coffee, tobacco, alcohol and certain kinds of drugs, and by using the proper precautions to escape infectious diseases. You must eat food. But you can cut down on acid producing and eat more alkaline producing foods. The foods that have a tendency to acidify the blood are (1) meat, fish, fowl, meat broths, stuffing and pastry except fruit pies, beef tea, etc.; (2) eggs; (3) bread and desserts made chiefly of milk or of fruits; (4) all cereals; (5) peanuts, prunes, plums and cranberries. Foods which tend to alkalinize the blood are: (1) all dairy products; (2) all kinds of vegetable and fruit, soups and broths; (3) all fresh fruits except plums and cranberries; (4) all dried fruits (except prunes); (5) all kinds of vegetables; (6) beans, peas, lentils; (7) all the nuts except peanuts.

The foods in the first list of course are good too, but they don't help to give you "Pep" and should be used in smaller quantities than the foods in the second list. Another thing to be taken into consideration is our

blood pressure. The average person, twenty years of age, should have a blood pressure of about 120, As you get older, the pressure goes up. At forty, it should be about 130, at fifty about 135, and so on. Low blood pressure is often a result of nervous exhaustion—brain fag. It's not so dangerous, so don't worry about it, because that would only make matters worse. To worry and fret never does any good. Eat nourishing food, laugh and keep happy and busy. There are some people, the doctor said, who are "born tired." They seem to have inherited peplessness and they must be satisfied to go through life without "Pep," for there is no complete cure for this condition. Too much "Pep" comes from blood pressure that's too high. Therefore it's false "pep" and it's dangerous. It's a grand feeling as long as it lasts but you go up like a sky-rocket and you come down just as a burnt-out-stick.

I'll tell you about the other causes of peplessness some other time, also about some ways of getting more "Pep." I was allotted only a certain amount of space in this issue and that is filled up, so what else I remembered about the doctor's article and what else I know, I'll give you the benefit of probably in the next issue of the Journal, unless I'm told to meddle out of other people's (doctors') business.

—J. Koerperich, '25.

Teacher:—Suggest a word that means about the same as success.

Student—Touch-down.

Teacher—That won't apply in every case. One that implies victory.

Student— Touch-down that wins the game

WHAT EDUCATION IS WORTH IN DOLLARS AND CENTS

A High School education is worth \$23,000 to its possessor and a college education \$72,000, according to Dean Everett W. Lord of the College of Business Administration of Boston University.

Dean Lord, as we read in the "World News," for Oct 26-Nov. 1, bases his figures upon a lengthy study of the earning power of various classes of men. The untrained man, he says, goes to work as a boy of fourteen, reaches his maximum earning power by the age of 30, and because his income is derived from manual labor, his earning power falls rapidly after he passes the age of fifty. "More than 60 per cent of the untrained workers at the age of sixty are dependent upon others.

The high school graduate loses four years in getting started, but on the average can win an income of \$1,000 above the untrained man. And the college graduate who "loses" four more years, more than makes up for it at the other end, for he is still at his maximum earning power at the age of sixty. The total earnings of the three types, up to the age of sixty, according to Dean Lord's analysis, are respectively \$45,000, \$78,000 and \$150,000.

From these figures it is evident that education pays in more ways than one.

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SETTING MR. LAMB RIGHT

A man went into a New England store one day and said to the clerk behind the book counter:

"Let me have the 'Letters of Charles Lamb,' please"

"Postoffice right across the street, Mr. Lamb," said the clerk with a polite smile.

"Smiddy" (from rear of class room)—Please, Professor, I didn't catch the last word.

Professor—No, I suppose not. I didn't say the last word yet.

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H. C. A., ALTHOUGH DEFEATED, HOLDS LACROSSE 10-0

The final clash of the light but fast College team with the "beefy" lads of LaCrosse on Thanksgiving day, was a thrill from start to finish. It resulted in victory for the latter, who can not, however, claim to have won it "going easy." Both teams played hard and aggressive football. Our boys, who were as well trained and snappy as their opponents were heavy, deserved to win this, the last game of the season.

Schumacher, our star tackle, was the outstanding player of the day. He was all over the field, sizing up the play on the defense with an uncanny eye for the ball. Pat's punting was wonderful. Our backs ran low and hard and kept their feet remarkably well, a fact which many a time gave them creditable gains through a line that seemed utterly unbreakable.

College kicked off against a heavy north wind. The receivers were downed in their tracks and their plays broken up. The Haysites fared similarly, and the game promised to be a battle on the run. The first period was almost wholly played in LaCrosse's territory.

The second quarter was opened with a "zip" pass of fifty yards from Bahl to Knoll. It was not completed but recovered by the safety who blundered in holding on to it, as he was practically behind his own line and was tackled on the spot. Seemingly, this move was the starter for the opponents, for they made repeated first downs until within scoring distance. There, they scored by Schumacher's fastness, which proved fatal to our goal, for he had just advanced far enough to barely touch the ball on its way past the goal, guiding it to go safely between the uprights on its course, as a drop-kick, to the count of "three."

This was not the end of the tragic fate that awaited our team. Pat's kick-off put the ball far into LaCrosse's territory, College following it up with a speed that again proved their downfall. LaCrosse "bunched up" and with a well planned attack succeeded in breaking through our center. The full-back sped on for a smooth touchdown. This was a terribly disheartening error on our part. "It's no use crying over spilt milk, though," said Foxy, and lined

up for the kick-off. At this juncture the game really started, LaCrosse defending the laurels which they had acquired with little effort. It was the final test and LaCrosse came out safely. Again and again our players dealt crashing blows to the line and made splendid runs, but to no avail. Several times the figure of a touchdown loomed in the distance, but Mr. Fumble turned it into a deceptive mirage. Once, Schumacher started a neat "dodge and wiggle" rush for the goal, but the safety was the man who got him. Again a heartrending fumble did the work for LaCrosse, who fared similarly in a trial to cross our line. This was not due to an accident, but to the stubbornness of our defense. And so the battle ended.

Our boys were well pleased with the royal treatment they got while at LaCrosse. Rooters and players joined hands and voices to make it a gentlemen's game, and they did it. A game like this one, we always enjoy, even though we happen to get the short end of it.

Quite a few people of Hays were there to see the game and all were highly pleased with the same.

LaCrosse asked us for a series of games for the basket-bal. season, which, we hope, will be granted, as we know that we will be able to face any team with a good scrap, if things turn out as present prospects promise. We'll see what we can do then.

EVE'S APPLES

How many apples were eaten by Adam and Eve?

We know that Eve 81, and that Adam 812, total 893. But Adam 8,142 please his wife, and Eve 81242 please Adam, total \$9394. Then again Eve 814240fy herself, and Adam also 8124240fy himself, total 8,938,480.

SOME REQUEST

A notice on the bulletin board read: "Wanted: A Modern World at once."

FORMER FACULTY MEMBER WRITES ABOUT JOURNAL

Continued from Page 1, learning and larger service of community, diocese and country.

Once the Journal is lodged in his new home, he is sure to benefit by his more congenial surroundings; he will grow and expand and eventually take his place with the older college publications of the land. And if at times now it appears hard and toilsome to fit him out and make him presentable, never falter, but lavish your care upon him, and he will in the end add grace to your head. Vivat, crescat, floreat.

Enclosed, please find my subscription payment for the H. C. C. Journal.

Sincerely yours,
Fr. Edwin, O. M. Cap.

REV. AUGUST P. KOERPERICK WRITES

Greenleaf, Kans.

The H. C. C. Journal,
Hays, Kansas.

Dear Business Manager:

The second number of the "Journal" has found its way to my desk, and I have finished reading it from cover to cover. The "Journal" is just the thing I have been wishing for ever since I left the hallowed halls of dear old "Alma Mater." I am sure it will keep us all in close union with the place we loved so well as students.

By the way, I see that the ghosts are still determined to walk in the dormitory on Hallowe'en, and also that the morning after the night before is not so pleasant. It seems as though we all must learn from experience.

Keep the "Journal" coming my

way. Enclosed find my little mite to do so.

Faithfully yours,
Rev. Aug. P. Koerperich.
(Father's "little mite," by the way, was rather large. We thank him sincerely and can assure him an interesting paper every month from his loyal "Alma Mater".)

LONGFELLOW'S JOKE

Longfellow the poet, was introduced to one Longworth, and some one commented on the fact that the first syllables in their names were the same.

"Yes", said the poet, "but in this case I fear Pope's lines will apply, "WORTH makes the man, the want of it the FELLOW."

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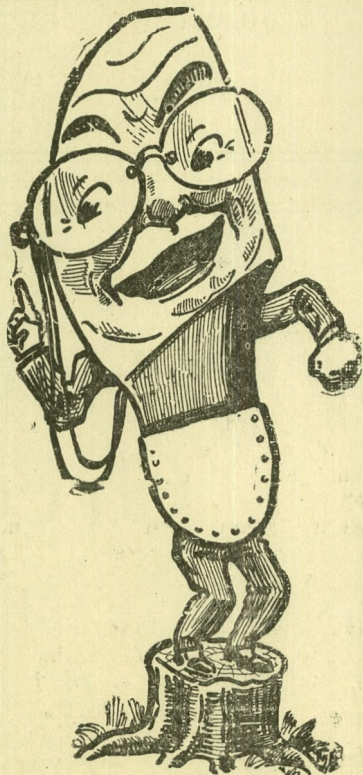
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