



Centre Elementary School

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Timothy J. Lannan, Principal

Jamie Hayward, Asst. Principal

Centre School - January 2022 - Newsletter

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GENERAL INFORMATION

As this calendar year comes to an end, and we head off into our holiday vacation, it's hard to believe that we are completing our 4th full month of school already! This would not have happened without the help of you! Thank you very much! Looking ahead to the new year, our return to school date is Monday, January 3rd. Planning ahead, please note that January's school calendar reveals a Monday school Holiday (1/17) so please plan accordingly

The students have had fun over the first four months with many opportunities to enjoy books. During this winter break, I would love for you to see how well your child is reading! You can help by making sure that each student reads, or is read to, on a daily basis, for at least 15 minutes. Research shows that developing a daily reading habit early helps to produce successful lifelong learners.

On behalf of the entire Centre School staff, the Superintendent's Office, and the Hampton School Board, I send best wishes to you for a healthy and happy holiday season. I look forward to greeting the students and families in the New Year when we return to school on January 3rd!

HEALTH / SAFETY

The safety, health, and security of our students and staff are prime concerns at Centre School. We face additional safety concerns when snow and ice limit visibility and mobility on our walkways and in the parking lot. We urge everyone to assure the safety of Hampton's youngest students by observing the speed limit in front of the school, by **crossing with the crossing guard in front of the school's entrance**, and by **parking only in designated parking spaces**. Please note that the apartment complex east of the school is private property and parking is limited to residents/guests only. Parking in the school parking lot is very limited and we encourage parents to park on Towle Ave. or in the Town Hall parking lot when dropping off or picking up students. Students who ride the bus need to be reminded that while the bus is in motion, students are to remain seated.

Cold weather recess requires hats, mittens, snow clothing, and boots to assure that students are warm and safe. Some winter illnesses are contagious and require that students stay home until they recover. Certain illnesses and diseases need to be reported to the public health department. Please check with school nurse if you have questions about your child's health. It is very important that we have current phone numbers so that we can reach you in case of an emergency. Please be sure to notify the school office if a change occurs. Please also call the school office by 8:30AM to let us know if your child will be absent so that we don't have to call you or your emergency contact numbers to verify a student's reason for absence from school.

COUNSELOR NEWS

Happy New Year! The start of a new year is a great time to reflect and set new goals with your child.

To help your child set a goal, begin by talking with them and making a list of things that they are doing well. Discuss what steps they took to be successful, how did it make them feel along the way and once they succeeded? Once you have identified some successes, begin reflecting on some things that they would like to learn or to improve on. This is a great way to brainstorm a new goal.

Goals should be life skills and/or an interest. Goals must be realistic and attainable. For example some goals could be counting to 100, scoring a goal in soccer, cleaning their room once a week, tying their shoes, reading a specific book or learning to swing.

You should then set a timeline and reflect upon the goals as your child works towards success. Once a goal is met, celebrate!

The link below has many great activities to help get you started!

<https://biglifejournal.com/blogs/blog/5-fun-goal-setting-activities-children>

Enjoy!

Samantha Connell
School Counselor

IMPORTANT DATES/INFORMATION

Please refer to the following list of dates and upcoming events. This newsletter is published at the end of each month. It is also published on the school's website.

Upcoming Events:

- Jan. 3 - School resumes after Holiday Vacation
- Jan. 11 - Hampton School Board Meeting
- Jan. 17 - Dr. Martin Luther King, Jr./Civil Rights Day - No School
- Jan. 18 - Hampton PTA meets 7:00 PM @ Hampton Academy

LUNCH

JANUARY 2022 Hampton School District

ALL SCHOOL MEALS ARE
FREE UNTIL JUNE 2022

Monday

Chicken Pattie on Bun
Or
Tuna Salad Sandwich
Fruit, Veggie, Milk

Hamburger on a Bun
Bag of Chips, Pickles
Or
Sun Butter & Jelly Sand.
Fruit, Veggie, Milk

**CIVIL RIGHTS
DAY
NO SCHOOL**

Chicken Nuggets
Mashed Potato/Corn
Or
Sun Butter & Jelly Sand.
Fruit, Veggie, Milk

Cheese Burger on a Bun
Baked French Fries
Or
Sun Butter and Jelly Sand
Fruit, Veggie, Milk

Tuesday

French Toasts Sticks
Sausage Links
Or
Bologna Sandwich
Fruit, Veggie, Milk

Taco Tuesday
With all the Fixings
Or
Cheese Sandwich
Fruit, Veggie, Milk

Hot Dog on a Bun
Or
Bologna Sandwich
Fruit, Veggie, Milk

Nacho's and Cheese
With Chili and Corn Bread
Or
Turkey and Cheese Sand.
Fruit, Veggie, Milk

Wednesday

French Bread Pizza
Or
Sun Butter & Jelly
Fruit, Veggie, Milk

Domino's Smart Slice
Pizza
Or
Egg Salad Sandwich
Fruit, Veggie, Milk

Galaxy Personal Pan Pizza
Or
Turkey & Cheese Sandwich
Fruit, Veggie, Milk

Domino's Smart Slice
Pizza
Or
Egg Salad Sandwich
Fruit, Veggie, Milk

Thursday

Salisbury Steak
Sandwich/Mashed Potato
Or
Cheese Sandwich
Fruit, Veggie, Milk

Macaroni and Cheese
Warm Baked Pretzel
Or
Ham Sandwich
Fruit, Veggie, Milk

Elbow Pasta with
Marinara Sauce/Roll
Or
Italian Hoagie Sub
Fruit, Veggie, Milk

Pillsbury Maple Burst
Pancake W/Yogurt
Or
Cheese Sandwich
Fruit, Veggie, Milk

Friday

Baked Fried Chicken
Potato Smiles
Or
Sun Butter & Jelly
Fruit, Veggie, Milk

Meatball Sub
Cucumber Rounds
Or
Italian Sub
Fruit, Veggie, Milk

Waffles Mini Maple Cup
Cheese Stick and Yogurt
Or
Tuna Salad Sandwich
Fruit, Veggie, Milk

Baked Fried Chicken
Honey Wheat Roll
Or
Bologna and Cheese Sand
Fruit, Veggie, Milk

MENU SUBJECT TO CHANGE
"THIS IS AN EQUAL OPPORTUNITY EMPLOYER"

MY
SCHOOL
BUCKS
PAY FOR MEALS ONLINE
MySchoolBucks.com