



ST LANDRY PARISH SCHOOL BOARD

CHILD NUTRITION PROGRAM

Cafeteria Policies & Procedures

Students attending the St Landry Parish School System will have access to a nutritious breakfast and lunch that promotes healthy eating habits. SLPSB will administer a School Nutrition Program that implements nutrition standards as mandated by Federal (USDA) and State agencies (LA Department of Education) and students are encouraged to utilize these programs. Nutrient standards are the required level of calories and nutrients needed to meet the nutritional needs of a specific grade/age group. All foods and beverages sold or served at all school sites will meet the nutrition requirements and standards set forth by Federal and State regulations in conjunction with the District's Wellness Policy.

The school cafeteria is maintained as a vital part of the health program of the school environment. To encourage good nutrition, a well-balanced breakfast and lunch is offered free of charge to all students. The cafeteria staff and your fellow students will appreciate your cooperation in:

- Depositing all breakfast & lunch litter in trash cans.
- Returning all trays and utensils to the dishwashing area.
- Leaving the table and floor around your place in a clean condition for others.
- Leaving the cafeteria immediately upon completing your meal.

Note: No food may be brought to a student during the school day unless the student is on a special diet, which requires a Diet Prescription form signed by a licensed medical provider. Students are not allowed to receive food delivered from outside vendors or businesses (i.e. McDonald's, Burger King, Pizza Hut, Taco Bell, etc.).

Students are not allowed to bring food or drinks into classrooms, and they will not be excused from class to consume food that has been delivered regardless of the person who brought it. Under normal circumstances, all meals shall be served and eaten in the dining areas. The exceptions are for grab and go programs, breakfast in the classroom, and school sponsored activities off of the campus. Other deviations will be aligned with recommendations from LDOE, CDC and LDH.

All schools are PEANUT and SEAFOOD free

Community Eligibility Provision (CEP)

All enrolled students of the St Landry Parish School District are eligible to receive a healthy breakfast and lunch at school at **no charge** to your household each day of the 2022-2023 school year. No further action is required of you. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application.

The Breakfast Program

Breakfast is offered daily in all schools. A healthy school breakfast is a great way to begin the school day. Research has shown that eating a nutritious breakfast may improve behavior and performance in the classroom and reduce hunger-related visits to the school nurse.

Diet Modifications

Meal service to students with special dietary needs due to a disability or medical condition is provided at all school cafeterias. Federal and State regulations require a current completed Diet Prescription Form for any type of change/substitution to the menu. The Diet Prescription form must be signed by a licensed physician. A new Diet Prescription form must be provided to the school each school year and can be downloaded under the Child Nutrition link at www.slpsb.org. If a student cannot have fluid milk due to a medical diagnosis, the physician must prescribe the milk substitute on the Diet Prescription Form. The following milk substitutions are available: 4 oz juice or 8 oz lactose-free milk.

Meals from Home

Meals from Home Students may bring meals from home; however, it is at the discretion of the school Principal. The school principal has the right to investigate the contents of items brought from home for consumption. Parents are not allowed to drop off meals to students at the school gates or over fenced-in areas. Meals from home must be in compliance with Federal and State regulations, incorporate whole grains and contain nutrient based foods. Each school principal may have additional established guidelines which may not be outlined below. These guidelines may encompass sharing of food items or food brought from home for class activities or school functions. Refrigerators are not available for student use. **The cafeteria will not store student meals brought from home.**

Parents are encouraged to pack meals according to food safety guidelines for the safety of the student. Questions regarding school meals brought from home must be directed to the school principal. Parish guidelines for food brought into the school cafeteria during meal service:

1. Meals should be nutritious and comparable to meals served in the cafeteria
2. No commercial labeling or noncompliance foods
3. No food shall be brought in fast food containers
4. No glass containers and no cans
5. No carbonated beverages, candy or potato chips will be allowed
6. Consumption of competitive foods is not allowed during meal service

7. Drinks allowed in the cafeteria:

- a. 100% juice
- b. Non-flavored noncarbonated water
- c. plain or flavored milk

Allergies

All school campuses are **Peanut** and **Seafood** Free. Any food brought from home may not contain any type of nuts or any kind of seafood. There are several students with allergies that are enrolled in our schools.

Microwave

Students at the elementary level (K-8) are not allowed to use the microwave at school. Therefore, parents are encouraged to pack student meals with ice packs to ensure proper temperature control for the safety of the student.

Students at the high school level (9-12) may use the microwave, if available; however, it is at the discretion of each principal. If microwave use is allowed, the following should be adhered to:

- There should be adult supervision when students are using the microwave
- Adults and students must remain by the microwave when it is being operated.
- Operating instructions should be available to users.
- School staff should provide instructions for safe use of the microwave.

Meal Accounts

My School Bucks payment service is currently disabled due to the extension of free student meals. There is no requirement to place money in a student account while meals are free. Extra food or drink items must be paid for at time of purchase with the correct change. If you have any questions, please call the Child Nutrition Program at 337-948-3657 and we will be happy to assist you.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;or

(2) fax: 833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.