

RANKONE ONLINE INSTRUCTIONS

1. Go to web site: www.sandsprings.rankonesport.com
2. Place mouse over "Electronic Participation Forms". There will be a drop down menu with 7 forms that must be filled out.
3. You will need to have your students School ID number. This is their cafeteria number and most students know this number. If you are a new student and don't know your number you can get it from the Athletic Office. 918-246-1475 and speak with Sheri. If your number begins with a zero, leave the zero off when entering your info.
Example: John Doe SID # 011111 should be entered as 11111.
4. Athletes can not play or practice until all online forms are filled out and a physical is on file in the Athletic Department. This includes pre-season practices.