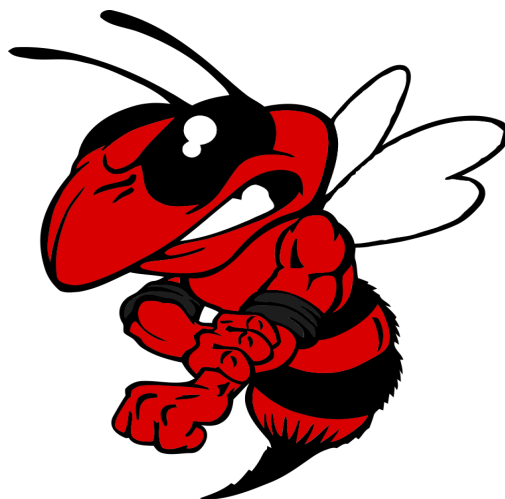


Blevins School District

2023-2024



Comprehensive School Counseling Program Guide

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K-6, Principal: Natalie Jones
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7-12, Principal: Deanne Davis
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Foundation

Blevins School District believes that each student deserves the absolute best atmosphere for nurturing, personal integrity, and educational success. The Blevins School District school counselors provide classroom counseling lessons, individual counseling, small group counseling, intervention, and responsive services to assist in creating a positive learning environment.

Vision

The Blevins School District will provide a safe, caring, and learning environment for students, staff, and parents. At Blevins District all students are valued and all stakeholders' views are important. The vision of the school counselors at Blevins School District is to provide all students with the necessary tools needed to become productive citizens of society by reaching their full potential academically, socially, and emotionally.

Mission

The mission of the school counselors at Blevins School District is to provide a highly effective school counseling program that renders services to all students. The Comprehensive School Counseling Program, as guided by the American School Counseling Association (ASCA) National Model, is designed to promote student growth and development while providing a quality education for students to attain their short term and long term goals.

Beliefs

At Blevins School District the counselors believe that

- All students are treated equally and are valuable components to the overall success of the student body.
- All students are capable of achieving their goals.
- All students will have access to counseling services provided by a full time licensed professional school counselor.
- All students' individualism is considered in what type of services will be provided to them.
- All students will be in a safe environment.

Program Management

Benefits of School Counseling

- Guarantees services for all students
- Access to advocacy
- Focuses on students developmental needs
- Teaches decision making, problem solving, and conflict- resolution skills
- Develops interpersonal relationship skills
- Facilitates cooperative peer interactions

2023-2024 Blevins School District School Counseling Goals

- Increase parental involvement
- Increase the knowledge of 5th - 8th grade students in career awareness
- Increase the graduation rate from 95%
- Increase reading achievement by 2%

Goal	Action Step	Outcome
Increase parental involvement.	Provide more family and community engagement opportunities. These opportunities have been added to the school calendar.	
Increase the knowledge of 5th - 8th grade students in career awareness.	Presentations, small group lessons, large group lessons, surveys, and needs assessments. Kuder is the career awareness student platform we will use to provide students with additional resources for career readiness.	
The Blevins School District will increase its graduation rate from 95% to 98% by the end of the 23-24 academic school year.	Use of specific educational programs, one-on-one guidance, close monitoring of students and personalized strategies to ensure student success.	

Increase reading achievement of students by 2% by the end of the 23-24 academic school year.	Implementation of Intensive Reading Intervention Plans.	
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21-22 REFLECTION

Goal	Action Step	Outcome
Help students to develop social, emotional, and moral values while providing instruction that recognizes individual differences.	Direct educational and mental health services were provided as well as worked with parents and stakeholders to create a supportive environment for students.	Students' acceptance of others and moral values began to increase based on the feedback provided by student surveys and assessments.
Decrease discipline referrals.	9 Week and Semester Incentives	There was not a decrease in discipline referrals due to policy changes. Discipline referrals remained consistently the same from the previous school year.

<p>Assist students with coping strategies for both crisis and non crisis situations.</p>	<p>Presentations, small group lessons, and School Based Counseling Referrals.</p>	<p>Students improved with dealing with crisis and non crisis situations as proven by surveys from teachers and information provided by the school based counseling service.</p>
<p>Decrease chronic absenteeism.</p>	<p>9 Week and Semester Incentives.</p>	<p>Chronic Absenteeism was decreased in the elementary school by 3.83%, the high school by 1.93%, and the district by 2.87% as verified by SmartData.</p>
<p>Increase parental involvement.</p>	<p>Needs Assessments and Surveys.</p>	<p>Parental Involvement remained the same. According to survey feedback parents are willing to become more involved in the upcoming school year.</p>

22-23 Reflection

Goal	Action Step	Outcome
Increase parental involvement.	Needs assessments and surveys.	The increase for parental involvement was negligible for the 22-23 school year due to the lack of feedback on needs assessments and surveys.
Increase the knowledge of 5th-8th grade students in career awareness by allowing them to explore options before they transition to high school.	Presentations, small group lessons, large group lessons, needs assessments, and surveys.	The goal was not met due to the lack of participation from the strategies used. The book study and small groups did not yield an increase in career awareness.
The Blevins School District will increase its graduation rate from 96% by the end of the 22-23 academic school year as identified by the ADE Data Center.	Use of specific educational programs, one-on-one guidance, close monitoring of students and personalized strategies to ensure student success.	There was not an increase in the graduation rate for the 22-23 school year. The graduation rate was 95%.

The Blevins School District Comprehensive School Counseling Program provides both direct and indirect services to students. The services include individual and group counseling, classroom counseling lessons, coordination, and making referrals. The ASCA considers direct student services as “in person interactions between school counselors and students”. ASCA considers indirect services as “those which require consultation and coordination in which school counselors collaborate with all stakeholders; administrators, parents, teachers, community members, external counseling agencies, & etc. Individual counseling, group counseling, and classroom counseling lessons are available to all students at Blevins School District.

Delivery

In order to make sure that the counselors spend the majority of the time engaged in tasks that only they can fulfill as highly trained professionals, the following division of time will be followed as closely as possible in order to help ensure that school counselors do not end up doing work for which clerical staff or administrative staff are responsible: 90% of time will be spent delivering direct and indirect student services as outlined by the ADE: individual and group counseling, classroom guidance, referring students for other services, consulting with parents/teacher/stakeholders, participating as a collaborative member of a student support team, and providing other help directly to a student or on behalf of a student to help that student achieve better academic, behavioral, attendance, career, or emotional performance.

10% of time will be spent delivering administrative activities such as assisting with preparation work for standardized testing.

Statement of Assurance for 22-23 School Year

After calculating the hours on the use of time agreement provided by ADE the Elementary School Counselor was able to provide direct and indirect services to

students 85% of the time each month. The elementary school counselor completed administrative activities 15% of the time each month during student contact days.

After calculating the hours on the use of time agreement provided by ADE the high school counselor was able to provide direct and indirect services to students 85 % of the time each month. The high school counselor completed administrative activities 15% of the time each month during student contact days.

School Counselor Responsibilities

- Collaboratively create student schedules each year.
- Help students to make plans to overcome academic deficits by meeting with students/parents to offer additional support.
- Meet with credit deficient students and those who skip school to provide additional resources that will help improve success.

Roles and Responsibilities of Other Staff and Volunteers

- Registrar: print transcripts, input new transfer students transcripts, and ensure transcripts are accurate.
- Attendance Clerk: ensure accuracy in student attendance records, input records into the computer system, and provide admission to tardy students.

The Blevins School District Counseling Program is in the process of creating and implementing an advisory council. An advisory council will be valuable in sharing information about the district's comprehensive counseling program, describing how it impacts students, and gaining insight from our stakeholders so that we can make the necessary changes when needed to improve and continue to be as effective as possible in the counseling department.

Individual counseling

Counselors provide a one-on-one approach between the student and the counselor which is tailored to the students' needs.

Group counseling

Counselors work with students in small groups on a specific topic. Group counseling helps develop listening and comprehension skills. It is an effective way to meet students' academic, career, social/emotional development and situational needs.

Classroom Counseling lessons

The counselor delivers school counseling, curriculum lessons to large groups - **No more than 40 minutes per lesson and no more than 3 lessons per day or 10 lessons per week.**

The school counselor meets with a whole class to teach about a specific topic that will help students both in and out of school. Lessons are typically proactive in nature but sometimes they are reactive due to unforeseen circumstances.

Classroom counseling lessons are designed to foster students' academic, personal, emotional and social development.

The classroom counseling lessons covers topics such as

- Social/Emotional Learning
- Bullying
- Conflict Resolution
- Kindness and Goodwill
- Effective Interpersonal and Communication Skills
- Making Responsible Decisions
- Anger Management
- Accepting Others
- Growth Mindset vs. Fixed Mindset
- Academic Advising
- Setting and Achieving Goals

- College and Career Orientation/Readiness

Classroom counseling lessons are provided to kindergarten through sixth grade students weekly. The seventh through twelfth grade students are provided counseling lessons when deemed necessary.

At the beginning and end of the school year, school counselors will provide a needs assessment survey to determine the student interest for counseling topics.

Responsive Services

Include but are not limited to services that provide resources for homeless students and families, bullying, students referred for suicidal ideation, and those in need of grief counseling.

Suicide Prevention

The school counselor will provide a supporting program for teachers on how to identify students at risk for suicide. Suicide referrals will be addressed on a case by case basis. Suicide prevention is provided for elementary through high school students through counseling lessons based on wellness, self-care, safe and healthy choices, and coping strategies. Students are taught how to recognize risk factors and warning signs of mental health conditions and suicide in oneself and others. Help-seeking strategies and how to engage school resources and how to refer friends for help are also addressed through classroom counseling lessons. The school counselors bring awareness annually about suicide by providing professional development to all staff members on risk factors, warning signs, protective factors, response procedures, referrals, and resources regarding youth suicide prevention. Protocols are in place for students at risk that include risk assessment, crisis checklist, collaboration with mental health agencies, referrals for support, parent notification, re-entry protocols, and actions to take after a suicide death.

The school counselors are certified in Youth Mental Health First Aid. The counselors are familiar and aware of how to identify, understand, and respond to signs of mental health and substance use challenges among children and adolescents.

Bullying Prevention

The Blevins School District brings awareness to bullying by defining what bullying is, providing strategies for stopping bullying, and encouraging students to report bullying. If bullying is reported, the counselor and student or parent will report the incident to the principal so it can be investigated. There will be a plan in place for the bully as well as the victim of the bullying to meet with the counselor to recognize and understand the feelings that may be occurring because of bullying. Meetings with the victim of bullying will focus on helping the student gain self-confidence and encourage the student to report if bullying happens again. Problem solving skills will be addressed. If a student has been severely affected by bullying, a referral to the school based mental health counseling agency is an option. Meetings with the bully will allow the counselor to work with the student to come up with a plan that would allow him/her to act in a manner that is not harmful to others. The student will be allowed an opportunity to give input in regards to bullying. All incidents, actions, and follow ups will be documented.

Positive Behavior Support System

A positive and safe school climate will be fostered by the implementation of a new school wide behavior expectation and reward system. To engage families in the instructional program the team will use a variety of tools and resources. The Blevins School District Leadership team has adopted a new positive behavior support system to help decrease disciplinary infractions and increase positive behaviors. Both the elementary counselor and the high school counselor are a part of this team. The Blevins School District Leadership team attended the THRIVE Academy to develop the infrastructure that will best support the needs of the whole child and to increase coordination of efforts that support behaviors and mental health services and programs.

High School

Career and interest inventories are given to students to rate enjoyable activities, personal qualities, and school subjects that they are interested in. Students are able

Social Studies	Civics	Econ	US Hist	US Hist	Wld Hist	Wld Hist		
Computer Science				Fine Arts				
Oral Comm		Health		PE		Virtual Credit		
Career Focus								

English Language Arts - 4 credits

English 9-1 Credit
 English 10- 1 Credit
 English 11-1 Credit
 English 12- 1 Credit

Science - 3 Credits

Physical Science – 1 Credit
 Biology – 1 Credit
 1 Credit Beyond Biology or Computer Sci.

Oral Communication – ½ Credit**Physical Education – ½ Credit****Health & Safety – ½ Credit****Fine Arts – ½ Credit****Career Focus or Additional Content – 7 Credits****Mathematics- 4 Credits**

Algebra I- 1 Credit
 Geometry- 1 Credit
 Algebra II- 1 Credit
 1 Credit Beyond Algebra II

Social Studies- 3 Credits

World History- 1 Credit
 US History- 1 Credit
 Civics- ½ Credit, Economics ½ Credit

*A Computer Science credit is required.
 This credit can count towards a Math or Science credit, or Career Focus.

A link to the Arkansas State Graduation requirements can be found here:

<https://dese.ade.arkansas.gov/Offices/learning-services/curriculum-support/arkansas-graduation-requirements>

College & Career Readiness**My Plan for College**

The path to college begins with high school coursework.

A student's high school record is the most important factor in college admissions decisions, according to survey results released by the National Association for College Admission Counseling.

Please list the 4 Year University you plan to attend: _____

What major or Career Route are you interested in? _____

Blevins High School offers AP Courses in the following areas: Biology, US History, Literature, and Computer Science. If a student is interested in more AP courses than what are offered on campus, we do have options to take more AP courses through Virtual Arkansas. If you are interested in this, please discuss it with the counselor.

Blevins High School offers Concurrent Courses in the following areas: Composition 1 & 2, and College Algebra. Concurrent courses are dual credit courses, meaning students will receive credit for high school and college. If a student is interested in more concurrent courses than what is offered on campus, we do have options to take courses virtually through the University of Arkansas, Hope-Texarkana. If you are interested in this, please discuss it with the counselor.

Helpful Information:

ACT Aspire Scores:		ACT Scores:	
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Financial Aid Information:

A FAFSA account and application is required to attend any university, 2 year or 4 year. The link to begin the account and application is: <https://studentaid.gov/h/apply-for-aid/fafsa>

Students interested in attending college, should create a YOUiversal Account and fill out the application at: <https://scholarships.adhe.edu/>

Both the YOUiversal account and the FAFSA are necessary for students to receive financial aid, scholarships, or pell grants. It is best to complete these early during your senior year.

My Plan for Career Readiness

Many students choose to attend vocational programs after high school for well-paid, high-need technical jobs-community colleges & trade schools offer great preparation opportunities. Some students may choose to join armed forces or seek employment. If you are not planning on attending a 4-year University, use the resources below to help plan for life after high school.

<p>Career Exploration Many students do not know which career pathway to choose. We strongly encourage all students to sign up for an ACT Profile account and explore career interests and opportunities.</p> <p>Sign Up for and ACT Profile Account: https://www.act.org/content/act/en/products-and-services.htm</p>	<p>Community College</p> <p>List your top 3 Choices:</p> <ol style="list-style-type: none"> _____ _____ _____ <p>Information for Community Colleges in AR can be found here: https://www.arkansascc.org/</p>	<p>Armed Services: Which branch would you like to join?</p> <p>_____</p> <p>_____</p> <p>Resources: https://www.todaysmilitary.com/how-to-join#service-types https://www.military.com/rotc</p>	<p>Vocational/Trade List Below your plan for after high school to ensure you have the training/education of your desired field:</p> <p>_____</p> <p>_____</p>	<p>Employment List below the job/industry you plan to join:</p> <p>_____</p> <p>_____</p> <p>Resources: http://mappingyourfuture.org/planyourcareer/careership/</p> <p>https://www.jobcorps.gov/students</p>
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Use the form below to keep track of items that could be useful when filling out scholarship or college applications.

GPA: 9th Grade _____ 10th Grade: _____ 11th Grade: _____ 12th Grade: _____

List extracurricular activities you have participated in (Include # of years you have participated, and offices held):

List any honors or awards you have received:

Community Service you have participated in:

Parent/Guardian

Signature _____ Date _____

Towards the end of the student's senior year they are given a "Post Graduate Contact Form" to ensure counselor's have contact with graduates to follow up on post-secondary goals. The high school counselor will follow up with graduates in August and April the year after their graduation.

Post-Graduate Contact Form

Graduate Name: _____

Graduation Year: _____

Home Address: _____

Phone Number: _____

(Your personal number, not your parents)

Plans After Graduation: _____

(Are you working, if so where? Are you going to college/trade school? Where?)

August Follow Up Conversation: _____

April Follow Up Conversation: _____

Interventions include providing services for students in need of academic and behavior interventions. The counselor serves as a liaison for students to enroll in the Credit Recovery Program. Credit Recovery is an opportunity for students to earn credit for courses that they did not meet the requirements for. Classroom observations are also provided on an as needed basis.

Orientation and transition services are provided for the 6th grade students at the end of the year. The students will tour the high school to familiarize themselves with the new facility. Career and college fairs are provided to high school students.

The high school counselor will make contact with all graduating seniors 6 months post graduation to track and document if they continued their career path. Tracking the students provides valuable information on who enrolled in college, enrolled in a technical program, joined the military, or is employed.

Coordination

Counselors collaborate with stakeholders to ensure the students of Blevins School District are receiving the best services possible. The counselor serves as a liaison between the school, home, and community agencies so that efforts to help students become productive members of society are reinforced.

Referrals

Counselors maintain close working relationships with staff members of the surrounding school districts and community agencies. The counselors at the Blevins School District provide families with local resources beneficial to both the students and their families. Counselors also make student referrals to mental health agencies.

Accountability

Program Assessment

Each year the school counselors at the Blevins School District assess, reflect, and evaluate the Comprehensive School Counseling Plan to ensure that all students' needs are being met. The use of time calculator, survey feedback from stakeholders, and TESS evaluations are used to assess the counseling plan to ensure that it is effective.

Sharing Data Results With Stakeholders

Data for students outcomes will be shared via documentation during open house, parent teacher conferences, school wide events, annual reports to the public, and in the reflection of the upcoming school years Comprehensive School Counseling Plan.

School counselors help all students by establishing individual, group, and classroom contacts with them, collaborating with teachers, and coordinating with other school or community guidance resources. The clinical skills and knowledge base of the counselor are more effectively used if effort is directed in an organized way towards making the school, the teachers, and the curriculum sensitive to those aspects of personal development most associated with life success.

The school counselors are educators uniquely trained in child development, learning strategies, self-management, and social skills. They understand and promote success for today's diverse students. They understand that a comprehensive school counseling program provides education, prevention, and intervention activities, which are integrated in all aspects of student's lives. The counselors collaborate, when appropriate, with teachers and parents on early identification and intervention of children's academic and social/emotional needs, which is essential in removing barriers to learning and developing skills.

School counselors provide classroom counseling lessons addressing students' academic, career and social/emotional development in addition to balancing the delivery methods and recognizing that students learn in multiple ways.

Below is the link for our Comprehensive School Counseling Assessment:

 [DOC072723.pdf](#)

K-6, Annual School Counselor Calendar

At A Glance

<i>Month</i>	<i>Weeks 1-2</i>	<i>Weeks 3-4</i>
August	K-6, Setting Group Expectations, K-6, Role of the Counselor	K-3, Tattling vs. Reporting 4-6, Gossip and Rumors
September	K-6, Acceptance & Diversity	K-6, Respect
October	K-6, Bullying Prevention	K-6, Drug Awareness
November	K-6, Personal Space	K-6, Hygiene
December	K-3 Feelings and Emotions 4-6, Managing Stress/Anxiety	K-6, Personal & Tech Safety
January	K-2, Responsibility 3-6, Study Skills	K-2, Big Problems vs. Small Problems 3-6, Student Success Skills
February	K-3, Friendship 4-6, Peer Relationships	K-6, Kindness
March	K-6, Listening Skills	K-2, Choices 3-6, Conflict Resolution
April	K-6, Peer Pressure	K-6, Self Control
May	K-6, Growth Mindset vs. Fixed Mindset	Overview of Yearly Lessons

National Awareness Projects

October- National Bullying Prevention Month

Red Ribbon Week (23rd -31st)


February- Random Act of Kindness Week (13th - 19th)

May - Mental Health Awareness Month

7-12, Annual School Counselor Calendar At A Glance

August	<ul style="list-style-type: none"> *First Day of School(14th) *Scheduling with students *Developing goals/Student Success Plans for the upcoming year
September	<ul style="list-style-type: none"> *Self Improvement Month *National Suicide Prevention Week *World Suicide Prevention Day
October	<ul style="list-style-type: none"> *National Bullying Prevention Month *FAFSA Night for Seniors
November	<ul style="list-style-type: none"> *Career Development Month
December	<ul style="list-style-type: none"> *Special Education Day
January	<ul style="list-style-type: none"> *FAFSA Night *Scholarship meetings with Seniors *After High School Planning with Seniors
February	<ul style="list-style-type: none"> *African American History Month *Career and Technical Month *Graduation Prep for Seniors
March	<ul style="list-style-type: none"> *Graduation Prep and Goal Setting
April	<ul style="list-style-type: none"> *Graduation Prep and Goal Setting *Goal Setting for Juniors *Community Service Month
May	<ul style="list-style-type: none"> *Success Plan Meetings *Mental Health Awareness Month *Teacher Appreciation Week (2nd-6th)

Below is the link for our School Counselor Annual Agreement:

 [DOC072723.pdf](#)

Fredrica Monk

K-6, Elementary Counselor

K-6, 504 Coordinator

K-12, ESOL Coordinator

K-12, Home School Representative

K-6, Dean of Students

Human Capital Committee

Academics Team

District Operations/Fiscal Governance Team

District Leadership Team

Family and Community Engagement Team

Justin Mishler

7-12, High School Counselor

7-12, 504 Coordinator

7-12, Dean of Students

Academics Team

Human Capital Committee

District Operations/ Fiscal Governance Team

District Leadership Team

Family and Community Engagement Team