

Wellness Committee Meeting

AGENDA

August 27, 2019
9:00 am
Administration Building

- I. Purpose of the meeting
- II. Wellness Committee updates
- III. Cafeteria Menus
 - a. To increase the students eating
 - b. Breakfast and Lunch
- IV. Introduction of New Nurse
 - a. Flu Clinic
 - b. Health Fair
 - c. Vision and Hearing
- V. Other Concerns/Misc
- VI. Adjournment



*Dermott School
District*

Wellness Meeting

8/27/2019

9:00 am

The agenda was passed out.

In attendance were the following:

Ann Ingram

Shamonda Garner

Kathy Childres

Kristi Ridgell

We established the purpose of the meeting, committee updates, cafeteria menus, Introduction of the new nurse, flu clinic, health fair, and vision and hearing, and other concerns

The flu clinic and health fair will be partnered with Mainline Clinic.

The Coop will provide some additional support for the new nurse, Lisa England

The committee gave Mrs. Ingram some suggestions of new items that she should try to increase students eating

Items students already like them

Lunch entrees

Nachos

Burger

Pizza

Frito chili pie

Steak sandwich

Burrito

Chicken Strips

Baked chicken

Taco salad

Breakfast

Grits

Sausage /gravy

Pancake on the stick

French toast sticks with sausage

Sausage, biscuit, and egg

New items(suggestions)

Mac and chees
Cheese sticks
German burger
Chicken salad
Chicken nuggets
Breaded okra
Chicken spaghettic
Broccoli and cheese
Chicken alfredo

Fruit salad
Strawberry
Peach cobbler
Apple with caramel

Another meeting was held with Mrs. Ann regarding finances

I recommended that no pre packages would be purchased. Also, to conduct an inventory of supplies and groceries before ordering. The cafeteria had spent over \$10,000 in one month and informed that we could not continue this because of the lost students.

We will have to adjust the ordering and try to purchase in bulk.