

Wellness Committee Meeting

A G E N D A

December 14, 2021
8:30 am
Administration Building

- I. Purpose of the meeting
- II. Wellness Committee updates
 - a. Parental Days
 - b. Menus
 - c. Participation----HS/ES
 - d. Wellness Plan
 - i. Checklist
 - ii. Off-Site Assessment Tool Question
- III. Other Concerns/Misc
- IV. Adjournment



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Health and Wellness Committee Meeting Minutes
December 13, 2021
Dermott Elementary Cafeteria
2:00 p.m.

Attendance:

Kristi Ridgell, Superintendent
Shamonda Garner, Elementary Principal
Tonya Allen, Food Service Manager

The meeting was called to order by Shamonda Garner at 2:03 p.m.

Shamonda Garner read the minutes from the last meeting held September 23, 2021. After the reading of the minutes, it was moved by Kristi Ridgell and seconded by Tonya Allen to approve the minutes with the necessary corrections of typo errors.

The first item of business is to discuss the Proposed Parent Involvement Days which are scheduled for:

- ❖ KISS Day (**K**ids **I**nvite **S**omeone **S**pecial) lunch -- February 10, 2022
- ❖ Donuts for Dads -- March 4, 2022
- ❖ Easter Dinner -- April 14, 2022 (Thursday before Easter)
- ❖ Muffins for Moms -- May 6, 2022 (Friday before Mother's Day)

During the month of April, each grade level in the elementary school will have a day to plan a menu. The items on the menu will meet meal requirements and guidelines. Students may invite parents or family members to eat with them on their special day.

The breakfast meal will cost each parent \$2.40.

The lunch meal will cost each parent \$4.00.

The menu for KISS Day will be a meal that students and parents will enjoy. We will check previous menus to select a meal. On the breakfast menus for Donuts for Dads and Muffins for Moms, we will offer coffee, orange juice, apple juice, and milk to drink.

Great turnout for the Thanksgiving Dinner with families.

The breakfast and lunch menus for January are already planned and they both will be shared with Mrs. Ridgell and Mrs. Garner on December 15, 2021 for review.

In checking the numbers for meal participation, we have discovered that more student participation is needed from the high school. According to Ms. Tonya, the district will lose approximately \$10,000 for the year of 2021-2022 if the numbers remain low. When the high school students had breakfast served in the building, numbers were between 90-115; since the high school students are now eating in the cafeteria during breakfast, the numbers are between 30-40 students eating. The committee will brainstorm with Ms. Rayner for a plan to serve more high school students at breakfast.

During lunch, 85-90 high school students are eating. These numbers are still low with the enrollment being roughly 150 students. The committee would like to see an increase in the lunch numbers as well.

At the elementary level, between 120-130 students are eating breakfast while 150-165 students are eating lunch.

The Wellness Plans for the district, the elementary school, and the high school have been submitted; however, the district's plan is the only one approved by the state thus far.

The committee will make sure that the breakfast and lunch menus, the Wellness Committee Requirements Checklist, and the Administrative Off-site Assessment Tool Questions are posted on the district's website.

The committee will have monthly meetings as a part of the corrective action plan.

It was moved by Kristi Ridgell to adjourn the meeting and seconded by Tonya Allen.

Meeting adjourned at 2:44 p.m.