

BRES WILDCAT NEWS

Kindness

Responsibility

Self-Control



Boothbay Region School Health
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Subject: Pooled Testing

Dear Parents and Guardians,

BRES and BRHS will be adding a new strategy to our COVID-19 prevention measures in the new year: "pooled testing" in grades preK-12. With pooled testing, enrolled students and staff in a classroom will have a COVID-19 test once a week.

Pooled testing is a free and voluntary program.

Students participating in pooled testing will not need to quarantine from school if they are considered close contacts of a positive case, as long as they do not have symptoms.

Parents must sign a consent form in order for their child to participate.

We believe pooled testing will be an important part of keeping classrooms safe and will greatly reduce the number of days any student will need to be out of school in quarantine.

To get started, please fill out the consent form with your permission to perform a COVID-19 pooled test for your student at Boothbay Region Elementary. This process should take no more than 5 minutes to complete using a computer or a smartphone.

1. First, [click here](https://testcenter.concentricbyginkgo.com/minor-consent) (<https://testcenter.concentricbyginkgo.com/minor-consent>).
2. Then, enter this access code: PT10DH
3. Finally, enter your child's information, and you're done!

Note: If you need to provide consent for more than one child, please complete the process once for each child.

HERE IS HOW POOLED TESTING WORKS:

- One day per week, each student who is enrolled in the program will do a nasal self - swab in class. Each child will be given a swab, and they will put it just inside each nostril, and then all the swabs will be placed in one testing tube.
- The tube will be sent to a lab. In about 48 hours, the school nurse will see the results of the test. If the tube, or "pool," is negative, nothing needs to be done. The class will continue to be tested on a regular weekly basis.
- If a tube is positive, each person in that group must have another test. The school nurse will do a rapid "BinaxNOW" test at school. Each student that has a negative "BinaxNOW" test can return to class.
- Any student who is positive must stay in the isolation area of the nurse's office and their parent will be notified. The parent must come to school to pick up their child. A student who is positive for COVID cannot stay in school and cannot ride the bus home. Please have a plan to pick up your child from school during school hours in the event your child becomes ill. Be sure the school has your most up-to-date contact information.
- Following our current CDC guidelines, anyone who is a close contact of a positive case and is NOT part of pooled testing or fully vaccinated will need to quarantine for 10 days from last exposure. A COVID test is recommended 5-7 days from exposure.
- Any student who is a close contact from school exposure and IS part of pooled testing and/or fully vaccinated, can continue to come to school and participate in sports and after school activities, as long as they do not have symptoms of COVID. Students who are part of pooled testing may continue to come to school because they are being tested weekly for COVID.
- ***IMPORTANT: Any student who has symptoms of COVID – regardless if they are part of pooled testing or not – must stay home until symptoms have resolved and/or they have been cleared by their physician.***

For more information on pooled testing from the company we will be working with, [Click here](#).

Pooled testing is slated to begin **on January 10th, 2022**

To learn more about pooled testing, read the attached overview of Concentric's pooled testing program and watch this [video](#) from another school using this service.

For more information, visit Concentric by Ginkgo's [website](#) or reach out to Kate ~~Schwehm~~, School Nurse 633-9814.

— BOOTHBAY —
**RAILWAY
 VILLAGE
 MUSEUM**

— EST. 1964 —

North Pole EXPRESS



DECEMBER 4+5, 11+12, 18+19

*Calling all children!
 Please come visit me
 on the North Pole Express this
 December. Bring your family and
 friends. I want to see your merry
 faces and send you all good cheer.
 All aboard!*

Santa

*P.S. Please write back with your
 holiday wish!*

North Pole EXPRESS



Arrive at Freeport Station, write your letter to Santa, then board the train to the North Pole to hand deliver your letter to Santa!

Return from the North Pole to enjoy festivities around the Village—hunt for elves, make smore's around the bonfire, visit the ice harvesting exhibit, shop at the Iron Horse Antiques Holiday Market, and more!

Tickets are very limited and available online only:
RAILWAYVILLAGE.ORG

Mask required on train and inside buildings.

TRAIN SCHEDULE

Train every 45 minutes

DECEMBER 4+5, 11+12, 18+19

Saturdays & Sundays

10:45AM	11:30AM	12:15PM	1:00PM	1:45PM	2:30PM	3:15PM	4:00PM
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TEENS BENEFIT FROM SPENDING TIME WITH FRIENDS AND FAMILY DURING THE HOLIDAYS.



TEENS STILL NEED REST. KEEP AS CLOSE TO SCHEDULE AS POSSIBLE TO HELP WITH BEHAVIOR.



MONITOR FOODS AND SWEETS. MANY NEGATIVE BEHAVIORS CAN COME FROM HIGH SUGAR INTAKE.

PARENTING TIPS

Holiday Tips

Giving adolescents room to be adolescents is important, especially around the holidays. The process of becoming an adult is one in which children separate from their parents. It's a painful process for both teens and their parents. And, when teens assert their individuality during the holidays, it can be particularly sad for the parents. Decide what's important in your family and remember what it was like being a teen yourself.



Happy Holidays

Monday	Tuesday	Wednesday	Thursday	Friday
Wildcat Lunch 		1 Chef Salad Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	2 Teriyaki Chicken Rice Bowls Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk	3 Pazzo Bread W/ Dipping Sauce Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Chicken Nuggets Sunshine Egg Salad Sandwich Sunbutter & Jelly Sandwich French Fries Assorted Fruit Milk	7 Hamb/CheeseBurger WW Roll Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk 	8 Pulled Pork Sandwich Sunbutter & Jelly Sandwich Pick-n-Go Vegetable, Asst Assorted Fruit Milk	9 Chicken Casserole Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	10 Assorted Pizza Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Beef Hotdog Pick-n-Go Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk	14 Beef Taco Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Assorted Pizza Milk	15 Caesar Salad w/ Chic Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk	16 ROAST PORK LOIN Sunbutter & Jelly Sandwich Apple Sauce Mashed Pots, scratch Rolls Milk	17 Bosco Cheese Stick Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk
Lasagna Roll Up w/ Meat Sauce Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Rolls Milk	21 Crispy Chicken Sandw Sunbutter & Jelly Sandwich Assorted Fruit Vegetable, Asst Milk 	22 Assorted Pizza Sunbutter & Jelly Sandwich Vegetable, Asst Assorted Fruit Milk	23 	24 CHRISTMAS HAPPY HOLIDAY
	28 	29 	30 	31

Important Dates

Thursday, Dec. 23 - Jan -2

Christmas Break

Tuesday, Jan. 4

Home Middle School Basketball
Game Begins @ 3:45 PM

Thursday, Jan. 6

Home Middle School Basketball
Game Begins @ 3:45 PM

Pre-Screening Tool for School Attendance

Within the past 24 hours have you had a fever* or taken fever reducing medicine?

YES =



Do you feel sick, had vomiting/diarrhea, fever*, sore throat, or felt unwell?

YES =



Have you been told to stay home and isolate/quarantine due to COVID-19 exposure?

YES =



Stay home with any YES response to the questions above.

Attend school when all answers are NO and your child is feeling well with no other symptoms of illness. Call or see your school nurse or other designated person at school if you have questions.

IF YOUR CHILD HAS ANY ILLNESS THEY SHOULD STAY AT HOME UNTIL NO FEVER FOR 24 HOURS WITHOUT TAKING FEVER REDUCING MEDICATION AND SYMPTOMS ARE IMPROVING OR GONE.

*A fever is 100.4F/38C or greater.



Updated 8.16.21